



# 100MeilenBerlin □ Der Mauerweglauf

Berlin / 15.08.2015

## Detalizēti rezultāti

**Prause, Christel**

Klubs: streakrunner.de/TEA

Numurs: 192

Posms: 161.85 km

100MeilenBerlin

Grupa:

Seniorinnen W55 (55-59 Jahre)

**Kopējais laiks: 29:59:59**

Ātrums: 5.37 km/h

Skrējiena izpildījums: 11:07 min/km

Vieta distancē/Kopā: 212 (no 296)

Vieta distancē/Sievietes: 33 (no 49)

Distances labākais laiks: 15:57:39

Vieta grupā: 3(no 6)

Grupas labākais laiks: 26:35:32

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts       | Posma rezultāts |             |              | Kopējais rezultāts  |                     |                     |         |
|---------------------|-----------------|-------------|--------------|---------------------|---------------------|---------------------|---------|
|                     | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vietāztrūkums grupā |         |
| VP1 - S-Bahnhof     | 6.93            | 51:25       | 7:25         | 5                   | 7:19                | 39                  | 13:16   |
| VP2 - Laufftreff Li | 5.70            | 46:49       | 8:12         | 6                   | 10:43               | 47                  | 14:45   |
| VP3 - Oranienbur    | 5.47            | 42:03       | 7:41         | 4                   | 7:35                | 34                  | 12:46   |
| VP4 - Naturschut    | 4.97            | 42:01       | 8:27         | 3                   | 6:41                | 31                  | 13:53   |
| VP5 - Frohnau       | 6.80            | 53:54       | 7:55         | 4                   | 9:25                | 32                  | 17:11   |
| VP6 - Ruderclub     | 4.06            | 43:23       | 10:41        | 5                   | 14:39               | 42                  | 21:23   |
| VP7 - Grenzturm     | 4.75            | 43:54       | 9:14         | 5                   | 11:41               | 38                  | 18:15   |
| VP8 - Schönwald     | 7.53            | 1:11:57     | 9:33         | 5                   | 15:06               | 37                  | 30:21   |
| VP9 - Falkenseer    | 5.69            | 59:21       | 10:25        | 5                   | 14:18               | 41                  | 27:24   |
| VP10 - Karolinenl   | 6.60            | 1:12:46     | 11:01        | 5                   | 17:19               | 42                  | 35:31   |
| VP11 - Pagel & Fi   | 4.90            | 1:00:09     | 12:16        | 5                   | 17:08               | 44                  | 32:21   |
| VP12 - Schloss S    | 7.62            | 1:39:52     | 13:06        | 6                   | 32:31               | 44                  | 56:06   |
| VP13 - Revierförs   | 6.21            | 59:18       | 9:32         | 4                   | 2:47                | 29                  | 22:35   |
| VP14 - Brauhaus     | 6.00            | 1:05:02     | 10:50        | 4                   | 9:36                | 36                  | 27:42   |
| VP15 - Gedenkst.    | 6.90            | 1:23:39     | 12:07        | 3                   | 21:53               | 37                  | 45:04   |
| VP16 - Königswe     | 6.87            | 1:23:23     | 12:08        | 3                   | 15:30               | 34                  | 41:48   |
| VP17 - Sportplatz   | 6.20            | 2:10:07     | 20:59        | 4                   | 1:09:46             | 40                  | 1:35:08 |
| VP18 - Osdorfer     | 6.49            | 1:16:13     | 11:44        | 3                   | 14:23               | 30                  | 36:45   |
| VP19 - Lichtenra    | 5.71            | 1:22:45     | 14:29        | 4                   | 22:53               | 38                  | 46:40   |
| VP20 - Kirchhain    | 4.35            | 1:04:48     | 14:53        | 3                   | 18:27               | 35                  | 37:55   |
| VP21 - Buckow       | 6.15            | 1:18:31     | 12:46        | 3                   | 6:58                | 31                  | 41:55   |
| VP22 - Rudow        | 4.97            | 57:54       | 11:38        | 2                   | 1:01                | 20                  | 25:45   |
| VP23 - Johannistl   | 5.89            | 58:07       | 9:52         | 1                   | -                   | 14                  | 20:36   |
| VP24 - Dammwe       | 5.64            | 1:01:18     | 10:52        | 2                   | 6:51                | 17                  | 25:42   |
| VP25 - Eas Side     | 6.33            | 1:14:10     | 11:43        | 3                   | 8:37                | 19                  | 34:04   |
| VP26 - Checkpoir    | 4.22            | 46:27       | 11:00        | 3                   | 6:30                | 25                  | 20:18   |
| VP27 - Gedenkst.    | 4.12            | 50:57       | 12:21        | 3                   | 9:14                | 25                  | 23:25   |
| Friedrich-Ludwig    | 4.78            | 39:46       | 8:19         | 2                   | 0:26                | 7                   | 11:48   |