



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detalizēti rezultāti

Fietkau, Mark

Klubs: LG Mauerweg
Numurs: 50

Posms: 161.85 km
100MeilenBerlin

Grupa:
Senioren M50 (50-54 Jahre)

Kopējais laiks: 25:32:14

Ātrums: 6.30 km/h
Skrējiena izpildījums: 9:28 min/km

Vieta distancē/Kopā: 123 (no 296)
Vieta distancē/Vīrieši: 109 (no 247)
Distances labākais laiks: 13:40:11

Vieta grupā: 22(no 51)
Grupās labākais laiks: 18:03:51

Kontrolpunkts	Posma rezultāts							Kopējais rezultāts						
	Posma km	Posma Laiks	Posma min/km	Vietāztrūkum: grupā	Vietāztrūkums: grupā	Vietāztrūkums: Vīrieši	Vietāztrūkums: Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	Vietāztrūkum: grupā	Vietāztrūkums: grupā	Vietāztrūkums: Vīrieši	Vietāztrūkums: Vīrieši
VP1 - S-Bahnhof	6.93	45:22	6:32	25	12:04	131	13:06	6.93	45:22	6:32	25	12:04	131	13:06
VP2 - Laufftreff L	5.70	37:34	6:35	26	9:55	130	11:38	12.63	1:22:56	6:33	27	21:59	132	24:44
VP3 - Oranienbur	5.47	37:36	6:52	33	11:24	157	13:50	18.10	2:00:32	6:39	29	33:16	138	38:33
VP4 - Naturschut	4.97	35:40	7:10	23	10:49	108	12:31	23.07	2:36:12	6:46	28	44:05	133	51:04
VP5 - Frohnau	6.80	47:39	7:00	29	14:55	147	17:21	29.87	3:23:51	6:49	27	59:00	136	1:08:19
VP6 - Ruderclub	4.06	31:16	7:42	24	9:47	107	12:47	33.93	3:55:07	6:55	26	1:08:47	124	1:21:06
VP7 - Grenzturm	4.75	35:39	7:30	33	10:16	150	14:51	38.68	4:30:46	7:00	29	1:19:03	134	1:35:57
VP8 - Schönwald	7.53	1:08:21	9:04	43	25:54	197	32:45	46.21	5:39:07	7:20	31	1:44:57	146	2:08:42
VP9 - Falkenseer	5.69	1:00:20	10:36	49	26:30	217	33:12	51.90	6:39:27	7:41	37	2:11:27	164	2:41:54
VP10 - Karolinenl	6.60	1:04:29	9:46	39	24:17	184	34:20	58.50	7:43:56	7:55	35	2:35:27	163	3:16:14
VP11 - Pagel & Fi	4.90	44:22	9:03	22	14:15	107	21:37	63.40	8:28:18	8:01	29	2:47:58	151	3:37:51
VP12 - Schloss S	7.62	1:28:24	11:36	38	40:11	183	52:37	71.02	9:56:42	8:24	30	3:28:09	157	4:30:28
VP13 - Revierförs	6.21	1:01:19	9:52	37	20:30	176	31:39	77.23	10:58:01	8:31	31	3:48:29	163	5:02:07
VP14 - Brauhaus	6.00	55:57	9:19	29	13:46	136	26:25	83.23	11:53:58	8:34	29	4:01:50	160	5:28:32
VP15 - Gedenkst.	6.90	55:16	8:00	15	10:08	58	20:33	90.13	12:49:14	8:32	29	4:07:19	147	5:49:05
VP16 - Königswe	6.87	1:08:39	9:59	29	19:57	141	34:55	97.00	13:57:53	8:38	29	4:27:16	147	6:24:00
VP17 - Sportplatz	6.20	55:02	8:52	8	10:13	41	23:25	103.20	14:52:55	8:39	27	4:36:44	126	6:47:25
VP18 - Osdorfer	6.49	1:43:18	15:55	42	56:57	199	1:09:21	109.69	16:36:13	9:04	29	5:31:40	146	7:56:46
VP19 - Lichtenra	5.71	1:02:29	10:56	31	22:31	144	33:10	115.40	17:38:42	9:10	30	5:51:07	147	8:29:56
VP20 - Kirchhain	4.35	49:58	11:29	23	18:41	119	25:40	119.75	18:28:40	9:15	29	6:05:25	143	8:55:36
VP21 - Buckow	6.15	1:12:09	11:43	30	28:51	145	37:09	125.90	19:40:49	9:22	27	6:31:38	143	9:32:45
VP22 - Rudow	4.97	51:10	10:17	19	13:49	76	29:47	130.87	20:31:59	9:24	25	6:40:52	133	9:55:16
VP23 - Johannistl	5.89	1:02:50	10:40	26	17:08	100	29:09	136.76	21:34:49	9:28	25	6:56:16	129	10:24:25
VP24 - Dammwe	5.64	1:15:39	13:24	36	35:08	168	43:58	142.40	22:50:28	9:37	25	7:21:30	126	11:08:02
VP25 - Eas Side	6.33	1:00:03	9:29	9	12:07	45	22:43	148.73	23:50:31	9:37	24	7:27:45	123	11:28:01
VP26 - Checkpoir	4.22	32:47	7:46	4	3:07	14	9:54	152.95	24:23:18	9:34	23	7:28:31	119	11:36:44
VP27 - Gedenkst.	4.12	34:36	8:23	5	3:29	16	9:53	157.07	24:57:54	9:32	23	7:28:23	114	11:44:56
Friedrich-Ludwig	4.78	34:20	7:10	4	6:22	22	9:57	161.85	25:32:14	9:28	22	7:28:23	109	11:52:03