



# 100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

## Detalizēti rezultāti

**Pinsker, Marcus**

Klubs: LG Mauerweg e.V.  
Numurs: 23

Posms: 161.85 km  
100MeilenBerlin

Grupa:  
Senioren M45 (45-49 Jahre)

**Kopējais laiks: 28:13:39**

Ātrums: 5.70 km/h  
Skrējiena izpildījums: 10:28 min/km

Vieta distancē/Kopā: 185 (no 296)  
Vieta distancē/Vīrieši: 159 (no 247)  
Distances labākais laiks: 13:40:11

Vieta grupā: 38(no 53)  
Grupās labākais laiks: 15:34:05

| Kontrolpunkts      | Posma rezultāts |             |              |                     |                      |                        |                        | Kopējais rezultāts |            |             |                     |                      |                        |                        |
|--------------------|-----------------|-------------|--------------|---------------------|----------------------|------------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|------------------------|------------------------|
|                    | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km            | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši |
| VP1 - S-Bahnhof    | 6.93            | 51:04       | 7:22         | 49                  | 18:48                | 225                    | 18:48                  | 6.93               | 51:04      | 7:22        | 49                  | 18:48                | 225                    | 18:48                  |
| VP2 - Laufftreff L | 5.70            | 44:12       | 7:45         | 49                  | 18:16                | 229                    | 18:16                  | 12.63              | 1:35:16    | 7:32        | 50                  | 37:03                | 230                    | 37:04                  |
| VP3 - Oranienbur   | 5.47            | 43:06       | 7:52         | 49                  | 19:20                | 222                    | 19:20                  | 18.10              | 2:18:22    | 7:38        | 50                  | 56:23                | 228                    | 56:23                  |
| VP4 - Naturschut   | 4.97            | 41:49       | 8:24         | 44                  | 18:40                | 196                    | 18:40                  | 23.07              | 3:00:11    | 7:48        | 49                  | 1:15:03              | 222                    | 1:15:03                |
| VP5 - Frohnau      | 6.80            | 53:58       | 7:56         | 45                  | 23:32                | 212                    | 23:40                  | 29.87              | 3:54:09    | 7:50        | 46                  | 1:38:35              | 217                    | 1:38:37                |
| VP6 - Ruderclub    | 4.06            | 43:37       | 10:44        | 47                  | 25:07                | 219                    | 25:08                  | 33.93              | 4:37:46    | 8:11        | 48                  | 2:03:42              | 219                    | 2:03:45                |
| VP7 - Grenzturm    | 4.75            | 39:52       | 8:23         | 44                  | 17:34                | 199                    | 19:04                  | 38.68              | 5:17:38    | 8:12        | 46                  | 2:21:16              | 215                    | 2:22:49                |
| VP8 - Schönwald    | 7.53            | 1:12:26     | 9:37         | 47                  | 34:41                | 216                    | 36:50                  | 46.21              | 6:30:04    | 8:26        | 45                  | 2:55:57              | 213                    | 2:59:39                |
| VP9 - Falkenseer   | 5.69            | 53:06       | 9:19         | 41                  | 22:34                | 179                    | 25:58                  | 51.90              | 7:23:10    | 8:32        | 45                  | 3:18:31              | 211                    | 3:25:37                |
| VP10 - Karolinenl  | 6.60            | 1:14:57     | 11:21        | 47                  | 39:55                | 222                    | 44:48                  | 58.50              | 8:38:07    | 8:51        | 46                  | 3:55:35              | 214                    | 4:10:25                |
| VP11 - Pagel & Fi  | 4.90            | 47:57       | 9:47         | 30                  | 21:15                | 143                    | 25:12                  | 63.40              | 9:26:04    | 8:55        | 44                  | 4:16:41              | 204                    | 4:35:37                |
| VP12 - Schloss S   | 7.62            | 1:32:06     | 12:05        | 42                  | 48:40                | 196                    | 56:19                  | 71.02              | 10:58:10   | 9:16        | 42                  | 5:05:12              | 200                    | 5:31:56                |
