



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detalizēti rezultāti

### Ronald & friends

Klubs: Ronald & friends

Numurs: 4014

Posms: 161.90 km

100MeilenBerlin - 4er Staffel

Grupa:

4er Staffel

Kopējais laiks: 18:30:56

Ātrums: 8.70 km/h

Skrējiena izpildījums: 6:52 min/km

Vieta distancē/Kopā: 30 (no 51)

Vieta distancē/Kopā: 30 (no 51)

Distances labākais laiks: 12:47:10

Vieta grupā: 30(no 51)

Grupas labākais laiks: 12:47:10

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

Kontrolpunkts	Posma		Posma		Vietāztrūkum: grupā		Vietāztrūkums: grupā		Kopā		Kopā		Kopā		Vietāztrūkum: grupā		Vietāztrūkums: grupā				
	km	Laiks	min/km	grupā	grupā	Kopā	Kopā	km	Laiks	min/km	grupā	grupā	Kopā	Kopā	km	Laiks	min/km	grupā	grupā		
VP1 - Brandenbu	7.30	33:19	4:33	4	4:04	4	4:04	7.30	33:19	4:33	4	4:04	4	4:04	7.30	33:19	4:33	4	4:04	4	4:04
VP2 - East Side G	6.46	30:20	4:41	4	3:33	4	3:33	13.76	1:03:39	4:37	4	7:37	4	7:37	13.76	1:03:39	4:37	4	7:37	4	7:37
VP3 - Dammweg	5.90	29:55	5:04	8	4:20	8	4:20	19.66	1:33:34	4:45	4	11:57	4	11:57	19.66	1:33:34	4:45	4	11:57	4	11:57
VP4 - Johannisth	5.64	28:56	5:07	9	4:15	9	4:15	25.30	2:02:30	4:50	5	15:38	5	15:38	25.30	2:02:30	4:50	5	15:38	5	15:38
VP5 - U-Bahnhof	5.90	32:37	5:31	11	7:17	11	7:17	31.20	2:35:07	4:58	6	22:55	6	22:55	31.20	2:35:07	4:58	6	22:55	6	22:55
VP6 - Buckow	4.92	27:24	5:34	8	5:41	8	5:41	36.12	3:02:31	5:03	6	28:21	6	28:21	36.12	3:02:31	5:03	6	28:21	6	28:21
VP7 - Kirchhainer	6.17	35:54	5:49	11	7:24	11	7:24	42.29	3:38:25	5:09	6	35:05	6	35:05	42.29	3:38:25	5:09	6	35:05	6	35:05
VP8 - Lichtenradi	4.37	24:00	5:29	8	3:44	8	3:44	46.66	4:02:25	5:11	7	38:49	7	38:49	46.66	4:02:25	5:11	7	38:49	7	38:49
VP9 - Osdorfer St	5.71	31:41	5:32	7	5:11	7	5:11	52.37	4:34:06	5:14	8	43:20	8	43:20	52.37	4:34:06	5:14	8	43:20	8	43:20
VP10 - Sportplatz	6.50	42:02	6:28	15	10:05	15	10:05	58.87	5:16:08	5:22	8	53:25	8	53:25	58.87	5:16:08	5:22	8	53:25	8	53:25
VP11 - Königsw	6.22	40:23	6:29	37	13:48	37	13:48	65.09	5:56:31	5:28	9	1:04:46	9	1:04:46	65.09	5:56:31	5:28	9	1:04:46	9	1:04:46
VP12 - Gedenkst	6.85	45:41	6:40	35	15:30	35	15:30	71.94	6:42:12	5:35	13	1:17:25	13	1:17:25	71.94	6:42:12	5:35	13	1:17:25	13	1:17:25
VP13 - Brauhaus	6.88	56:33	8:13	41	25:50	41	25:50	78.82	7:38:45	5:49	14	1:39:03	14	1:39:03	78.82	7:38:45	5:49	14	1:39:03	14	1:39:03
VP14 - Revierförs	5.70	53:06	9:18	46	26:19	46	26:19	84.52	8:31:51	6:03	15	2:00:58	15	2:00:58	84.52	8:31:51	6:03	15	2:00:58	15	2:00:58
VP15 - Schloss S	6.24	59:32	9:32	47	31:04	47	31:04	90.76	9:31:23	6:17	20	2:27:34	20	2:27:34	90.76	9:31:23	6:17	20	2:27:34	20	2:27:34
VP16 - Pagel & Fi	7.60	53:34	7:02	43	21:28	43	21:28	98.36	10:24:57	6:21	22	2:49:02	22	2:49:02	98.36	10:24:57	6:21	22	2:49:02	22	2:49:02
VP17 - Karolinenl	4.91	39:48	8:06	46	18:32	46	18:32	103.27	11:04:45	6:26	23	3:07:34	23	3:07:34	103.27	11:04:45	6:26	23	3:07:34	23	3:07:34
VP18 - Falkensee	6.60	1:00:17	9:08	47	30:38	47	30:38	109.87	12:05:02	6:35	25	3:38:12	25	3:38:12	109.87	12:05:02	6:35	25	3:38:12	25	3:38:12
VP19 - Schönwal	5.95	54:07	9:05	47	27:17	47	27:17	115.82	12:59:09	6:43	27	4:05:29	27	4:05:29	115.82	12:59:09	6:43	27	4:05:29	27	4:05:29
VP20 - Grenzturn	7.60	1:15:28	9:55	49	38:39	49	38:39	123.42	14:14:37	6:55	32	4:32:30	32	4:32:30	123.42	14:14:37	6:55	32	4:32:30	32	4:32:30
VP21 - Ruderclub	4.78	44:38	9:20	46	25:24	46	25:24	128.20	14:59:15	7:00	33	4:54:11	33	4:54:11	128.20	14:59:15	7:00	33	4:54:11	33	4:54:11
VP22 - Frohnau	4.07	27:13	6:41	36	10:27	36	10:27	132.27	15:26:28	7:00	32	5:00:45	32	5:00:45	132.27	15:26:28	7:00	32	5:00:45	32	5:00:45
VP23 - Naturschu	6.61	43:19	6:33	31	15:16	31	15:16	138.88	16:09:47	6:58	32	5:09:28	32	5:09:28	138.88	16:09:47	6:58	32	5:09:28	32	5:09:28
VP24 - Oranienbu	4.98	32:39	6:33	29	11:04	29	11:04	143.86	16:42:26	6:58	31	5:17:08	31	5:17:08	143.86	16:42:26	6:58	31	5:17:08	31	5:17:08
VP25 - Laufftreff l	5.34	33:55	6:21	26	33:35	26	33:35	149.20	17:16:21	6:56	31	5:25:55	31	5:25:55	149.20	17:16:21	6:56	31	5:25:55	31	5:25:55
VP26 - Wilhelmsr	5.72	32:31	5:41	19	11:19	19	11:19	154.92	17:48:52	6:53	31	5:33:07	31	5:33:07	154.92	17:48:52	6:53	31	5:33:07	31	5:33:07
VP27 - Wollankst	3.02	21:56	7:15	21	7:33	21	7:33	157.94	18:10:48	6:54	31	5:40:40	31	5:40:40	157.94	18:10:48	6:54	31	5:40:40	31	5:40:40
Friedrich-Ludwig	3.96	20:08	5:05	10	6:47	10	6:47	161.90	18:30:56	6:51	30	5:43:46	30	5:43:46	161.90	18:30:56	6:51	30	5:43:46	30	5:43:46