



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detalizēti rezultāti

LORENZEN, Henning

Klubs: Tiddtagning - find os på facebo
Numurs: 244

Posms: 161.70 km
100MeilenBerlin

Grupa:
Senioren M50 (50-54 Jahre)

Kopējais laiks: 17:57:38

Ātrums: 8.96 km/h
Skrējiena izpildījums: 6:40 min/km

Vieta distancē/Kopā: 77 (no 459)
Vieta distancē/Vīrieši: 27 (no 302)
Distances labākais laiks: 13:39:56

Vieta grupā: 4(no 58)
Grupās labākais laiks: 15:32:56

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|---------------------|-----------------|-------------|--------------|---------------------|----------------------|------------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|------------------------|------------------------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkums: Vīrieši | Vietāztrūkums: Vīrieši |
| VP1 - Wilhelmsru | 6.94 | 40:00 | 5:45 | 11 | 6:34 | 52 | 8:59 | 6.94 | 40:00 | 5:45 | 11 | 6:34 | 52 | 8:59 |
| VP2 - Laufftreff Lü | 5.69 | 32:33 | 5:43 | 8 | 4:52 | 38 | 8:28 | 12.63 | 1:12:33 | 5:44 | 10 | 11:26 | 44 | 17:27 |
| VP3 - Oranienbur | 5.74 | 30:36 | 5:19 | 7 | 3:27 | 36 | 6:30 | 18.37 | 1:43:09 | 5:36 | 8 | 14:53 | 39 | 23:57 |
| VP4 - Naturschut | 4.70 | 27:24 | 5:49 | 5 | 2:02 | 23 | 4:58 | 23.07 | 2:10:33 | 5:39 | 8 | 16:55 | 37 | 28:55 |
| VP5 - Frohnau | 6.80 | 37:07 | 5:27 | 6 | 3:19 | 31 | 8:12 | 29.87 | 2:47:40 | 5:36 | 7 | 20:14 | 33 | 37:07 |
| VP6 - Ruderclub | 4.06 | 24:53 | 6:07 | 9 | 3:29 | 38 | 6:46 | 33.93 | 3:12:33 | 5:40 | 7 | 22:59 | 35 | 43:50 |
| VP7 - Grenzturm | 4.75 | 25:52 | 5:26 | 4 | 1:44 | 21 | 4:09 | 38.68 | 3:38:25 | 5:38 | 7 | 24:24 | 34 | 47:59 |
| VP8 - Schönwald | 7.52 | 45:16 | 6:01 | 7 | 6:05 | 48 | 9:26 | 46.20 | 4:23:41 | 5:42 | 7 | 26:39 | 35 | 57:01 |
| VP9 - Falkenseer | 5.76 | 36:11 | 6:16 | 6 | 4:48 | 35 | 7:51 | 51.96 | 4:59:52 | 5:46 | 7 | 31:15 | 38 | 1:04:24 |
| VP10 - Karolinenl | 6.54 | 38:28 | 5:52 | 5 | 3:47 | 23 | 6:16 | 58.50 | 5:38:20 | 5:47 | 6 | 32:40 | 32 | 1:10:40 |
| VP11 - Pagel & Fi | 4.90 | 31:01 | 6:19 | 5 | 4:05 | 34 | 7:58 | 63.40 | 6:09:21 | 5:49 | 6 | 34:47 | 32 | 1:18:38 |
| VP12 - Schloss S | 7.62 | 47:56 | 6:17 | 4 | 6:53 | 24 | 11:03 | 71.02 | 6:57:17 | 5:52 | 6 | 38:52 | 32 | 1:29:41 |
| VP13 - Revierförs | 6.21 | 35:16 | 5:40 | 1 | - | 11 | 6:26 | 77.23 | 7:32:33 | 5:51 | 4 | 38:34 | 25 | 1:36:07 |
| VP14 - Brauhaus | 6.00 | 46:01 | 7:40 | 22 | 13:41 | 106 | 17:28 | 83.23 | 8:18:34 | 5:59 | 5 | 47:40 | 32 | 1:53:35 |
| VP15 - Gedenkst. | 6.90 | 41:06 | 5:57 | 3 | 2:48 | 23 | 8:11 | 90.13 | 8:59:40 | 5:59 | 5 | 50:05 | 31 | 2:01:46 |
| VP16 - Königswe | 6.87 | 47:38 | 6:56 | 2 | 4:11 | 26 | 12:53 | 97.00 | 9:47:18 | 6:03 | 3 | 53:01 | 26 | 2:14:39 |
| VP17 - Sportplatz | 6.20 | 50:42 | 8:10 | 6 | 12:51 | 33 | 16:57 | 103.20 | 10:38:00 | 6:10 | 3 | 1:05:52 | 27 | 2:31:36 |
| VP18 - Osdorfer | 6.50 | 46:10 | 7:06 | 5 | 8:17 | 35 | 11:43 | 109.70 | 11:24:10 | 6:14 | 3 | 1:14:09 | 29 | 2:41:02 |
| VP19 - Lichtenra | 5.70 | 46:28 | 8:09 | 6 | 7:03 | 41 | 12:18 | 115.40 | 12:10:38 | 6:19 | 3 | 1:21:12 | 29 | 2:51:33 |
| VP20 - Kirchhain | 4.37 | 28:38 | 6:33 | 5 | 4:50 | 29 | 9:48 | 119.77 | 12:39:16 | 6:20 | 3 | 1:26:02 | 29 | 3:01:21 |
| VP21 - Buckow | 6.43 | 44:05 | 6:51 | 5 | 7:38 | 28 | 10:29 | 126.20 | 13:23:21 | 6:21 | 3 | 1:33:40 | 29 | 3:11:50 |
| VP22 - Rudow | 4.90 | 34:26 | 7:01 | 4 | 4:23 | 19 | 8:27 | 131.10 | 13:57:47 | 6:23 | 3 | 1:38:03 | 28 | 3:20:17 |
| VP23 - Johannistl | 5.90 | 40:33 | 6:52 | 2 | 5:11 | 20 | 8:58 | 137.00 | 14:38:20 | 6:24 | 3 | 1:43:14 | 27 | 3:29:15 |
| VP24 - Dammwe | 5.70 | 46:15 | 8:06 | 5 | 11:17 | 40 | 15:04 | 142.70 | 15:24:35 | 6:28 | 3 | 1:54:31 | 27 | 3:43:50 |
| VP25 - East Side | 5.80 | 49:59 | 8:37 | 5 | 10:21 | 29 | 13:02 | 148.50 | 16:14:34 | 6:33 | 3 | 2:04:52 | 27 | 3:54:21 |
| VP26 - Checkpoir | 5.28 | 43:46 | 8:17 | 31 | 18:54 | 127 | 22:13 | 153.78 | 16:58:20 | 6:37 | 4 | 2:23:46 | 28 | 4:14:04 |
| VP27 - Gedenkst. | 3.32 | 31:13 | 9:24 | 5 | 4:43 | 17 | 6:36 | 157.10 | 17:29:33 | 6:40 | 4 | 2:28:29 | 27 | 4:18:30 |
| Friedrich-Ludwig | 4.60 | 28:05 | 6:06 | 2 | 0:20 | 6 | 3:53 | 161.70 | 17:57:38 | 6:39 | 4 | 2:24:42 | 27 | 4:17:42 |