



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detalizēti rezultāti

**Okada, Takashi**

Klubs: Ginza Sanshu-ya  
Numurs: 188

Posms: 161.90 km  
100MeilenBerlin

Grupa:  
Senioren M45 (45-49 Jahre)

Kopējais laiks: 29:11:58

Ātrums: 5.51 km/h  
Skrējiena izpildījums: 10:49 min/km

Vieta distancē/Kopā: 226 (no 319)  
Vieta distancē/Vīrieši: 182 (no 257)  
Distances labākais laiks: 15:20:48

Vieta grupā: 40(no 59)  
Grupās labākais laiks: 17:12:46

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopējais rezultāts			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Brandenbu	7.30	48:50	6:41	35	13:59	124	15:33	7.30	48:50	6:41	35	13:59	124	15:33
VP2 - East Side C	6.46	42:34	6:35	27	12:28	102	12:28	13.76	1:31:24	6:38	31	26:20	114	27:46
VP3 - Dammweg	5.90	40:04	6:47	33	12:29	119	12:29	19.66	2:11:28	6:41	30	38:47	116	38:47
VP4 - Johannisth	5.64	43:09	7:39	46	16:34	182	16:34	25.30	2:54:37	6:54	35	55:21	130	55:21
VP5 - U-Bahnhof	5.90	45:07	7:38	41	16:13	164	16:13	31.20	3:39:44	7:02	35	1:11:12	134	1:11:12
VP6 - Buckow	4.92	40:56	8:19	44	16:18	176	16:18	36.12	4:20:40	7:13	38	1:27:30	144	1:27:30
VP7 - Kirchhainer	6.17	1:04:51	10:30	52	33:47	227	33:47	42.29	5:25:31	7:41	45	2:01:17	177	2:01:17
VP8 - Lichtenrad	4.37	38:30	8:48	49	16:25	205	16:25	46.66	6:04:01	7:48	47	2:17:42	185	2:17:42
VP9 - Osdorfer St	5.71	46:17	8:06	44	16:45	178	16:45	52.37	6:50:18	7:50	47	2:34:27	183	2:34:27
VP10 - Sportplatz	6.50	1:24:19	12:58	50	49:29	203	49:29	58.87	8:14:37	8:24	49	3:23:56	191	3:23:56
VP11 - Königswe	6.22	1:01:34	9:53	43	26:29	186	27:24	65.09	9:16:11	8:32	47	3:43:58	191	3:43:58
VP12 - Gedenkst	6.85	1:01:47	9:01	35	21:14	121	23:24	71.94	10:17:58	8:35	46	4:03:13	180	4:03:13
VP13 - Brauhaus	6.88	1:17:39	11:17	48	35:10	200	38:59	78.82	11:35:37	8:49	45	4:37:12	185	4:37:12
VP14 - Revierförs	5.70	55:46	9:47	38	21:26	150	23:42	84.52	12:31:23	8:53	43	4:58:38	180	4:58:38
VP15 - Schloss S	6.24	1:42:43	16:27	44	1:03:29	201	1:06:12	90.76	14:14:06	9:24	44	6:02:07	191	6:02:07
VP16 - Pagel & Fi	7.60	1:33:08	12:15	45	44:55	200	49:25	98.36	15:47:14	9:37	44	6:47:02	196	6:47:02
VP17 - Karolinenl	4.91	1:04:32	13:08	43	32:51	197	36:05	103.27	16:51:46	9:47	42	7:18:37	191	7:20:11
VP18 - Falkensee	6.60	1:48:55	16:30	44	1:06:24	206	1:10:33	109.87	18:40:41	10:12	42	8:20:43	200	8:29:46
VP19 - Schönwal	5.95	1:15:35	12:42	41	37:24	170	40:19	115.82	19:56:16	10:19	42	8:54:19	197	9:10:05
VP20 - Grenzturn	7.60	1:33:16	12:16	41	46:15	163	50:05	123.42	21:29:32	10:26	40	9:31:40	193	10:00:10
VP21 - Ruderclub	4.78	1:04:30	13:29	34	32:00	138	37:15	128.20	22:34:02	10:33	40	9:57:47	189	10:37:25
VP22 - Frohnau	4.07	42:49	10:31	26	15:40	104	18:20	132.27	23:16:51	10:33	40	10:12:15	187	10:55:39
VP23 - Naturschu	6.61	1:20:54	12:14	36	34:09	145	41:15	138.88	24:37:45	10:38	40	10:44:30	183	11:35:27
VP24 - Oranienbu	4.98	58:58	11:50	34	26:37	134	29:12	143.86	25:36:43	10:40	40	11:02:59	180	12:03:44
VP25 - Laufftreff l	5.34	59:20	11:06	32	29:23	114	29:23	149.20	26:36:03	10:41	40	11:11:44	178	12:30:14
VP26 - Wilhelmsr	5.72	1:03:55	11:10	36	30:23	160	31:47	154.92	27:39:58	10:42	40	11:24:04	181	13:01:31
VP27 - Wollankst	3.02	44:12	14:38	40	25:50	175	34:37	157.94	28:24:10	10:47	40	11:36:55	180	20:53:01
Friedrich-Ludwig	3.96	47:48	12:04	40	27:23	184	27:23	161.90	29:11:58	10:49	40	11:59:12	182	13:51:10