# Helbing King of Cross
Mühlberg / 01.11.2015

## Detalizēti rezultāti

## Schröder, Jana

Klubs: Copacabana Läuferinnen
Numurs: 539

Posms: 16.00 km
Expert

Grupa:
Seniorinnen W45 (45-49 Jahre)

Kopējais laiks: 1:48:22

Ātrums: 8.86 km/h
Skrējiena izpildījums: 6:46 min/km

Vieta distancē/Kopā: 119 (no 304)
Vieta distancē/Sievietes: 7 (no 52)
Distances labākais laiks: 1:26:55

Vieta grupā: 1(no 7)
Grupas labākais laiks: 1:48:22

Vidējie laiki

| Kontrolpunkts | Posma km | Posma Laiks | Posma min/km | Vieta grupā | Atstarpe grupā | Vieta Sievietēs | Atstarpe Sievietēs | Kopā km | Kopā Laiks | Kopā min/km | Vieta grupā | Atstarpe grupā | Vieta Sievietēs | Atstarpe Sievietēs |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
| Himmelsleiter + | - | 3:15 | - | 3 | 1:00 | 12 | 1:14 | - | 3:15 | - | 3 | 1:00 | 12 | 1:14 |
| Himmelsleiter + | - | 4:55 | - | 2 | 1:16 | 9 | 1:24 | - | 8:10 | - | 3 | 2:16 | 12 | 2:38 |
| Nordwand + Dov | - | 5:49 | - | 2 | 0:19 | 7 | 0:49 | - | 13:59 | - | 2 | 2:35 | 10 | 3:17 |
| Nordwand + Dov | - | 2:29 | - | 5 | 0:50 | 26 | 0:53 | - | 16:28 | - | 2 | 3:25 | 11 | 4:07 |
| Duckmäuser Eins | - | 17:07 | - | 1 | - | 4 | 3:06 | - | 33:35 | - | 1 | - | 4 | 7:13 |
| Duckmäuser Aus | - | 0:51 | - | 5 | 0:32 | 30 | 0:32 | - | 34:26 | - | 1 | - | 4 | 7:43 |
| Pneumant Einstie | - | 0:33 | - | 1 | - | 5 | 0:15 | - | 34:59 | - | 1 | - | 4 | 7:45 |
| Pneumant Ausstie | - | 0:09 | - | 2 | 0:02 | 10 | 0:05 | - | 35:08 | - | 1 | - | 4 | 7:47 |
| Heuschnupfen Ei | - | 12:08 | - | 1 | - | 8 | 2:17 | - | 47:16 | - | 1 | - | 4 | 10:04 |
| Heuschnupfen Au | - | 0:14 | - | 6 | 0:08 | 51 | 0:09 | - | 47:30 | - | 1 | - | 4 | 10:12 |
| Schlammbowle E | - | 2:40 | - | 1 | - | 5 | 0:25 | - | 50:10 | - | 1 | - | 4 | 10:37 |
| Schlammbowle A | - | 1:21 | - | 2 | 0:17 | 14 | 0:28 | - | 51:31 | - | 1 | - | 4 | 11:01 |
| Himmelsleiter + | - | 4:16 | - | 1 | - | 5 | 0:38 | - | 55:47 | - | 1 | - | 4 | 11:39 |
| Himmelsleiter + | - | 4:27 | - | 1 | - | 5 | 0:33 | - | 1:00:14 | - | 1 | - | 4 | 12:12 |
| Nordwand + Dov | - | 6:23 | - | 2 | 0:08 | 8 | 1:13 | - | 1:06:37 | - | 1 | - | 4 | 13:25 |
| Nordwand + Dov | - | 2:20 | - | 4 | 0:24 | 18 | 0:45 | - | 1:08:57 | - | 1 | - | 4 | 14:10 |
| Duckmäuser Eins | - | 17:46 | - | 1 | - | 6 | 3:02 | - | 1:26:43 | - | 1 | - | 4 | 17:12 |
| Duckmäuser Aus | - | 0:34 | - | 4 | 0:15 | 28 | 0:17 | - | 1:27:17 | - | 1 | - | 4 | 17:25 |
| Pneumant Einstie | - | 0:33 | - | 1 | - | 3 | 0:08 | - | 1:27:50 | - | 1 | - | 4 | 17:24 |
| Pneumant Ausstie | - | 0:08 | - | 1 | - | 8 | 0:02 | - | 1:27:58 | - | 1 | - | 4 | 17:26 |
| Heuschnupfen Ei | - | 12:14 | - | 2 | 0:05 | 8 | 2:34 | - | 1:40:12 | - | 1 | - | 4 | 20:00 |
| Heuschnupfen Au | - | 0:10 | - | 5 | 0:05 | 36 | 0:05 | - | 1:40:22 | - | 1 | - | 4 | 20:04 |
| Schlammbowle E | - | 2:45 | - | 2 | 0:11 | 9 | 0:37 | - | 1:43:07 | - | 1 | - | 4 | 20:41 |
| Schlammbowle A | - | 1:22 | - | 3 | 0:06 | 19 | 0:28 | - | 1:44:29 | - | 1 | - | 4 | 21:09 |
| Sportplatz Mühlb | 8.00 | 3:53 | - | 2 | 0:01 | 12 | 0:18 | 16.00 | 1:48:22 | 6:46 | 1 | - | 7 | 21:27 |