



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Detalizēti rezultāti

**Zietlow, Hans-Uwe**

Klubs: LG DUV

Numurs: 237

Posms: 160.90 km

100MeilenBerlin

Grupa:

Senioren M65 (65-69 Jahre)

Kopējais laiks: 23:44:03

Ātrums: 6.74 km/h

Skrējiena izpildījums: 8:51 min/km

Vieta distancē/Kopā: 124 (no 246)

Vieta distancē/Vīrieši: 115 (no 211)

Distances labākais laiks: 13:06:52

Vieta grupā: 2(no 4)

Grupas labākais laiks: 22:50:48

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts     | Posma |         |        | Vietāztrūkum:Vietāztrūkums |       |         |         | Kopā   |          |        | Vietāztrūkum:Vietāztrūkums |       |         |          |
|-------------------|-------|---------|--------|----------------------------|-------|---------|---------|--------|----------|--------|----------------------------|-------|---------|----------|
|                   | km    | Laiks   | min/km | grupā                      | grupā | Vīrieši | Vīrieši | km     | Laiks    | min/km | grupā                      | grupā | Vīrieši | Vīrieši  |
| VP1 - Mahnmal P   | 9.02  | 1:06:57 | 7:25   | 3                          | 5:11  | 154     | 26:01   | 9.02   | 1:06:57  | 7:25   | 3                          | 5:11  | 154     | 26:01    |
| VP2 - Schlesische | 5.98  | 40:34   | 6:47   | 2                          | 2:38  | 138     | 14:28   | 15.00  | 1:47:31  | 7:10   | 2                          | 7:49  | 152     | 40:29    |
| VP3 - Sonnenalle  | 6.00  | 39:51   | 6:38   | 1                          | -     | 110     | 14:13   | 21.00  | 2:27:22  | 7:01   | 2                          | 7:45  | 142     | 54:42    |
| VP4 - Stubenrauc  | 5.73  | 39:04   | 6:49   | 2                          | 2:00  | 129     | 13:49   | 26.73  | 3:06:26  | 6:58   | 2                          | 9:45  | 144     | 1:08:31  |
| VP5 - U-Bahnhof   | 4.30  | 34:07   | 7:56   | 2                          | 1:49  | 137     | 13:00   | 31.03  | 3:40:33  | 7:06   | 2                          | 9:35  | 138     | 1:20:25  |
| VP6 - Buckower I  | 5.40  | 39:48   | 7:22   | 3                          | 2:14  | 118     | 14:25   | 36.43  | 4:20:21  | 7:08   | 2                          | 11:49 | 136     | 1:34:49  |
| VP7 - Kirchhainer | 5.54  | 41:38   | 7:30   | 3                          | 2:28  | 120     | 15:27   | 41.97  | 5:01:59  | 7:11   | 2                          | 14:17 | 128     | 1:49:39  |
| VP8 - Lichtenrad  | 4.42  | 36:02   | 8:09   | 3                          | 4:35  | 154     | 15:49   | 46.39  | 5:38:01  | 7:17   | 2                          | 18:42 | 136     | 2:05:28  |
| VP9 - Osdorfer St | 5.77  | 46:33   | 8:04   | 4                          | 4:12  | 151     | 20:21   | 52.16  | 6:24:34  | 7:22   | 3                          | 22:40 | 135     | 2:25:11  |
| VP10 - Sportplatz | 6.41  | 53:44   | 8:22   | 3                          | 3:43  | 98      | 24:56   | 58.57  | 7:18:18  | 7:29   | 2                          | 26:23 | 125     | 2:48:33  |
| VP11 - Königsw    | 6.18  | 51:25   | 8:19   | 3                          | 6:44  | 127     | 22:32   | 64.75  | 8:09:43  | 7:33   | 2                          | 31:05 | 126     | 3:10:14  |
