



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detalizēti rezultāti

Griesgraber, Thomas

Klubs: Deggendorf
Numurs: 301

Posms: 161.90 km
100MeilenBerlin

Grupa:
Senioren M30 (30-34 Jahre)

Kopējais laiks: 29:38:02

Ātrums: 5.43 km/h
Skrējiena izpildījums: 10:59 min/km

Vieta distancē/Kopā: 240 (no 319)
Vieta distancē/Vīrieši: 192 (no 257)
Distances labākais laiks: 15:20:48

Vieta grupā: 10(no 12)
Grupās labākais laiks: 20:09:54

Kontrolpunkts	Posma rezultāts							Kopējais rezultāts						
	Posma km	Posma Laiks	Posma min/km	Vietāztrūkum: grupā	Vietāztrūkums: grupā	Vietāztrūkum: Vīrieši	Vietāztrūkums: Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	Vietāztrūkum: grupā	Vietāztrūkums: grupā	Vietāztrūkum: Vīrieši	Vietāztrūkums: Vīrieši
VP1 - Brandenbu	7.30	51:05	6:59	10	10:10	172	17:48	7.30	51:05	6:59	10	10:10	172	17:48
VP2 - East Side C	6.46	47:00	7:16	9	12:10	168	16:54	13.76	1:38:05	7:07	9	22:20	166	34:27
VP3 - Dammweg	5.90	43:22	7:21	10	12:43	186	15:47	19.66	2:21:27	7:11	10	35:03	176	48:46
VP4 - Johannisth	5.64	43:44	7:45	9	13:34	189	17:09	25.30	3:05:11	7:19	9	48:32	179	1:05:55
VP5 - U-Bahnhof	5.90	45:29	7:42	10	12:43	171	16:35	31.20	3:50:40	7:23	9	1:01:15	176	1:22:08
VP6 - Buckow	4.92	44:11	8:58	9	16:19	207	19:33	36.12	4:34:51	7:36	9	1:14:03	184	1:41:41
VP7 - Kirchhainer	6.17	51:27	8:20	10	16:45	171	20:23	42.29	5:26:18	7:42	9	1:30:10	178	2:02:04
VP8 - Lichtenrad	4.37	34:42	7:56	10	8:46	162	12:37	46.66	6:01:00	7:44	9	1:38:56	173	2:14:41
VP9 - Osdorfer St	5.71	44:35	7:48	9	11:28	157	15:03	52.37	6:45:35	7:44	10	1:50:24	170	2:29:44
VP10 - Sportplatz	6.50	59:30	9:09	7	19:16	99	24:40	58.87	7:45:05	7:54	9	2:09:40	158	2:54:24
VP11 - Königsw	6.22	58:01	9:19	10	14:55	150	23:51	65.09	8:43:06	8:02	10	2:24:35	154	3:10:53
VP12 - Gedenkst	6.85	1:03:34	9:16	9	20:02	137	25:11	71.94	9:46:40	8:09	10	2:44:37	147	3:31:55
VP13 - Brauhaus	6.88	1:12:48	10:34	9	22:23	182	34:08	78.82	10:59:28	8:22	10	3:04:54	150	4:01:03
VP14 - Revierförs	5.70	1:28:51	15:35	10	46:16	212	56:47	84.52	12:28:19	8:51	10	3:51:10	178	4:55:34
VP15 - Schloss S	6.24	1:12:58	11:41	9	30:52	126	36:27	90.76	13:41:17	9:02	10	4:22:02	168	5:29:18
VP16 - Pagel & Fi	7.60	1:40:16	13:11	10	40:26	206	56:33	98.36	15:21:33	9:22	10	5:01:00	182	6:21:21
VP17 - Karolinenl	4.91	58:35	11:55	10	20:23	182	30:08	103.27	16:20:08	9:29	10	5:21:23	175	6:48:33
VP18 - Falkensee	6.60	1:28:35	13:25	10	49:45	197	50:13	109.87	17:48:43	9:43	10	5:57:00	181	7:37:48
VP19 - Schönwal	5.95	1:36:31	16:13	10	46:36	201	1:01:15	115.82	19:25:14	10:03	10	6:43:20	187	8:39:03
VP20 - Grenzturn	7.60	1:34:41	12:27	10	36:53	170	51:30	123.42	20:59:55	10:12	10	7:11:03	184	9:30:33
VP21 - Ruderclub	4.78	1:11:46	15:00	9	33:53	165	44:31	128.20	22:11:41	10:23	10	7:44:56	179	10:15:04
VP22 - Frohnau	4.07	56:46	13:56	10	21:28	185	32:17	132.27	23:08:27	10:29	10	8:04:04	181	10:47:15
VP23 - Naturschu	6.61	1:28:24	13:22	9	30:39	174	48:45	138.88	24:36:51	10:38	10	8:15:36	182	11:34:33
VP24 - Oranienbu	4.98	1:06:34	13:22	9	20:32	177	36:48	143.86	25:43:25	10:43	10	8:22:52	183	12:10:26
VP25 - Laufftreff l	5.34	1:08:55	12:54	8	32:27	176	38:58	149.20	26:52:20	10:48	10	8:15:06	183	12:46:31
VP26 - Wilhelmsr	5.72	1:12:29	12:40	9	35:02	189	40:21	154.92	28:04:49	10:52	10	8:39:05	187	13:26:22
VP27 - Wollankst	3.02	44:10	14:37	9	23:31	174	34:35	157.94	28:48:59	10:56	10	9:02:31	189	21:17:50
Friedrich-Ludwig	3.96	49:03	12:23	9	25:37	190	28:38	161.90	29:38:02	10:58	10	9:28:08	192	14:17:14