



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detalizēti rezultāti

Jessen, Berit

Klubs: Berits Løbeskole/LG Mauerweg Berlin
Numurs: 12

Posms: 161.90 km
100MeilenBerlin

Grupa:
Seniorinnen W40 (40-44 Jahre)

Kopējais laiks: 26:49:28

Ātrums: 6.00 km/h
Skrējiena izpildījums: 9:56 min/km

Vieta distancē/Kopā: 168 (no 319)
Vieta distancē/Sievietes: 30 (no 62)
Distances labākais laiks: 17:03:32

Vieta grupā: 7(no 11)
Grupās labākais laiks: 18:39:44

Kontrolpunkts	Posma rezultāts							Kopējais rezultāts						
	Posma km	Posma Laiks	Posma min/km	Vietāztrūkum: grupā	Vietāztrūkums: grupā	Vietāztrūkums: sievietes	Vietāztrūkums: sievietes	Kopā km	Kopā Laiks	Kopā min/km	Vietāztrūkum: grupā	Vietāztrūkums: grupā	Vietāztrūkums: sievietes	Vietāztrūkums: sievietes
VP1 - Brandenbu	7.30	53:22	7:18	8	12:05	38	12:24	7.30	53:22	7:18	8	12:05	38	12:24
VP2 - East Side G	6.46	47:31	7:21	7	10:54	32	12:43	13.76	1:40:53	7:19	8	22:59	34	25:07
VP3 - Dammweg	5.90	42:30	7:12	7	8:39	31	11:33	19.66	2:23:23	7:17	8	31:38	33	36:40
VP4 - Johannisth	5.64	40:50	7:14	7	10:17	28	10:59	25.30	3:04:13	7:16	8	41:55	32	47:39
VP5 - U-Bahnhof	5.90	42:37	7:13	5	8:36	22	10:53	31.20	3:46:50	7:16	8	50:31	29	58:32
VP6 - Buckow	4.92	36:36	7:26	4	6:53	23	8:41	36.12	4:23:26	7:17	6	57:24	28	1:07:13
VP7 - Kirchhainer	6.17	46:59	7:36	6	10:41	25	11:38	42.29	5:10:25	7:20	6	1:08:05	26	1:18:51
VP8 - Lichtenradi	4.37	32:54	7:31	5	6:34	25	9:10	46.66	5:43:19	7:21	6	1:14:39	26	1:28:01
VP9 - Osdorfer St	5.71	43:58	7:41	7	8:06	30	11:56	52.37	6:27:17	7:23	6	1:22:45	26	1:38:59
VP10 - Sportplatz	6.50	1:03:16	9:43	6	24:17	25	26:50	58.87	7:30:33	7:39	6	1:47:02	25	2:05:00
VP11 - Königsw	6.22	48:39	7:49	4	8:19	15	11:43	65.09	8:19:12	7:40	6	1:55:21	25	2:11:25
VP12 - Gedenkst	6.85	1:21:36	11:54	9	36:35	53	40:36	71.94	9:40:48	8:04	6	2:31:56	27	2:48:41
VP13 - Brauhaus	6.88	1:03:36	9:14	6	18:21	24	20:19	78.82	10:44:24	8:10	6	2:50:17	28	3:05:25
VP14 - Revierförs	5.70	50:59	8:56	6	8:29	22	11:35	84.52	11:35:23	8:13	6	2:58:46	27	3:12:58
VP15 - Schloss S	6.24	1:19:04	12:40	7	36:09	36	38:49	90.76	12:54:27	8:31	6	3:34:55	27	3:51:47
VP16 - Pagel & Fi	7.60	1:30:47	11:56	8	34:39	45	38:07	98.36	14:25:14	8:47	6	4:09:34	30	4:29:54
VP17 - Karolinenl	4.91	50:02	10:11	6	14:19	28	18:44	103.27	15:15:16	8:51	6	4:23:53	29	4:48:38
VP18 - Falkensee	6.60	1:13:24	11:07	7	24:09	31	32:11	109.87	16:28:40	8:59	6	4:47:37	30	5:20:49
VP19 - Schönwal	5.95	52:56	8:53	3	8:35	10	15:07	115.82	17:21:36	8:59	6	4:51:38	28	5:30:21
VP20 - Grenzturn	7.60	1:15:25	9:55	4	9:14	17	27:00	123.42	18:37:01	9:03	6	5:00:52	28	5:57:21
VP21 - Ruderclub	4.78	1:37:51	20:28	9	1:02:59	49	1:04:57	128.20	20:14:52	9:28	6	6:03:51	29	7:02:18
VP22 - Frohnau	4.07	45:09	11:05	7	16:08	26	18:53	132.27	21:00:01	9:31	6	6:19:59	29	7:20:48
VP23 - Naturschu	6.61	1:46:58	16:10	7	53:56	48	1:00:54	138.88	22:46:59	9:50	6	7:13:55	29	8:21:15
VP24 - Oranienbu	4.98	51:53	10:25	7	13:43	23	18:13	143.86	23:38:52	9:51	6	7:27:38	29	8:39:28
VP25 - Laufftreff l	5.34	59:49	11:12	7	17:24	32	23:45	149.20	24:38:41	9:54	6	7:44:31	29	9:01:01
VP26 - Wilhelmsr	5.72	1:01:37	10:46	9	14:55	35	23:41	154.92	25:40:18	9:56	7	7:59:26	30	9:24:42
VP27 - Wollankst	3.02	30:31	10:06	5	6:02	13	9:07	157.94	26:10:49	9:56	7	8:03:58	30	9:31:41
Friedrich-Ludwig	3.96	38:39	9:45	7	10:41	26	16:28	161.90	26:49:28	9:56	7	8:09:44	30	9:45:56