



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Detalizēti rezultāti

### Morstabilini, luca

Klubs: Soresina Running club

Numurs: 203

Posms: 160.90 km

100MeilenBerlin

Grupa:

Senioren M45 (45-49 Jahre)

Kopējais laiks: 16:18:36

Ātrums: 9.81 km/h

Skrējiena izpildījums: 6:05 min/km

Vieta distancē/Kopā: 7 (no 246)

Vieta distancē/Vīrieši: 7 (no 211)

Distances labākais laiks: 13:06:52

Vieta grupā: 1(no 43)

Grupas labākais laiks: 16:18:36

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts     | Posma |       | Posma  |                     |                     |         | Kopā    |        |          |        |                     |                     |         |         |
|-------------------|-------|-------|--------|---------------------|---------------------|---------|---------|--------|----------|--------|---------------------|---------------------|---------|---------|
|                   | km    | Laiks | min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vīrieši | Vīrieši | km     | Laiks    | min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vīrieši | Vīrieši |
| VP1 - Mahnmal P   | 9.02  | 42:21 | 4:41   | 1                   | -                   | 5       | 1:25    | 9.02   | 42:21    | 4:41   | 1                   | -                   | 5       | 1:25    |
| VP2 - Schlesische | 5.98  | 27:28 | 4:35   | 1                   | -                   | 4       | 1:22    | 15.00  | 1:09:49  | 4:39   | 1                   | -                   | 5       | 2:47    |
| VP3 - Sonnenalle  | 6.00  | 28:13 | 4:42   | 1                   | -                   | 5       | 2:35    | 21.00  | 1:38:02  | 4:40   | 1                   | -                   | 5       | 5:22    |
| VP4 - Stubenrauc  | 5.73  | 26:39 | 4:39   | 1                   | -                   | 5       | 1:24    | 26.73  | 2:04:41  | 4:39   | 1                   | -                   | 5       | 6:46    |
| VP5 - U-Bahnhof   | 4.30  | 21:43 | 5:03   | 1                   | -                   | 2       | 0:36    | 31.03  | 2:26:24  | 4:43   | 1                   | -                   | 4       | 6:16    |
| VP6 - Buckower I  | 5.40  | 27:44 | 5:08   | 1                   | -                   | 4       | 2:21    | 36.43  | 2:54:08  | 4:46   | 1                   | -                   | 4       | 8:36    |
| VP7 - Kirchhainer | 5.54  | 29:51 | 5:23   | 1                   | -                   | 6       | 3:40    | 41.97  | 3:23:59  | 4:51   | 1                   | -                   | 4       | 11:39   |
| VP8 - Lichtenrad  | 4.42  | 24:06 | 5:27   | 3                   | 0:13                | 11      | 3:53    | 46.39  | 3:48:05  | 4:54   | 1                   | -                   | 4       | 15:32   |
| VP9 - Osdorfer St | 5.77  | 35:18 | 6:07   | 5                   | 4:19                | 35      | 9:06    | 52.16  | 4:23:23  | 5:02   | 1                   | -                   | 4       | 24:00   |
| VP10 - Sportplatz | 6.41  | 33:56 | 5:17   | 1                   | -                   | 5       | 5:08    | 58.57  | 4:57:19  | 5:04   | 1                   | -                   | 4       | 27:34   |
| VP11 - Königsw    | 6.18  | 41:40 | 6:44   | 6                   | 7:07                | 36      | 12:47   | 64.75  | 5:38:59  | 5:14   | 1                   | -                   | 4       | 39:30   |
| VP12 - Gedenkst   | 6.18  | 37:59 | 6:08   | 1                   | -                   | 7       | 6:32    | 70.93  | 6:16:58  | 5:18   | 1                   | -                   | 4       | 45:21   |
| VP13 - Brauhaus   | 6.84  | 42:41 | 6:14   | 2                   | 16:44               | 13      | 19:04   | 77.77  | 6:59:39  | 5:23   | 1                   | -                   | 4       | 55:39   |
| VP14 - Revierförs | 6.06  | 39:18 | 6:29   | 2                   | 1:53                | 16      | 9:54    | 83.83  | 7:38:57  | 5:28   | 1                   | -                   | 4       | 1:05:33 |
| VP15 - Schloß Sa  | 6.20  | 41:33 | 6:42   | 3                   | 2:52                | 16      | 11:46   | 90.03  | 8:20:30  | 5:33   | 1                   | -                   | 4       | 1:17:19 |
| VP16 - Pagel & Fi | 7.63  | 47:06 | 6:10   | 1                   | -                   | 10      | 10:42   | 97.66  | 9:07:36  | 5:36   | 1                   | -                   | 5       | 1:27:34 |
| VP17 - Wilhelmst  | 4.84  | 32:38 | 6:44   | 2                   | 1:36                | 18      | 7:31    | 102.50 | 9:40:14  | 5:39   | 1                   | -                   | 5       | 1:35:05 |
| VP18 - Falkensee  | 6.58  | 40:57 | 6:13   | 3                   | 7:29                | 10      | 7:29    | 109.08 | 10:21:11 | 5:41   | 1                   | -                   | 4       | 1:41:51 |
| VP19 - Schönwal   | 5.70  | 38:51 | 6:48   | 2                   | 2:13                | 14      | 10:02   | 114.78 | 11:00:02 | 5:45   | 1                   | -                   | 4       | 1:51:53 |
| VP20 - Grenzturn  | 7.53  | 50:28 | 6:42   | 4                   | 15:52               | 16      | 15:52   | 122.31 | 11:50:30 | 5:48   | 1                   | -                   | 4       | 2:03:35 |
| VP21 - Ruderclub  | 4.78  | 32:55 | 6:53   | 1                   | -                   | 11      | 9:34    | 127.09 | 12:23:25 | 5:50   | 1                   | -                   | 4       | 2:13:09 |
| VP22 - Frohnau (  | 4.03  | 26:31 | 6:34   | 1                   | -                   | 12      | 4:59    | 131.12 | 12:49:56 | 5:52   | 1                   | -                   | 4       | 2:18:08 |
| VP23 - Naturschu  | 6.78  | 44:06 | 6:30   | 1                   | -                   | 11      | 10:20   | 137.90 | 13:34:02 | 5:54   | 1                   | -                   | 5       | 2:28:28 |
| VP24 - Oranienbu  | 4.75  | 33:57 | 7:08   | 2                   | 0:42                | 13      | 8:05    | 142.65 | 14:07:59 | 5:56   | 1                   | -                   | 6       | 2:35:59 |
| VP25 - Lübars     | 5.69  | 37:41 | 6:37   | 1                   | -                   | 11      | 8:21    | 148.34 | 14:45:40 | 5:58   | 1                   | -                   | 6       | 2:44:20 |
| VP26 - S-Bahnh    | 5.71  | 42:18 | 7:24   | 4                   | 2:44                | 23      | 12:37   | 154.05 | 15:27:58 | 6:01   | 1                   | -                   | 7       | 2:56:57 |
| VP27 - Wollankst  | 3.09  | 18:54 | 6:06   | 4                   | 2:08                | 31      | 6:33    | 157.14 | 15:46:52 | 6:01   | 1                   | -                   | 7       | 3:02:06 |
| Friedrich-Ludwig  | 3.76  | 31:44 | 8:26   | 5                   | 6:46                | 34      | 11:07   | 160.90 | 16:18:36 | 6:04   | 1                   | -                   | 7       | 3:11:44 |