



# Rīgas kausi / Riga Cup 2015

Riga / 18.04.2015

## Detalizēti rezultāti

Šiliņš, Ainārs

Klubs: Alnis-JNSC OK

Kopējais laiks: 45:18

Skrējiena izpildījums: 8:27 min/km

Posms: 5.36 km / 24 Controls

Grupa:

Men 45-

Vieta grupā: 11(no 38)

Grupas labākais laiks: 32:38

Starpība: 12:40

## Vidējie laiki

| Controls | Posma<br>Laiks | Vieta<br>grupā | iztrūkums<br>grupā | iztrūkums<br>% | Kopā<br>Laiks | Vieta<br>grupā | iztrūkums<br>grupā | iztrūkums<br>% |
|----------|----------------|----------------|--------------------|----------------|---------------|----------------|--------------------|----------------|
| 1 (105)  | 3:30           | 26             | 1:49               | 107.9          | 3:30          | 26             | 1:49               | 107.9          |
| 2 (130)  | 0:29           | 5              | 0:05               | 20.8           | 3:59          | 25             | 1:44               | 77.0           |
| 3 (81)   | 1:48           | 6              | 0:20               | 22.7           | 5:47          | 16             | 2:04               | 55.6           |
| 4 (134)  | 1:31           | 17             | 0:38               | 71.7           | 7:18          | 15             | 2:41               | 58.1           |
| 5 (107)  | 2:37           | 7              | 0:24               | 18.1           | 9:55          | 13             | 2:40               | 36.8           |
| 6 (88)   | 1:39           | 9              | 0:17               | 20.7           | 11:34         | 10             | 2:39               | 29.7           |
| 7 (111)  | 1:15           | 18             | 0:21               | 38.9           | 12:49         | 9              | 2:50               | 28.4           |
| 8 (108)  | 2:04           | 7              | 0:26               | 26.5           | 14:53         | 8              | 3:16               | 28.1           |
| 9 (129)  | 1:01           | 17             | 0:14               | 29.8           | 15:54         | 8              | 3:24               | 27.2           |
| 10 (91)  | 3:57           | 13             | 1:02               | 35.4           | 19:51         | 8              | 4:16               | 27.4           |
| 11 (94)  | 0:59           | 14             | 0:13               | 28.3           | 20:50         | 8              | 4:22               | 26.5           |
| 12 (112) | 1:53           | 28             | 0:39               | 52.7           | 22:43         | 8              | 5:01               | 28.3           |
| 13 (90)  | 1:18           | 24             | 0:25               | 47.2           | 24:01         | 8              | 5:19               | 28.4           |
| 14 (125) | 0:42           | 15             | 0:12               | 40.0           | 24:43         | 8              | 5:31               | 28.7           |
| 15 (92)  | 4:12           | 20             | 1:19               | 45.7           | 28:55         | 8              | 6:50               | 30.9           |
| 16 (133) | 2:09           | 9              | 0:23               | 21.7           | 31:04         | 7              | 7:13               | 30.3           |
| 17 (117) | 1:17           | 12             | 0:16               | 26.2           | 32:21         | 7              | 7:29               | 30.1           |
| 18 (98)  | 0:53           | 15             | 0:13               | 32.5           | 33:14         | 7              | 7:42               | 30.2           |
| 19 (128) | 3:38           | 20             | 0:52               | 31.3           | 36:52         | 8              | 8:24               | 29.5           |
| 20 (78)  | 0:20           | 14             | 0:06               | 42.9           | 37:12         | 8              | 8:28               | 29.5           |
| 21 (53)  | 0:53           | 28             | 0:17               | 47.2           | 38:05         | 8              | 8:44               | 29.8           |
| 22 (121) | 4:29           | 32             | 3:19               | 284.3          | 42:34         | 11             | 12:03              | 39.5           |
| 23 (104) | 1:44           | 12             | 0:25               | 31.7           | 44:18         | 11             | 12:28              | 39.2           |
| 24 (100) | 0:37           | 21             | 0:10               | 37.0           | 44:55         | 11             | 12:38              | 39.1           |
| finišs   | 0:23           | 8              | 0:05               | 27.8           | 45:18         | 11             | 12:40              | 38.8           |