



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detalizēti rezultāti

Cordner, Gillian

Klubs: 100 Marathon Club Ireland
Numurs: 297

Posms: 161.85 km
100MeilenBerlin

Grupa:
Seniorinnen W40 (40-44 Jahre)

Kopējais laiks: 23:44:48

Ātrums: 6.78 km/h
Skrējiena izpildījums: 8:48 min/km

Vieta distancē/Kopā: 99 (no 296)

Vieta distancē/Sievietes: 11 (no 49)

Distances labākais laiks: 15:57:39

Vieta grupā: 3(no 9)

Grupas labākais laiks: 22:14:14

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | Kopējais rezultāts | | | | | | | | | | |
|--------------------|-----------------|-------------|--------------|---------------------|-------------------------|---------|------------|-------------|---------------------|-------------------------|---|---------|----|---------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkums grupā | Vietāztrūkums sievietes | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkums grupā | Vietāztrūkums sievietes | | | | |
| VP1 - S-Bahnhof | 6.93 | 42:31 | 6:08 | 1 | - | 8 | 4:22 | 6.93 | 42:31 | 6:08 | 1 | - | 8 | 4:22 |
| VP2 - Laufftreff L | 5.70 | 34:39 | 6:04 | 1 | - | 7 | 2:35 | 12.63 | 1:17:10 | 6:06 | 1 | - | 7 | 6:35 |
| VP3 - Oranienbur | 5.47 | 33:06 | 6:03 | 1 | - | 7 | 3:49 | 18.10 | 1:50:16 | 6:05 | 1 | - | 7 | 10:13 |
| VP4 - Naturschut | 4.97 | 33:39 | 6:46 | 2 | 0:08 | 8 | 5:31 | 23.07 | 2:23:55 | 6:14 | 1 | - | 7 | 15:44 |
| VP5 - Frohnau | 6.80 | 42:43 | 6:16 | 1 | - | 7 | 6:00 | 29.87 | 3:06:38 | 6:14 | 1 | - | 6 | 21:44 |
| VP6 - Ruderclub | 4.06 | 31:40 | 7:47 | 1 | - | 11 | 9:40 | 33.93 | 3:38:18 | 6:26 | 1 | - | 7 | 31:24 |
| VP7 - Grenzturm | 4.75 | 32:39 | 6:52 | 2 | 0:09 | 10 | 7:00 | 38.68 | 4:10:57 | 6:29 | 1 | - | 7 | 38:24 |
| VP8 - Schönwald | 7.53 | 56:43 | 7:31 | 3 | 2:44 | 15 | 15:07 | 46.21 | 5:07:40 | 6:39 | 1 | - | 8 | 53:31 |
| VP9 - Falkenseer | 5.69 | 49:58 | 8:46 | 5 | 7:14 | 24 | 18:01 | 51.90 | 5:57:38 | 6:53 | 1 | - | 9 | 1:11:32 |
| VP10 - Karolinenl | 6.60 | 51:15 | 7:45 | 2 | 1:39 | 9 | 14:00 | 58.50 | 6:48:53 | 6:59 | 1 | - | 9 | 1:25:32 |
| VP11 - Pagel & Fi | 4.90 | 41:07 | 8:23 | 3 | 3:44 | 10 | 13:19 | 63.40 | 7:30:00 | 7:05 | 1 | - | 9 | 1:38:51 |
| VP12 - Schloss S | 7.62 | 1:24:44 | 11:07 | 7 | 25:53 | 36 | 40:58 | 71.02 | 8:54:44 | 7:31 | 2 | 21:05 | 12 | 2:19:49 |
| VP13 - Revierförs | 6.21 | 54:22 | 8:45 | 5 | 6:40 | 19 | 17:39 | 77.23 | 9:49:06 | 7:37 | 2 | 27:45 | 12 | 2:37:28 |
| VP14 - Brauhaus | 6.00 | 58:59 | 9:49 | 5 | 13:48 | 24 | 21:39 | 83.23 | 10:48:05 | 7:47 | 3 | 35:02 | 13 | 2:59:07 |
| VP15 - Gedenkst. | 6.90 | 1:01:25 | 8:54 | 5 | 6:38 | 18 | 22:50 | 90.13 | 11:49:30 | 7:52 | 3 | 39:48 | 14 | 3:21:57 |
| VP16 - Königswe | 6.87 | 1:04:11 | 9:20 | 4 | 9:21 | 17 | 22:36 | 97.00 | 12:53:41 | 7:58 | 3 | 49:09 | 13 | 3:44:33 |
| VP17 - Sportplatz | 6.20 | 1:15:23 | 12:09 | 3 | 18:51 | 20 | 40:24 | 103.20 | 14:09:04 | 8:13 | 2 | 1:08:00 | 12 | 4:24:57 |
| VP18 - Osdorfer | 6.49 | 57:20 | 8:50 | 3 | 7:08 | 12 | 17:52 | 109.69 | 15:06:24 | 8:15 | 2 | 1:15:08 | 11 | 4:35:20 |
| VP19 - Lichtenra | 5.71 | 57:28 | 10:03 | 4 | 11:47 | 16 | 21:23 | 115.40 | 16:03:52 | 8:21 | 2 | 1:26:55 | 11 | 4:56:43 |
| VP20 - Kirchhain | 4.35 | 48:55 | 11:14 | 2 | 8:39 | 13 | 22:02 | 119.75 | 16:52:47 | 8:27 | 2 | 1:35:34 | 11 | 5:18:45 |
| VP21 - Buckow | 6.15 | 1:08:51 | 11:11 | 3 | 14:40 | 21 | 32:15 | 125.90 | 18:01:38 | 8:35 | 2 | 1:50:14 | 11 | 5:51:00 |
| VP22 - Rudow | 4.97 | 52:50 | 10:37 | 3 | 9:43 | 15 | 20:41 | 130.87 | 18:54:28 | 8:40 | 2 | 1:52:36 | 12 | 6:11:41 |
| VP23 - Johannistl | 5.89 | 56:22 | 9:34 | 3 | 6:35 | 12 | 18:51 | 136.76 | 19:50:50 | 8:42 | 3 | 1:50:01 | 12 | 6:30:32 |
| VP24 - Dammwe | 5.64 | 1:01:06 | 10:50 | 4 | 12:52 | 16 | 25:30 | 142.40 | 20:51:56 | 8:47 | 3 | 1:54:32 | 12 | 6:56:02 |
| VP25 - Eas Side | 6.33 | 1:00:03 | 9:29 | 1 | - | 5 | 19:57 | 148.73 | 21:51:59 | 8:49 | 3 | 1:48:28 | 11 | 7:15:59 |
| VP26 - Checkpoir | 4.22 | 33:55 | 8:02 | 2 | 0:11 | 3 | 7:46 | 152.95 | 22:25:54 | 8:47 | 3 | 1:42:32 | 11 | 7:23:45 |
| VP27 - Gedenkst. | 4.12 | 38:46 | 9:24 | 3 | 5:24 | 7 | 11:14 | 157.07 | 23:04:40 | 8:48 | 3 | 1:36:58 | 11 | 7:34:59 |
| Friedrich-Ludwig | 4.78 | 40:08 | 8:23 | 2 | 4:38 | 9 | 12:10 | 161.85 | 23:44:48 | 8:48 | 3 | 1:30:34 | 11 | 7:47:09 |