



Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

Detalizēti rezultāti

Bjørseth, Gerd

Klubs: Krokstadøra IL

Kopējais laiks: 52:42

Skrējiena izpildījums: 14:07 min/km

Posms: 3.73 km / 17 Controls

Grupa:

Women 60-

Vieta grupā: 5(no 11)

Grupas labākais laiks: 39:05

Starpība: 13:37

Vidējie laiki

| Controls | Posma Laiks | Vieta grupā | iztrūkums grupā | iztrūkums % | Kopā Laiks | Vieta grupā | iztrūkums grupā | iztrūkums % |
|----------|----------------|----------------|--------------------|----------------|---------------|----------------|--------------------|----------------|
| 1 (82) | 9:04 | 9 | 5:55 | 187.8 | 9:04 | 9 | 5:55 | 187.8 |
| 2 (87) | 2:41 | 2 | 0:19 | 13.4 | 11:45 | 6 | 5:56 | 102.0 |
| 3 (129) | 1:25 | 2 | 0:06 | 7.6 | 13:10 | 6 | 6:02 | 84.6 |
| 4 (86) | 6:28 | 10 | 4:50 | 295.9 | 19:38 | 6 | 10:52 | 124.0 |
| 5 (89) | 1:47 | 4 | 0:08 | 8.1 | 21:25 | 6 | 11:00 | 105.6 |
| 6 (109) | 2:39 | 1 | - | - | 24:04 | 6 | 10:02 | 71.5 |
| 7 (84) | 0:53 | 4 | 0:05 | 10.4 | 24:57 | 6 | 10:02 | 67.3 |
| 8 (111) | 3:09 | 7 | 0:37 | 24.3 | 28:06 | 6 | 10:38 | 60.9 |
| 9 (94) | 4:15 | 6 | 1:12 | 39.3 | 32:21 | 5 | 11:24 | 54.4 |
| 10 (115) | 4:15 | 8 | 1:29 | 53.6 | 36:36 | 5 | 12:29 | 51.8 |
| 11 (96) | 2:59 | 6 | 0:37 | 26.1 | 39:35 | 5 | 12:45 | 47.5 |
| 12 (116) | 2:09 | 7 | 0:35 | 37.2 | 41:44 | 5 | 13:11 | 46.2 |
| 13 (78) | 6:11 | 3 | 0:54 | 17.0 | 47:55 | 5 | 13:16 | 38.3 |
| 14 (53) | 1:03 | 4 | 0:07 | 12.5 | 48:58 | 5 | 13:21 | 37.5 |
| 15 (120) | 1:41 | 6 | 0:14 | 16.1 | 50:39 | 5 | 13:28 | 36.2 |
| 16 (131) | 0:51 | 2 | 0:05 | 10.9 | 51:30 | 5 | 13:33 | 35.7 |
| 17 (100) | 0:42 | 6 | 0:07 | 20.0 | 52:12 | 5 | 13:37 | 35.3 |
| finišs | 0:30 | 2 | 0:01 | 3.5 | 52:42 | 5 | 13:37 | 34.8 |