| VP13 - Revierförs  | 6.21            | 1:08:29     | 11:01        | 48                  | 33:15                | 208                    | 38:49                  | 77.23              | 12:06:39   | 9:24        | 45                  | 5:36:58              | 207                    | 6:10:45                |
| VP14 - Brauhaus    | 6.00            | 59:36       | 9:56         | 36                  | 25:24                | 160                    | 30:04                  | 83.23              | 13:06:15   | 9:26        | 42                  | 5:58:39              | 199                    | 6:40:49                |
| VP15 - Gedenkst.   | 6.90            | 1:12:38     | 10:31        | 37                  | 36:30                | 166                    | 37:55                  | 90.13              | 14:18:53   | 9:31        | 41                  | 6:25:17              | 195                    | 7:18:44                |
| VP16 - Königswe    | 6.87            | 1:19:29     | 11:34        | 42                  | 34:40                | 186                    | 45:45                  | 97.00              | 15:38:22   | 9:40        | 41                  | 6:56:29              | 191                    | 8:04:29                |
| VP17 - Sportplatz  | 6.20            | 1:25:18     | 13:45        | 35                  | 50:42                | 165                    | 53:41                  | 103.20             | 17:03:40   | 9:55        | 42                  | 7:44:40              | 193                    | 8:58:10                |
| VP18 - Osdorfer    | 6.49            | 1:09:06     | 10:38        | 33                  | 25:50                | 145                    | 35:09                  | 109.69             | 18:12:46   | 9:57        | 41                  | 8:10:30              | 182                    | 9:33:19                |
| VP19 - Lichtenra   | 5.71            | 57:46       | 10:07        | 32                  | 22:43                | 127                    | 28:27                  | 115.40             | 19:10:32   | 9:58        | 40                  | 8:28:56              | 174                    | 10:01:46               |
| VP20 - Kirchhain   | 4.35            | 52:05       | 11:58        | 37                  | 22:25                | 130                    | 27:47                  | 119.75             | 20:02:37   | 10:02       | 41                  | 8:51:21              | 169                    | 10:29:33               |
| VP21 - Buckow      | 6.15            | 1:11:23     | 11:36        | 35                  | 33:01                | 142                    | 36:23                  | 125.90             | 21:14:00   | 10:07       | 40                  | 9:20:58              | 169                    | 11:05:56               |
| VP22 - Rudow       | 4.97            | 1:06:34     | 13:23        | 38                  | 36:15                | 165                    | 45:11                  | 130.87             | 22:20:34   | 10:14       | 40                  | 9:45:47              | 166                    | 11:43:51               |
| VP23 - Johannistl  | 5.89            | 1:10:19     | 11:56        | 32                  | 33:28                | 130                    | 36:38                  | 136.76             | 23:30:53   | 10:18       | 40                  | 10:17:48             | 165                    | 12:20:29               |
| VP24 - Dammwe      | 5.64            | 1:07:04     | 11:53        | 30                  | 35:23                | 134                    | 35:23                  | 142.40             | 24:37:57   | 10:22       | 39                  | 10:53:11             | 162                    | 12:55:31               |
| VP25 - Eas Side    | 6.33            | 1:11:06     | 11:13        | 25                  | 33:46                | 98                     | 33:46                  | 148.73             | 25:49:03   | 10:24       | 39                  | 11:26:57             | 160                    | 13:26:33               |
| VP26 - Checkpoir   | 4.22            | 50:04       | 11:51        | 34                  | 27:11                | 145                    | 27:11                  | 152.95             | 26:39:07   | 10:27       | 39                  | 11:54:08             | 160                    | 13:52:33               |
| VP27 - Gedenkst.   | 4.12            | 46:49       | 11:21        | 20                  | 22:06                | 88                     | 22:06                  | 157.07             | 27:25:56   | 10:28       | 39                  | 12:16:14             | 160                    | 14:12:58               |
| Friedrich-Ludwig   | 4.78            | 47:43       | 9:58         | 25                  | 23:20                | 104                    | 23:20                  | 161.85             | 28:13:39   | 10:27       | 38                  | 12:39:34             | 159                    | 14:33:28               |