



# Rīgas kausi / Riga Cup 2015

Rīga / 18.04.2015

## Detalizēti rezultāti

Lorencs, Jānis

Klubs: Ziemeļkurzeme OK

Kopējais laiks: 47:54

Skrējiena izpildījums: 9:35 min/km

Posms: 4.99 km / 22 Controls

Grupa:

Men 50-

Vieta grupā: 17(no 29)

Grupas labākais laiks: 32:54

Starpība: 15:00

## Vidējie laiki

| Controls | Posma<br>Laiks | Vieta<br>grupā | iztrūkums<br>grupā | iztrūkums<br>% | Kopā<br>Laiks | Vieta<br>grupā | iztrūkums<br>grupā | iztrūkums<br>% |
|----------|----------------|----------------|--------------------|----------------|---------------|----------------|--------------------|----------------|
| 1 (127)  | 3:27           | 16             | 1:32               | 80.0           | 3:27          | 16             | 1:32               | 80.0           |
| 2 (106)  | 3:01           | 28             | 2:24               | 389.2          | 6:28          | 24             | 3:49               | 144.0          |
| 3 (108)  | 3:14           | 16             | 1:26               | 79.6           | 9:42          | 22             | 4:31               | 87.1           |
| 4 (124)  | 2:08           | 17             | 0:42               | 48.8           | 11:50         | 23             | 5:13               | 78.8           |
| 5 (110)  | 3:05           | 27             | 1:59               | 180.3          | 14:55         | 24             | 7:12               | 93.3           |
| 6 (129)  | 1:47           | 7              | 0:23               | 27.4           | 16:42         | 22             | 7:08               | 74.6           |
| 7 (89)   | 6:28           | 29             | 5:08               | 385.0          | 23:10         | 26             | 12:13              | 111.6          |
| 8 (125)  | 3:08           | 15             | 0:53               | 39.3           | 26:18         | 26             | 12:51              | 95.5           |
| 9 (113)  | 2:22           | 10             | 0:20               | 16.4           | 28:40         | 26             | 13:06              | 84.2           |
| 10 (91)  | 1:05           | 22             | 0:24               | 58.5           | 29:45         | 26             | 13:28              | 82.7           |
| 11 (112) | 2:48           | 18             | 1:04               | 61.5           | 32:33         | 26             | 14:30              | 80.3           |
| 12 (88)  | 1:39           | 9              | 0:17               | 20.7           | 34:12         | 25             | 14:39              | 74.9           |
| 13 (96)  | 3:19           | 8              | 0:27               | 15.7           | 37:31         | 24             | 14:56              | 66.1           |
| 14 (98)  | 1:28           | 2              | 0:02               | 2.3            | 38:59         | 23             | 14:55              | 62.0           |
| 15 (118) | 1:01           | 3              | 0:03               | 5.2            | 40:00         | 22             | 14:56              | 59.6           |
| 16 (101) | 2:21           | 7              | 0:07               | 5.2            | 42:21         | 21             | 15:00              | 54.8           |
| 17 (78)  | 0:52           | 2              | 0:01               | 2.0            | 43:13         | 19             | 15:00              | 53.2           |
| 18 (53)  | 0:38           | 1              | -                  | -              | 43:51         | 19             | 14:59              | 51.9           |
| 19 (126) | 1:11           | 2              | 0:01               | 1.4            | 45:02         | 17             | 14:59              | 49.9           |
| 20 (103) | 0:51           | 2              | 0:01               | 2.0            | 45:53         | 17             | 14:57              | 48.3           |
| 21 (122) | 0:47           | 9              | 0:06               | 14.6           | 46:40         | 17             | 14:59              | 47.3           |
| 22 (100) | 0:53           | 4              | 0:05               | 10.4           | 47:33         | 17             | 15:03              | 46.3           |
| finišs   | 0:21           | 2              | 0:02               | 10.5           | 47:54         | 17             | 15:00              | 45.6           |