



# 100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

## Detalizēti rezultāti

**ARENSHOEJ, Stine**

Klubs: (ohne)

Numurs: 344

Posms: 161.70 km

100MeilenBerlin

Grupa:

Seniorinnen W40 (40-44 Jahre)

Kopējais laiks: 29:26:21

Ātrums: 5.47 km/h

Skrējiena izpildījums: 10:55 min/km

Vieta distancē/Kopā: 340 (no 459)

Vieta distancē/Sievietes: 48 (no 72)

Distances labākais laiks: 17:20:20

Vieta grupā: 10(no 14)

Grupas labākais laiks: 17:20:20

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Kopējais rezultāts										
	Posma km	Posma Laiks	Posma min/km	Vietāztrūkums grupā	Vietāztrūkums grupā sievietes	Kopā km	Kopā Laiks	Kopā min/km	Vietāztrūkums grupā	Vietāztrūkums grupā sievietes				
VP1 - Wilhelmsru	6.94	47:02	6:46	8	10:05	26	10:05	6.94	47:02	6:46	8	10:05	26	10:05
VP2 - Laufftreff Li	5.69	38:42	6:48	6	7:02	24	7:11	12.63	1:25:44	6:47	7	17:07	24	17:07
VP3 - Oranienbur	5.74	36:58	6:26	7	6:21	24	6:31	18.37	2:02:42	6:40	7	23:28	24	23:28
VP4 - Naturschut	4.70	33:59	7:13	5	5:13	17	5:43	23.07	2:36:41	6:47	7	28:41	24	28:41
VP5 - Frohnau	6.80	45:51	6:44	7	8:20	23	9:14	29.87	3:22:32	6:46	7	37:01	24	37:01
VP6 - Ruderclub	4.06	36:33	9:00	10	12:39	36	13:48	33.93	3:59:05	7:02	8	49:40	25	50:39
VP7 - Grenzturm	4.75	36:44	7:44	9	7:10	36	10:36	38.68	4:35:49	7:07	8	56:50	24	1:01:15
VP8 - Schönwald	7.52	1:03:50	8:29	11	19:03	47	21:29	46.20	5:39:39	7:21	8	1:15:53	27	1:22:44
VP9 - Falkenseer	5.76	52:13	9:03	10	15:33	43	17:47	51.96	6:31:52	7:32	10	1:31:26	30	1:39:41
VP10 - Karolinenl	6.54	54:11	8:17	8	14:19	30	14:50	58.50	7:26:03	7:37	10	1:45:45	30	1:53:29
VP11 - Pagel & Fi	4.90	44:29	9:04	11	13:39	40	14:10	63.40	8:10:32	7:44	10	1:59:24	32	2:07:39
VP12 - Schloss S	7.62	1:13:39	9:39	10	24:07	32	28:00	71.02	9:24:11	7:56	10	2:23:31	32	2:35:39
VP13 - Revierförs	6.21	56:54	9:09	11	17:48	42	17:48	77.23	10:21:05	8:02	10	2:41:19	33	2:53:05
VP14 - Brauhaus	6.00	50:22	8:23	10	14:37	33	14:37	83.23	11:11:27	8:04	10	2:55:56	32	3:04:13
VP15 - Gedenkst.	6.90	1:06:53	9:41	11	24:24	42	25:38	90.13	12:18:20	8:11	10	3:20:20	31	3:21:55
VP16 - Königswe	6.87	1:12:37	10:34	11	25:28	41	25:28	97.00	13:30:57	8:21	10	3:45:48	32	3:45:48
VP17 - Sportplatz	6.20	1:18:52	12:43	8	32:54	33	33:59	103.20	14:49:49	8:37	10	4:12:46	35	4:12:46
VP18 - Osdorfer	6.50	1:22:09	12:38	8	40:26	46	40:26	109.70	16:11:58	8:51	11	4:53:12	35	4:53:12
VP19 - Lichtenra	5.70	1:24:42	14:51	11	42:05	56	43:21	115.40	17:36:40	9:09	11	5:35:17	35	5:35:17
VP20 - Kirchhain	4.37	1:07:37	15:28	11	40:52	52	40:52	119.77	18:44:17	9:23	11	6:16:09	39	6:16:09
VP21 - Buckow	6.43	1:42:14	15:53	11	1:00:33	50	1:00:33	126.20	20:26:31	9:43	11	7:16:42	41	7:16:42
VP22 - Rudow	4.90	1:08:29	13:58	11	35:29	47	35:29	131.10	21:35:00	9:52	11	7:52:11	41	7:52:11
VP23 - Johannistl	5.90	1:44:09	17:39	11	1:04:58	54	1:04:58	137.00	23:19:09	10:12	11	8:57:09	42	8:57:09
VP24 - Dammwe	5.70	1:23:00	14:33	10	42:08	49	42:08	142.70	24:42:09	10:23	11	9:38:07	43	9:38:07
VP25 - East Side	5.80	1:35:13	16:25	10	48:42	51	50:23	148.50	26:17:22	10:37	11	10:25:12	46	10:25:12
VP26 - Checkpoir	5.28	1:00:00	11:21	10	29:47	50	29:47	153.78	27:17:22	10:38	11	10:54:59	47	10:54:59
VP27 - Gedenkst.	3.32	1:02:28	18:48	8	35:10	49	35:10	157.10	28:19:50	10:49	11	11:30:09	48	11:30:09
Friedrich-Ludwig	4.60	1:06:31	14:27	9	35:52	49	1:06:31	161.70	29:26:21	10:55	11	12:06:01	49	12:06:01