



Detalizēti rezultāti

Heinicke, Marco

Klubs: Road runners
Numurs: 581

Posms: 16.00 km
Expert

Grupa:
Senioren M30 (30-34 Jahre)

Kopējais laiks: 2:07:07

Ātrums: 7.55 km/h
Skrējiena izpildījums: 7:56 min/km

Vieta distancē/Kopā: 235 (no 304)
Vieta distancē/Vīrieši: 211 (no 252)
Distances labākais laiks: 1:05:10

Vieta grupā: 44(no 53)
Grupas labākais laiks: 1:09:26

| Kontrolpunkts | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|------------------|-----------------|-------------|--------------|---------------------|----------------------|-----------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|-----------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkum: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkum: Vīrieši | Vietāztrūkums: Vīrieši |
| Himmelsleiter + | - | 4:01 | - | 37 | 2:54 | 190 | 2:59 | - | 4:01 | - | 37 | 2:54 | 190 | 2:59 |
| Himmelsleiter + | - | 5:18 | - | 38 | 2:29 | 199 | 2:46 | - | 9:19 | - | 39 | 5:23 | 197 | 5:45 |
| Nordwand + Dov | - | 6:46 | - | 42 | 2:51 | 208 | 3:03 | - | 16:05 | - | 40 | 8:14 | 202 | 8:48 |
| Nordwand + Dov | - | 2:19 | - | 38 | 1:03 | 178 | 1:10 | - | 18:24 | - | 41 | 9:07 | 204 | 9:56 |
| Duckmäuser Eins | - | fehlt! | - | - | - | - | - | - | - | - | - | - | - | - |
| Duckmäuser Aus | - | 20:47 | - | 41 | 20:30 | 208 | 20:34 | - | 39:11 | - | 45 | 18:15 | 214 | 19:41 |
| Pneumant Einstie | - | 0:56 | - | 20 | 0:36 | 99 | 0:42 | - | 40:07 | - | 50 | 18:51 | 230 | 20:15 |
| Pneumant Aussti | - | 0:07 | - | 13 | 0:05 | 72 | 0:06 | - | 40:14 | - | 52 | 18:54 | 247 | 20:16 |
| Heuschnupfen Ei | - | 13:35 | - | 42 | 5:40 | 199 | 6:16 | - | 53:49 | - | 52 | 24:34 | 242 | 26:32 |
| Heuschnupfen Ai | - | 0:09 | - | 47 | 0:05 | 210 | 0:05 | - | 53:58 | - | 52 | 24:38 | 242 | 26:37 |
| Schlammbowle E | - | 3:09 | - | 42 | 1:23 | 211 | 1:26 | - | 57:07 | - | 51 | 26:01 | 241 | 28:02 |
| Schlammbowle A | - | 1:28 | - | 45 | 0:52 | 207 | 0:54 | - | 58:35 | - | 52 | 26:53 | 248 | 28:55 |
| Himmelsleiter + | - | 5:01 | - | 29 | 2:00 | 158 | 2:18 | - | 1:03:36 | - | 51 | 28:53 | 244 | 31:06 |
| Himmelsleiter + | - | 5:12 | - | 37 | 2:09 | 187 | 2:25 | - | 1:08:48 | - | 51 | 31:02 | 244 | 33:25 |
| Nordwand + Dov | - | 8:00 | - | 45 | 3:50 | 219 | 4:02 | - | 1:16:48 | - | 51 | 34:52 | 105 | 37:24 |
| Nordwand + Dov | - | 2:23 | - | 39 | 1:00 | 201 | 1:19 | - | 1:19:11 | - | 51 | 35:51 | 244 | 38:36 |
| Duckmäuser Eins | - | 21:58 | - | 35 | 10:07 | 161 | 21:41 | - | 1:41:09 | - | 41 | 45:58 | 191 | 49:45 |
| Duckmäuser Aus | - | 0:24 | - | 15 | 0:09 | 70 | 0:13 | - | 1:41:33 | - | 48 | 46:05 | 223 | 49:56 |
| Pneumant Einstie | - | 1:23 | - | 30 | 1:02 | 137 | 1:03 | - | 1:42:56 | - | 46 | 47:07 | 196 | 50:59 |
| Pneumant Aussti | - | 0:09 | - | 31 | 0:07 | 135 | 0:07 | - | 1:43:05 | - | 51 | 47:12 | 245 | 51:06 |
| Heuschnupfen Ei | - | 14:47 | - | 44 | 6:49 | 206 | 7:26 | - | 1:57:52 | - | 51 | 54:01 | 245 | 58:32 |
| Heuschnupfen Ai | - | 0:08 | - | 42 | 0:04 | 189 | 0:04 | - | 1:58:00 | - | 51 | 54:05 | 243 | 58:36 |
| Schlammbowle E | - | 3:10 | - | 42 | 1:29 | 199 | 1:29 | - | 2:01:10 | - | 52 | 55:34 | 241 | 1:00:04 |
| Schlammbowle A | - | 1:42 | - | 48 | 1:03 | 222 | 1:08 | - | 2:02:52 | - | 52 | 56:37 | 247 | 1:01:10 |
| Sportplatz Mühlb | 8.00 | 4:15 | - | 43 | 1:04 | 207 | 1:04 | 16.00 | 2:07:07 | 7:56 | 44 | 57:41 | 211 | 1:01:57 |