



100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

Detalizēti rezultāti

Schramm, Kati

Klubs: KATIS PACE TEAM
Numurs: 117

Posms: 161.85 km
100MeilenBerlin

Grupa:
Seniorinnen W45 (45-49 Jahre)

Kopējais laiks: 28:45:07

Ātrums: 5.60 km/h
Skrējiena izpildījums: 10:40 min/km

Vieta distancē/Kopā: 193 (no 296)

Vieta distancē/Sievietes: 29 (no 49)

Distances labākais laiks: 15:57:39

Vieta grupā: 8(no 12)

Grupas labākais laiks: 15:57:39

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums			Kopā			Vietāztrūkums:Vietāztrūkums				
	Posma km	Posma Laiks	Posma min/km	Vietāztrūkums grupā	Vietāztrūkums grupā	Vietāztrūkums sievietes	Kopā km	Kopā Laiks	Kopā min/km	Vietāztrūkums grupā	Vietāztrūkums grupā	Vietāztrūkums sievietes		
VP1 - S-Bahnhof	6.93	44:26	6:24	5	6:17	14	6:17	6.93	44:26	6:24	5	6:17	14	6:17
VP2 - Laufftreff L	5.70	38:17	6:42	6	5:40	19	6:13	12.63	1:22:43	6:32	5	11:57	15	12:08
VP3 - Oranienbur	5.47	38:20	7:00	7	9:03	24	9:03	18.10	2:01:03	6:41	6	21:00	21	21:00
VP4 - Naturschut	4.97	38:15	7:41	7	10:07	21	10:07	23.07	2:39:18	6:54	6	31:07	20	31:07
VP5 - Frohnau	6.80	51:31	7:34	8	14:48	29	14:48	29.87	3:30:49	7:03	6	45:55	20	45:55
VP6 - Ruderclub	4.06	36:32	8:59	6	14:32	24	14:32	33.93	4:07:21	7:17	7	1:00:27	21	1:00:27
VP7 - Grenzturm	4.75	35:21	7:26	6	9:42	18	9:42	38.68	4:42:42	7:18	7	1:10:09	19	1:10:09
VP8 - Schönwald	7.53	1:04:46	8:36	9	23:10	27	23:10	46.21	5:47:28	7:31	6	1:33:19	19	1:33:19
VP9 - Falkenseer	5.69	48:21	8:29	8	16:24	22	16:24	51.90	6:35:49	7:37	6	1:49:43	19	1:49:43
VP10 - Karolinenl	6.60	59:42	9:02	8	22:27	22	22:27	58.50	7:35:31	7:47	6	2:12:10	19	2:12:10
VP11 - Pagel & Fi	4.90	53:21	10:53	10	25:33	36	25:33	63.40	8:28:52	8:01	7	2:37:43	21	2:37:43
VP12 - Schloss S	7.62	1:17:08	10:07	5	33:22	17	33:22	71.02	9:46:00	8:15	5	3:11:05	19	3:11:05
VP13 - Revierförs	6.21	1:04:58	10:27	10	28:15	38	28:15	77.23	10:50:58	8:25	6	3:39:20	21	3:39:20
VP14 - Brauhaus	6.00	57:54	9:39	7	20:34	23	20:34	83.23	11:48:52	8:31	7	3:59:54	21	3:59:54
VP15 - Gedenkst.	6.90	1:20:23	11:38	10	41:48	33	41:48	90.13	13:09:15	8:45	8	4:41:42	22	4:41:42
VP16 - Königswe	6.87	1:11:15	10:22	6	29:40	21	29:40	97.00	14:20:30	8:52	8	5:11:22	23	5:11:22
VP17 - Sportplatz	6.20	1:43:51	16:45	10	1:08:52	39	1:08:52	103.20	16:04:21	9:20	9	6:20:14	26	6:20:14
VP18 - Osdorfer	6.49	1:12:04	11:06	8	25:07	25	32:36	109.69	17:16:25	9:26	9	6:45:21	27	6:45:21
VP19 - Lichtenra	5.71	1:08:05	11:55	8	32:00	31	32:00	115.40	18:24:30	9:34	9	7:17:21	27	7:17:21
VP20 - Kirchhain	4.35	1:00:12	13:50	8	33:19	31	33:19	119.75	19:24:42	9:43	9	7:50:40	28	7:50:40
VP21 - Buckow	6.15	1:28:07	14:19	9	51:31	35	51:31	125.90	20:52:49	9:57	9	8:42:11	29	8:42:11
VP22 - Rudow	4.97	1:31:32	18:25	10	59:23	36	59:23	130.87	22:24:21	10:16	9	9:41:34	32	9:41:34
VP23 - Johannistl	5.89	1:28:20	14:59	9	50:49	33	50:49	136.76	23:52:41	10:28	8	10:32:23	29	10:32:23
VP24 - Dammwe	5.64	1:04:44	11:28	6	29:08	21	29:08	142.40	24:57:25	10:30	8	11:01:31	29	11:01:31
VP25 - Eas Side	6.33	1:13:53	11:40	6	33:47	18	33:47	148.73	26:11:18	10:33	8	11:35:18	29	11:35:18
VP26 - Checkpoir	4.22	43:29	10:18	7	17:20	19	17:20	152.95	26:54:47	10:33	8	11:52:38	29	11:52:38
VP27 - Gedenkst.	4.12	51:21	12:27	6	23:49	26	23:49	157.07	27:46:08	10:36	8	12:16:27	29	12:16:27
Friedrich-Ludwig	4.78	58:59	12:20	9	31:01	33	31:01	161.85	28:45:07	10:39	8	12:47:28	29	12:47:28