



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detalizēti rezultāti

Kaden, Matthias

Klubs: Laufclub Kleinmachnow

Numurs: 242

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M55 (55-59 Jahre)

Kopējais laiks: 29:44:53

Ātrums: 5.41 km/h

Skrējiena izpildījums: 11:01 min/km

Vieta distancē/Kopā: 245 (no 319)

Vieta distancē/Vīrieši: 196 (no 257)

Distances labākais laiks: 15:20:48

Vieta grupā: 22(no 32)

Grupas labākais laiks: 16:39:21

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopā			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Brandenbu	7.30	50:53	6:58	18	11:12	163	17:36	7.30	50:53	6:58	18	11:12	163	17:36
VP2 - East Side C	6.46	42:55	6:38	13	8:37	114	12:49	13.76	1:33:48	6:49	14	19:49	135	30:10
VP3 - Dammweg	5.90	40:22	6:50	13	8:02	123	12:47	19.66	2:14:10	6:49	14	27:51	129	41:29
VP4 - Johannisth	5.64	39:31	7:00	15	9:31	119	12:56	25.30	2:53:41	6:51	14	37:22	127	54:25
VP5 - U-Bahnhof	5.90	42:21	7:10	13	10:36	116	13:27	31.20	3:36:02	6:55	14	47:58	127	1:07:30
VP6 - Buckow	4.92	35:17	7:10	13	7:38	102	10:39	36.12	4:11:19	6:57	14	55:04	121	1:18:09
VP7 - Kirchhainer	6.17	51:19	8:19	19	17:44	169	20:15	42.29	5:02:38	7:09	16	1:11:06	131	1:38:24
VP8 - Lichtenrad	4.37	33:30	7:39	14	9:50	137	11:25	46.66	5:36:08	7:12	16	1:20:56	131	1:49:49
VP9 - Osdorfer St	5.71	45:20	7:56	17	14:52	165	15:48	52.37	6:21:28	7:17	16	1:35:39	135	2:05:37
VP10 - Sportplatz	6.50	1:11:04	10:56	20	34:44	160	36:14	58.87	7:32:32	7:41	16	2:05:29	138	2:41:51
VP11 - Königswe	6.22	56:35	9:05	14	19:23	138	22:25	65.09	8:29:07	7:49	15	2:24:52	138	2:56:54
VP12 - Gedenkst	6.85	1:07:30	9:51	17	26:38	166	29:07	71.94	9:36:37	8:00	15	2:51:30	140	3:21:52
VP13 - Brauhaus	6.88	1:09:27	10:05	18	28:00	162	30:47	78.82	10:46:04	8:11	15	3:19:30	141	3:47:39
VP14 - Revierförs	5.70	59:59	10:31	22	25:33	180	27:55	84.52	11:46:03	8:21	15	3:45:03	143	4:13:18
VP15 - Schloss S	6.24	1:59:15	19:06	24	1:19:22	211	1:22:44	90.76	13:45:18	9:05	18	5:04:25	174	5:33:19
VP16 - Pagel & Fi	7.60	1:26:11	11:20	18	38:41	175	42:28	98.36	15:11:29	9:16	18	5:43:06	173	6:11:17
VP17 - Karolinenl	4.91	1:00:16	12:16	21	28:46	189	31:49	103.27	16:11:45	9:24	18	6:11:52	172	6:40:10
VP18 - Falkensee	6.60	1:15:26	11:25	18	32:44	164	37:04	109.87	17:27:11	9:31	17	6:44:36	169	7:16:16
VP19 - Schönwal	5.95	1:25:16	14:19	20	45:29	191	50:00	115.82	18:52:27	9:46	18	7:30:05	171	8:06:16
VP20 - Grenzturn	7.60	1:45:59	13:56	22	54:13	191	1:02:48	123.42	20:38:26	10:02	18	8:24:18	171	9:09:04
VP21 - Ruderclub	4.78	1:13:05	15:17	17	39:48	167	45:50	128.20	21:51:31	10:13	18	9:04:06	168	9:54:54
VP22 - Frohnau	4.07	1:05:45	16:09	21	37:20	197	41:16	132.27	22:57:16	10:24	20	9:41:26	173	10:36:04
VP23 - Naturschu	6.61	1:57:56	17:50	22	1:14:11	197	1:18:17	138.88	24:55:12	10:45	22	10:55:37	193	11:52:54
VP24 - Oranienbu	4.98	58:25	11:43	14	24:03	129	28:39	143.86	25:53:37	10:47	22	11:19:40	189	12:20:38
VP25 - Laufftreff l	5.34	1:05:10	12:12	16	26:47	158	35:13	149.20	26:58:47	10:50	22	11:46:27	185	12:52:58
VP26 - Wilhelmsr	5.72	1:10:31	12:19	21	35:02	185	38:23	154.92	28:09:18	10:54	22	12:21:29	194	13:30:51
VP27 - Wollankst	3.02	50:10	16:36	22	25:19	194	40:35	157.94	28:59:28	11:00	22	12:46:48	197	21:28:19
Friedrich-Ludwig	3.96	45:25	11:28	20	18:44	173	25:00	161.90	29:44:53	11:01	22	13:05:32	196	14:24:05