



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detalizēti rezultāti

Luijken, Johan

Klubs: kein

Numurs: 195

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M50 (50-54 Jahre)

Kopējais laiks: 28:46:36

Ātrums: 5.59 km/h

Skrējiena izpildījums: 10:40 min/km

Vieta distancē/Kopā: 217 (no 319)

Vieta distancē/Vīrieši: 175 (no 257)

Distances labākais laiks: 15:20:48

Vieta grupā: 38(no 50)

Grupas labākais laiks: 15:44:00

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopā			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Brandenbu	7.30	51:16	7:01	34	14:15	176	17:59	7.30	51:16	7:01	34	14:15	176	17:59
VP2 - East Side C	6.46	48:45	7:32	40	16:25	190	18:39	13.76	1:40:01	7:16	39	30:40	184	36:23
VP3 - Dammweg	5.90	43:15	7:19	38	13:12	182	15:40	19.66	2:23:16	7:17	39	43:52	187	50:35
VP4 - Johannisth	5.64	41:51	7:25	36	13:06	166	15:16	25.30	3:05:07	7:19	38	56:58	178	1:05:51
VP5 - U-Bahnhof	5.90	44:42	7:34	29	13:41	157	15:48	31.20	3:49:49	7:21	37	1:10:39	171	1:21:17
VP6 - Buckow	4.92	36:20	7:23	24	9:45	122	11:42	36.12	4:26:09	7:22	36	1:20:20	157	1:32:59
VP7 - Kirchhainer	6.17	48:05	7:47	31	13:25	140	17:01	42.29	5:14:14	7:25	36	1:33:40	153	1:50:00
VP8 - Lichtenrad	4.37	34:23	7:52	35	10:10	156	12:18	46.66	5:48:37	7:28	37	1:42:52	152	2:02:18
VP9 - Osdorfer St	5.71	44:38	7:49	32	14:01	158	15:06	52.37	6:33:15	7:30	37	1:49:41	155	2:17:24
VP10 - Sportplatz	6.50	1:30:15	13:53	43	53:42	218	55:25	58.87	8:03:30	8:12	37	2:31:59	176	3:12:49
VP11 - Königswe	6.22	51:15	8:14	17	12:44	95	17:05	65.09	8:54:45	8:12	37	2:44:35	168	3:22:32
VP12 - Gedenkst	6.85	1:00:56	8:53	22	22:33	117	22:33	71.94	9:55:41	8:16	34	3:07:08	161	3:40:56
VP13 - Brauhaus	6.88	1:04:06	9:19	26	25:26	126	25:26	78.82	10:59:47	8:22	33	3:32:34	152	4:01:22
VP14 - Revierförs	5.70	58:44	10:18	41	26:40	175	26:40	84.52	11:58:31	8:30	34	3:59:14	153	4:25:46
VP15 - Schloss S	6.24	1:41:21	16:14	42	1:02:49	199	1:04:50	90.76	13:39:52	9:02	37	5:02:03	167	5:27:53
VP16 - Pagel & Fi	7.60	1:33:28	12:17	41	49:45	201	49:45	98.36	15:13:20	9:17	39	5:51:48	176	6:13:08
VP17 - Karolinenl	4.91	56:31	11:30	38	28:04	171	28:04	103.27	16:09:51	9:23	38	6:19:52	169	6:38:16
VP18 - Falkensee	6.60	1:20:17	12:09	41	41:55	181	41:55	109.87	17:30:08	9:33	39	7:01:47	170	7:19:13
VP19 - Schönwal	5.95	1:24:15	14:09	42	48:37	188	48:59	115.82	18:54:23	9:47	40	7:50:24	172	8:08:12
VP20 - Grenzturn	7.60	2:03:45	16:16	43	1:18:30	198	1:20:34	123.42	20:58:08	10:11	40	9:08:54	182	9:28:46
VP21 - Ruderclub	4.78	1:50:31	23:07	42	1:20:05	198	1:23:16	128.20	22:48:39	10:40	42	10:28:59	196	10:52:02
VP22 - Frohnau	4.07	51:52	12:44	41	27:23	173	27:23	132.27	23:40:31	10:44	41	10:56:22	194	11:19:19
VP23 - Naturschu	6.61	1:08:16	10:19	16	28:37	85	28:37	138.88	24:48:47	10:43	40	11:24:59	187	11:46:29
VP24 - Oranienbu	4.98	52:32	10:32	13	20:45	82	22:46	143.86	25:41:19	10:42	40	11:45:44	182	12:08:20
VP25 - Laufftreff l	5.34	58:42	10:59	26	26:50	112	28:45	149.20	26:40:01	10:43	39	12:12:34	180	12:34:12
VP26 - Wilhelmsr	5.72	57:54	10:07	24	22:28	123	25:46	154.92	27:37:55	10:42	39	12:35:02	178	12:59:28
VP27 - Wollankst	3.02	39:15	12:59	33	20:02	145	29:40	157.94	28:17:10	10:44	39	12:55:04	178	20:46:01
Friedrich-Ludwig	3.96	29:26	7:25	11	7:32	51	9:01	161.90	28:46:36	10:39	38	13:02:36	175	13:25:48