



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detalizēti rezultāti

Möhr, Andrea

Klubs: LG Mauerweg e.V

Numurs: 210

Posms: 161.85 km

100MeilenBerlin

Grupa:

Seniorinnen W50 (50-54 Jahre)

Kopējais laiks: 28:14:35

Ātrums: 5.70 km/h

Skrējiena izpildījums: 10:28 min/km

Vieta distancē/Kopā: 186 (no 296)

Vieta distancē/Sievietes: 27 (no 49)

Distances labākais laiks: 15:57:39

Vieta grupā: 6(no 7)

Grupas labākais laiks: 19:29:40

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Kopējais rezultāts										
	Posma km	Posma Laiks	Posma min/km	Vietāztrūkums grupā	Vietāztrūkums sievietes	Kopā km	Kopā Laiks	Kopā min/km	Vietāztrūkums grupā	Vietāztrūkums sievietes				
VP1 - S-Bahnhof	6.93	45:32	6:34	4	7:01	17	7:23	6.93	45:32	6:34	4	7:01	17	7:23
VP2 - Laufftreff L	5.70	38:08	6:41	5	6:04	18	6:04	12.63	1:23:40	6:37	5	13:05	16	13:05
VP3 - Oranienbur	5.47	36:27	6:39	5	6:46	18	7:10	18.10	2:00:07	6:38	5	19:51	18	20:04
VP4 - Naturschut	4.97	39:11	7:53	5	9:55	24	11:03	23.07	2:39:18	6:54	5	29:46	20	31:07
VP5 - Frohnau	6.80	52:30	7:43	5	14:33	31	15:47	29.87	3:31:48	7:05	5	44:19	22	46:54
VP6 - Ruderclub	4.06	36:35	9:00	4	11:02	26	14:35	33.93	4:08:23	7:19	5	52:36	22	1:01:29
VP7 - Grenzturm	4.75	47:04	9:54	6	18:36	45	21:25	38.68	4:55:27	7:38	4	1:11:12	27	1:22:54
VP8 - Schönwald	7.53	1:19:07	10:30	7	31:06	46	37:31	46.21	6:14:34	8:06	4	1:40:53	31	2:00:25
VP9 - Falkenseer	5.69	1:02:36	11:00	6	26:04	42	30:39	51.90	7:17:10	8:25	4	2:00:43	33	2:31:04
VP10 - Karolinenl	6.60	1:00:31	9:10	4	16:58	25	23:16	58.50	8:17:41	8:30	4	2:17:41	32	2:54:20
VP11 - Pagel & Fi	4.90	50:50	10:22	5	16:54	29	23:02	63.40	9:08:31	8:39	5	2:34:20	32	3:17:22
VP12 - Schloss S	7.62	1:25:03	11:09	7	31:07	37	41:17	71.02	10:33:34	8:55	5	3:05:27	31	3:58:39
VP13 - Revierförs	6.21	1:08:44	11:04	6	27:08	40	32:01	77.23	11:42:18	9:05	5	3:28:11	31	4:30:40
VP14 - Brauhaus	6.00	59:58	9:59	6	20:26	26	22:38	83.23	12:42:16	9:09	6	3:45:12	32	4:53:18
VP15 - Gedenkst.	6.90	1:10:24	10:12	5	22:26	24	31:49	90.13	13:52:40	9:14	5	4:07:38	30	5:25:07
VP16 - Königswe	6.87	1:14:12	10:48	5	23:54	25	32:37	97.00	15:06:52	9:20	5	4:31:32	28	5:57:44
VP17 - Sportplatz	6.20	1:40:18	16:10	7	54:50	38	1:05:19	103.20	16:47:10	9:45	6	5:26:22	31	7:03:03
VP18 - Osdorfer	6.49	1:12:18	11:08	5	27:03	26	32:50	109.69	17:59:28	9:50	6	5:48:40	32	7:28:24
VP19 - Lichtenra	5.71	1:14:02	12:57	7	33:56	36	37:57	115.40	19:13:30	9:59	6	6:18:45	33	8:06:21
VP20 - Kirchhain	4.35	51:21	11:48	6	17:03	20	24:28	119.75	20:04:51	10:03	6	6:35:48	32	8:30:49
VP21 - Buckow	6.15	1:15:05	12:12	6	25:20	29	38:29	125.90	21:19:56	10:09	6	7:01:08	34	9:09:18
VP22 - Rudow	4.97	59:16	11:55	5	16:03	24	27:07	130.87	22:19:12	10:13	6	7:17:11	29	9:36:25
VP23 - Johannistl	5.89	1:17:35	13:10	6	36:46	29	40:04	136.76	23:36:47	10:21	6	7:44:34	28	10:16:29
VP24 - Dammwe	5.64	1:02:38	11:06	5	16:22	18	27:02	142.40	24:39:25	10:23	6	8:00:53	27	10:43:31
VP25 - Eas Side	6.33	1:15:06	11:51	5	18:11	20	35:00	148.73	25:54:31	10:27	6	8:19:04	27	11:18:31
VP26 - Checkpoir	4.22	44:31	10:32	4	9:41	20	18:22	152.95	26:39:02	10:27	6	8:28:45	27	11:36:53
VP27 - Gedenkst.	4.12	49:43	12:04	4	13:10	21	22:11	157.07	27:28:45	10:29	6	8:38:53	27	11:59:04
Friedrich-Ludwig	4.78	45:50	9:35	5	9:18	17	17:52	161.85	28:14:35	10:28	6	8:44:55	27	12:16:56