



Detalizēti rezultāti

Hercher, Steffen

Klubs: Trailrunning Harz - Helios Team
Numurs: 607

Posms: 16.00 km
Expert

Grupa:
Senioren M35 (35-39 Jahre)

Kopējais laiks: 1:30:18

Ātrums: 10.63 km/h
Skrējiena izpildījums: 5:38 min/km

Vieta distancē/Kopā: 31 (no 304)
Vieta distancē/Vīrieši: 30 (no 252)
Distances labākais laiks: 1:05:10

Vieta grupā: 5(no 42)
Grupās labākais laiks: 1:05:21

| Kontrolpunkts | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|------------------|-----------------|-------------|--------------|---------------------|----------------------|-----------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|-----------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkum: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkum: Vīrieši | Vietāztrūkums: Vīrieši |
| Himmelsleiter + | - | 1:40 | - | 5 | 0:38 | 18 | 0:38 | - | 1:40 | - | 5 | 0:38 | 18 | 0:38 |
| Himmelsleiter + | - | 3:29 | - | 6 | 0:57 | 29 | 0:57 | - | 5:09 | - | 6 | 1:35 | 24 | 1:35 |
| Nordwand + Dov | - | 5:03 | - | 5 | 1:20 | 26 | 1:20 | - | 10:12 | - | 6 | 2:55 | 26 | 2:55 |
| Nordwand + Dov | - | 1:41 | - | 7 | 0:30 | 33 | 0:32 | - | 11:53 | - | 6 | 3:25 | 26 | 3:25 |
| Duckmäuser Eins | - | 14:54 | - | 4 | 2:12 | 22 | 4:14 | - | 26:47 | - | 3 | 3:32 | 21 | 7:31 |
| Duckmäuser Aus | - | 0:20 | - | 4 | 0:05 | 26 | 0:07 | - | 27:07 | - | 3 | 3:28 | 21 | 7:37 |
| Pneumant Einstie | - | 0:30 | - | 5 | 0:16 | 21 | 0:16 | - | 27:37 | - | 3 | 3:34 | 19 | 7:45 |
| Pneumant Aussti | - | 0:06 | - | 10 | 0:05 | 43 | 0:05 | - | 27:43 | - | 3 | 3:35 | 18 | 7:45 |
| Heuschupfen Ei | - | 10:25 | - | 6 | 2:55 | 29 | 3:06 | - | 38:08 | - | 3 | 5:04 | 18 | 10:51 |
| Heuschupfen Ai | - | 0:06 | - | 10 | 0:02 | 50 | 0:02 | - | 38:14 | - | 3 | 5:04 | 18 | 10:53 |
| Schlammbowle E | - | 2:21 | - | 5 | 0:38 | 27 | 0:38 | - | 40:35 | - | 3 | 5:16 | 18 | 11:30 |
| Schlammbowle A | - | 0:52 | - | 11 | 0:18 | 41 | 0:18 | - | 41:27 | - | 3 | 5:31 | 18 | 11:47 |
| Himmelsleiter + | - | 3:50 | - | 5 | 1:07 | 25 | 1:07 | - | 45:17 | - | 3 | 6:00 | 18 | 12:47 |
| Himmelsleiter + | - | 3:57 | - | 7 | 1:10 | 31 | 1:10 | - | 49:14 | - | 3 | 6:27 | 18 | 13:51 |
| Nordwand + Dov | - | 5:27 | - | 5 | 1:29 | 28 | 1:29 | - | 54:41 | - | 3 | 7:04 | 18 | 15:17 |
| Nordwand + Dov | - | 1:41 | - | 7 | 0:37 | 32 | 0:37 | - | 56:22 | - | 3 | 7:15 | 18 | 15:47 |
| Duckmäuser Eins | - | 15:17 | - | 5 | 4:26 | 29 | 15:00 | - | 1:11:39 | - | 3 | 9:24 | 18 | 20:15 |
| Duckmäuser Aus | - | 0:25 | - | 18 | 0:09 | 88 | 0:14 | - | 1:12:04 | - | 3 | 9:29 | 18 | 20:27 |
| Pneumant Einstie | - | 0:36 | - | 3 | 0:14 | 29 | 0:16 | - | 1:12:40 | - | 3 | 9:41 | 18 | 20:43 |
| Pneumant Aussti | - | 0:07 | - | 15 | 0:05 | 80 | 0:05 | - | 1:12:47 | - | 3 | 9:44 | 18 | 20:48 |
| Heuschupfen Ei | - | 10:21 | - | 4 | 2:54 | 30 | 3:00 | - | 1:23:08 | - | 3 | 11:12 | 18 | 23:48 |
| Heuschupfen Ai | - | 0:06 | - | 10 | 0:02 | 58 | 0:02 | - | 1:23:14 | - | 3 | 11:13 | 18 | 23:50 |
| Schlammbowle E | - | 2:22 | - | 3 | 0:39 | 32 | 0:41 | - | 1:25:36 | - | 3 | 11:34 | 18 | 24:30 |
| Schlammbowle A | - | 0:58 | - | 10 | 0:24 | 53 | 0:24 | - | 1:26:34 | - | 3 | 11:49 | 18 | 24:52 |
| Sportplatz Mühlb | 8.00 | 3:44 | - | 8 | 0:26 | 54 | 0:33 | 16.00 | 1:30:18 | 5:38 | 5 | 24:57 | 30 | 25:08 |