



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detalizēti rezultāti

Kühnen, Claudia

Klubs: Ausdauerschule by bunert
Numurs: 65

Posms: 161.85 km
100MeilenBerlin

Grupa:
Seniorinnen W45 (45-49 Jahre)

Kopējais laiks: 24:22:53

Ātrums: 6.60 km/h
Skrējiena izpildījums: 9:02 min/km

Vieta distancē/Kopā: 108 (no 296)
Vieta distancē/Sievietes: 13 (no 49)
Distances labākais laiks: 15:57:39

Vieta grupā: 4(no 12)
Grupas labākais laiks: 15:57:39

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | Kopējais rezultāts | | | | | | | | | | |
|--------------------|-----------------|-------------|--------------|----------------------|--------------------------|---------|------------|-------------|----------------------|--------------------------|---|---------|----|---------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkums: grupā | Vietāztrūkums: sievietes | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkums: grupā | Vietāztrūkums: sievietes | | | | |
| VP1 - S-Bahnhof | 6.93 | 46:20 | 6:41 | 6 | 8:11 | 21 | 8:11 | 6.93 | 46:20 | 6:41 | 6 | 8:11 | 21 | 8:11 |
| VP2 - Laufftreff L | 5.70 | 37:29 | 6:34 | 5 | 4:52 | 15 | 5:25 | 12.63 | 1:23:49 | 6:38 | 6 | 13:03 | 18 | 13:14 |
| VP3 - Oranienbur | 5.47 | 36:15 | 6:37 | 5 | 6:58 | 17 | 6:58 | 18.10 | 2:00:04 | 6:38 | 5 | 20:01 | 17 | 20:01 |
| VP4 - Naturschut | 4.97 | 36:48 | 7:24 | 5 | 8:40 | 16 | 8:40 | 23.07 | 2:36:52 | 6:47 | 5 | 28:41 | 18 | 28:41 |
| VP5 - Frohnau | 6.80 | 46:04 | 6:46 | 5 | 9:21 | 15 | 9:21 | 29.87 | 3:22:56 | 6:47 | 5 | 38:02 | 17 | 38:02 |
| VP6 - Ruderclub | 4.06 | 36:32 | 8:59 | 6 | 14:32 | 24 | 14:32 | 33.93 | 3:59:28 | 7:03 | 5 | 52:34 | 18 | 52:34 |
| VP7 - Grenzturm | 4.75 | 33:34 | 7:04 | 4 | 7:55 | 15 | 7:55 | 38.68 | 4:33:02 | 7:03 | 5 | 1:00:29 | 17 | 1:00:29 |
| VP8 - Schönwald | 7.53 | 54:49 | 7:16 | 5 | 13:13 | 11 | 13:13 | 46.21 | 5:27:51 | 7:05 | 5 | 1:13:42 | 17 | 1:13:42 |
| VP9 - Falkenseer | 5.69 | 41:50 | 7:21 | 3 | 9:53 | 5 | 9:53 | 51.90 | 6:09:41 | 7:07 | 5 | 1:23:35 | 14 | 1:23:35 |
| VP10 - Karolinenl | 6.60 | 51:51 | 7:51 | 5 | 14:36 | 10 | 14:36 | 58.50 | 7:01:32 | 7:12 | 5 | 1:38:11 | 13 | 1:38:11 |
| VP11 - Pagel & Fi | 4.90 | 41:15 | 8:25 | 3 | 13:27 | 11 | 13:27 | 63.40 | 7:42:47 | 7:17 | 5 | 1:51:38 | 12 | 1:51:38 |
| VP12 - Schloss S | 7.62 | 1:06:43 | 8:45 | 3 | 22:57 | 7 | 22:57 | 71.02 | 8:49:30 | 7:27 | 4 | 2:14:35 | 10 | 2:14:35 |
| VP13 - Revierförs | 6.21 | 53:27 | 8:36 | 5 | 16:44 | 16 | 16:44 | 77.23 | 9:42:57 | 7:32 | 4 | 2:31:19 | 9 | 2:31:19 |
| VP14 - Brauhaus | 6.00 | 55:31 | 9:15 | 6 | 18:11 | 18 | 18:11 | 83.23 | 10:38:28 | 7:40 | 4 | 2:49:30 | 10 | 2:49:30 |
| VP15 - Gedenkst. | 6.90 | 1:07:01 | 9:42 | 6 | 28:26 | 22 | 28:26 | 90.13 | 11:45:29 | 7:49 | 4 | 3:17:56 | 11 | 3:17:56 |
| VP16 - Königswe | 6.87 | 57:46 | 8:24 | 3 | 16:11 | 9 | 16:11 | 97.00 | 12:43:15 | 7:52 | 4 | 3:34:07 | 10 | 3:34:07 |
| VP17 - Sportplatz | 6.20 | 1:15:53 | 12:14 | 5 | 40:54 | 21 | 40:54 | 103.20 | 13:59:08 | 8:07 | 4 | 4:15:01 | 11 | 4:15:01 |
| VP18 - Osdorfer | 6.49 | 1:09:29 | 10:42 | 7 | 22:32 | 24 | 30:01 | 109.69 | 15:08:37 | 8:17 | 4 | 4:37:33 | 12 | 4:37:33 |
| VP19 - Lichtenra | 5.71 | 55:39 | 9:44 | 4 | 19:34 | 14 | 19:34 | 115.40 | 16:04:16 | 8:21 | 4 | 4:57:07 | 12 | 4:57:07 |
| VP20 - Kirchhain | 4.35 | 51:19 | 11:47 | 3 | 24:26 | 19 | 24:26 | 119.75 | 16:55:35 | 8:28 | 4 | 5:21:33 | 12 | 5:21:33 |
| VP21 - Buckow | 6.15 | 1:06:30 | 10:48 | 4 | 29:54 | 18 | 29:54 | 125.90 | 18:02:05 | 8:35 | 4 | 5:51:27 | 12 | 5:51:27 |
| VP22 - Rudow | 4.97 | 44:54 | 9:02 | 4 | 12:45 | 10 | 12:45 | 130.87 | 18:46:59 | 8:36 | 4 | 6:04:12 | 11 | 6:04:12 |
| VP23 - Johannistl | 5.89 | 58:58 | 10:00 | 5 | 21:27 | 17 | 21:27 | 136.76 | 19:45:57 | 8:40 | 4 | 6:25:39 | 10 | 6:25:39 |
| VP24 - Dammwe | 5.64 | 59:34 | 10:33 | 3 | 23:58 | 14 | 23:58 | 142.40 | 20:45:31 | 8:44 | 4 | 6:49:37 | 10 | 6:49:37 |
| VP25 - Eas Side | 6.33 | 1:10:14 | 11:05 | 5 | 30:08 | 15 | 30:08 | 148.73 | 21:55:45 | 8:50 | 4 | 7:19:45 | 12 | 7:19:45 |
| VP26 - Checkpoir | 4.22 | 42:33 | 10:04 | 4 | 16:24 | 14 | 16:24 | 152.95 | 22:38:18 | 8:52 | 4 | 7:36:09 | 12 | 7:36:09 |
| VP27 - Gedenkst. | 4.12 | 51:30 | 12:30 | 7 | 23:58 | 27 | 23:58 | 157.07 | 23:29:48 | 8:58 | 4 | 8:00:07 | 13 | 8:00:07 |
| Friedrich-Ludwig | 4.78 | 53:05 | 11:06 | 6 | 25:07 | 26 | 25:07 | 161.85 | 24:22:53 | 9:02 | 4 | 8:25:14 | 13 | 8:25:14 |