| VP12 - Gedenkst   | 6.18  | 57:32   | 9:18   | 2                          | 5:15  | 132     | 26:05   | 70.93  | 9:07:15  | 7:42   | 3                          | 29:43 | 127     | 3:35:38  |
| VP13 - Brauhaus   | 6.84  | 1:00:52 | 8:53   | 2                          | 7:39  | 127     | 37:15   | 77.77  | 10:08:07 | 7:49   | 3                          | 21:51 | 128     | 4:04:07  |
| VP14 - Revierförs | 6.06  | 53:52   | 8:53   | 4                          | 4:55  | 126     | 24:28   | 83.83  | 11:01:59 | 7:53   | 3                          | 24:27 | 127     | 4:28:35  |
| VP15 - Schloß Sa  | 6.20  | 1:03:10 | 10:11  | 1                          | -     | 88      | 33:23   | 90.03  | 12:05:09 | 8:03   | 3                          | 15:22 | 125     | 5:01:58  |
| VP16 - Pagel & Fi | 7.63  | 1:08:23 | 8:57   | 2                          | 3:32  | 110     | 31:59   | 97.66  | 13:13:32 | 8:07   | 3                          | 14:38 | 127     | 5:33:30  |
| VP17 - Wilhelmst  | 4.84  | 42:37   | 8:48   | 2                          | 1:05  | 97      | 17:30   | 102.50 | 13:56:09 | 8:09   | 3                          | 11:54 | 126     | 5:51:00  |
| VP18 - Falkensee  | 6.58  | 1:01:39 | 9:22   | 3                          | 4:41  | 117     | 28:11   | 109.08 | 14:57:48 | 8:13   | 2                          | 12:34 | 125     | 6:18:28  |
| VP19 - Schönwal   | 5.70  | 1:00:11 | 10:33  | 4                          | 9:35  | 133     | 31:22   | 114.78 | 15:57:59 | 8:20   | 2                          | 22:09 | 122     | 6:49:50  |
| VP20 - Grenzturn  | 7.53  | 1:19:36 | 10:34  | 3                          | 9:04  | 128     | 45:00   | 122.31 | 17:17:35 | 8:28   | 2                          | 31:13 | 120     | 7:30:40  |
| VP21 - Ruderclub  | 4.78  | 58:37   | 12:15  | 2                          | 1:57  | 113     | 35:16   | 127.09 | 18:16:12 | 8:37   | 2                          | 33:10 | 121     | 8:05:56  |
| VP22 - Frohnau (  | 4.03  | 39:39   | 9:50   | 2                          | 0:52  | 85      | 18:07   | 131.12 | 18:55:51 | 8:39   | 2                          | 34:02 | 121     | 8:24:03  |
| VP23 - Naturschu  | 6.78  | 1:06:15 | 9:46   | 2                          | 4:08  | 73      | 32:29   | 137.90 | 20:02:06 | 8:43   | 2                          | 38:10 | 116     | 8:56:32  |
| VP24 - Oranienbu  | 4.75  | 50:17   | 10:35  | 1                          | -     | 92      | 24:25   | 142.65 | 20:52:23 | 8:46   | 2                          | 37:38 | 116     | 9:20:23  |
| VP25 - Lübars     | 5.69  | 55:40   | 9:46   | 2                          | 5:42  | 82      | 26:20   | 148.34 | 21:48:03 | 8:49   | 2                          | 43:20 | 116     | 9:46:43  |
| VP26 - S-Bahnh    | 5.71  | 48:27   | 8:29   | 1                          | -     | 45      | 18:46   | 154.05 | 22:36:30 | 8:48   | 2                          | 39:26 | 116     | 10:05:29 |
| VP27 - Wollankst  | 3.09  | 21:59   | 7:06   | 2                          | 0:17  | 66      | 9:38    | 157.14 | 22:58:29 | 8:46   | 2                          | 39:43 | 114     | 10:13:43 |
| Friedrich-Ludwig  | 3.76  | 45:34   | 12:07  | 2                          | 13:32 | 139     | 24:57   | 160.90 | 23:44:03 | 8:51   | 2                          | 53:15 | 115     | 10:37:11 |