



# 100MeilenBerlin – der Mauerweglauf

Berlin / 16.08.2014

## Detalizēti rezultāti

Hülse, Renate

Klubs: TuS Bösinghoven

Numurs: 235

Posms: 160.90 km

100MeilenBerlin

Grupa:

Seniorinnen W55 (55-59 Jahre)

Kopējais laiks: 29:57:19

Ātrums: 5.34 km/h

Skrējiena izpildījums: 11:10 min/km

Vieta distancē/Kopā: 207 (no 246)

Vieta distancē/Sievietes: 28 (no 35)

Distances labākais laiks: 18:16:29

Vieta grupā: 3(no 5)

Grupas labākais laiks: 23:44:03

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

Kontrolpunkts	Posma			Vietāztrūkums: Vietāztrūkums				Kopā			Vietāztrūkums: Vietāztrūkums			
	km	Laiks	min/km	grupā	grupā	Sievietes	Sievietes	km	Laiks	min/km	grupā	grupā	Sievietes	Sievietes
VP1 - Mahnmäl P	9.02	1:10:17	7:47	4	3:31	24	18:45	9.02	1:10:17	7:47	4	3:31	24	18:45
VP2 - Schlesiſche	5.98	48:25	8:05	4	7:41	29	15:26	15.00	1:58:42	7:54	4	10:42	28	34:11
VP3 - Sonnenalle	6.00	48:54	8:09	4	9:33	29	15:25	21.00	2:47:36	7:58	4	20:14	28	49:36
VP4 - Stubenrauc	5.73	46:17	8:04	4	6:05	31	14:55	26.73	3:33:53	8:00	4	23:28	29	1:04:31
VP5 - U-Bahnhof	4.30	41:23	9:37	4	6:36	29	14:48	31.03	4:15:16	8:13	4	30:04	30	1:19:19
VP6 - Buckower I	5.40	51:40	9:34	4	8:06	30	19:06	36.43	5:06:56	8:25	4	36:51	30	1:38:25
VP7 - Kirchhainer	5.54	55:38	10:02	4	10:44	31	22:42	41.97	6:02:34	8:38	4	47:35	30	2:01:07
VP8 - Lichtenrad	4.42	43:21	9:48	4	7:21	28	17:06	46.39	6:45:55	8:45	4	54:56	30	2:18:13
VP9 - Osdorfer St	5.77	57:39	9:59	4	13:20	30	22:45	52.16	7:43:34	8:53	4	1:08:16	30	2:40:58
VP10 - Sportplatz	6.41	1:27:33	13:39	5	28:46	32	47:29	58.57	9:11:07	9:24	4	1:37:02	31	3:24:42
VP11 - Königswe	6.18	1:19:38	12:53	4	30:30	30	41:00	64.75	10:30:45	9:44	4	2:07:32	31	4:05:42
VP12 - Gedenkst	6.18	1:13:58	11:58	4	20:34	28	30:29	70.93	11:44:43	9:56	4	2:28:06	31	4:33:22
VP13 - Brauhaus	6.84	1:12:27	10:35	3	3:06	23	29:40	77.77	12:57:10	9:59	4	2:31:12	29	4:57:31
VP14 - Revierförs	6.06	1:06:00	10:53	4	12:45	29	25:34	83.83	14:03:10	10:03	4	2:43:57	29	5:23:05
VP15 - Schloß Sa	6.20	1:33:33	15:05	2	37:19	26	46:59	90.03	15:36:43	10:24	4	3:21:16	29	6:07:10
VP16 - Pagel & Fi	7.63	1:36:19	12:37	4	22:54	28	46:59	97.66	17:13:02	10:34	4	3:44:10	29	6:53:39
VP17 - Wilhelmst	4.84	1:04:46	13:22	4	23:55	29	31:47	102.50	18:17:48	10:42	4	4:08:05	29	7:25:26
VP18 - Falkensee	6.58	1:21:05	12:19	2	24:58	28	36:23	109.08	19:38:53	10:48	4	4:33:03	29	8:01:49
VP19 - Schönwal	5.70	1:20:56	14:11	3	28:49	28	38:54	114.78	20:59:49	10:58	4	5:01:52	29	8:40:43
VP20 - Grenzturn	7.53	1:30:40	12:02	3	15:25	24	42:13	122.31	22:30:29	11:02	4	5:17:17	29	9:16:28
VP21 - Ruderclub	4.78	1:12:13	15:06	2	5:57	25	31:57	127.09	23:42:42	11:11	4	5:23:14	29	9:48:25
VP22 - Frohnau (	4.03	43:42	10:50	1	-	14	13:33	131.12	24:26:24	11:11	3	5:21:55	28	10:01:58
VP23 - Naturschu	6.78	1:22:06	12:06	3	21:23	23	29:44	137.90	25:48:30	11:13	3	5:43:18	28	10:31:42
VP24 - Oranienbu	4.75	1:06:23	13:58	4	19:10	24	27:51	142.65	26:54:53	11:19	3	6:02:28	28	10:59:33
VP25 - Lübars	5.69	1:04:04	11:15	4	11:23	19	18:37	148.34	27:58:57	11:19	3	6:13:17	28	11:17:15
VP26 - S-Bahnhö	5.71	57:17	10:01	2	6:19	11	13:08	154.05	28:56:14	11:16	3	6:19:36	28	11:29:32
VP27 - Wollankst	3.09	23:08	7:29	4	1:45	12	6:09	157.14	29:19:22	11:11	3	6:21:21	28	11:33:59
Friedrich-Ludwig	3.76	37:57	10:05	2	2:47	10	11:51	160.90	29:57:19	11:10	3	6:13:16	28	11:40:50