



100MeilenBerlin – Berlin Wall Race 100 Miles

Berlin / 12.08.2017-13.08.2017

Detalizēti rezultāti

PRZEWLOKA, Michael

Klubs: Cats&Grizzlies

Numurs: 37

Posms: 161.70 km

100MeilenBerlin

Grupa:

Senioren M45 (45-49 Jahre)

Kopējais laiks: 25:39:56

Ātrums: 6.27 km/h

Skrējiena izpildījums: 9:31 min/km

Vieta distancē/Kopā: 269 (no 459)

Vieta distancē/Vīrieši: 163 (no 302)

Distances labākais laiks: 13:39:56

Vieta grupā: 51(no 85)

Grupas labākais laiks: 15:47:54

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma | | | Vietāztrūkums: Vietāztrūkums | | | | Kopā | | | Vietāztrūkums: Vietāztrūkums | | | |
|---------------------|-------|---------|--------|------------------------------|-------|---------|---------|--------|----------|--------|------------------------------|---------|---------|----------|
| | km | Laiks | min/km | grupā | grupā | Vīrieši | Vīrieši | km | Laiks | min/km | grupā | grupā | Vīrieši | Vīrieši |
| VP1 - Wilhelmsru | 6.94 | 42:15 | 6:05 | 26 | 8:51 | 85 | 11:14 | 6.94 | 42:15 | 6:05 | 26 | 8:51 | 85 | 11:14 |
| VP2 - Laufftreff Lü | 5.69 | 35:32 | 6:14 | 25 | 8:17 | 87 | 11:27 | 12.63 | 1:17:47 | 6:09 | 27 | 17:08 | 89 | 22:41 |
| VP3 - Oranienbur | 5.74 | 36:08 | 6:17 | 46 | 10:19 | 137 | 12:02 | 18.37 | 1:53:55 | 6:12 | 36 | 27:27 | 101 | 34:43 |
| VP4 - Naturschut | 4.70 | 34:29 | 7:20 | 48 | 9:22 | 138 | 12:03 | 23.07 | 2:28:24 | 6:25 | 37 | 36:49 | 110 | 46:46 |
| VP5 - Frohnau | 6.80 | 45:12 | 6:38 | 52 | 11:58 | 147 | 16:17 | 29.87 | 3:13:36 | 6:28 | 40 | 47:48 | 118 | 1:03:03 |
| VP6 - Ruderclub | 4.06 | 28:48 | 7:05 | 31 | 7:19 | 96 | 10:41 | 33.93 | 3:42:24 | 6:33 | 37 | 55:07 | 108 | 1:13:41 |
| VP7 - Grenzturm | 4.75 | 33:06 | 6:58 | 45 | 9:02 | 134 | 11:23 | 38.68 | 4:15:30 | 6:36 | 37 | 1:04:09 | 111 | 1:25:04 |
| VP8 - Schönwald | 7.52 | 50:58 | 6:46 | 43 | 11:31 | 126 | 15:08 | 46.20 | 5:06:28 | 6:38 | 36 | 1:14:48 | 111 | 1:39:48 |
| VP9 - Falkenseer | 5.76 | 48:30 | 8:25 | 54 | 16:06 | 170 | 20:10 | 51.96 | 5:54:58 | 6:49 | 44 | 1:30:49 | 123 | 1:59:30 |
| VP10 - Karolinenl | 6.54 | 52:29 | 8:01 | 51 | 17:25 | 158 | 20:17 | 58.50 | 6:47:27 | 6:57 | 45 | 1:47:17 | 131 | 2:19:47 |
| VP11 - Pagel & Fi | 4.90 | 40:38 | 8:17 | 49 | 12:44 | 153 | 17:35 | 63.40 | 7:28:05 | 7:04 | 44 | 2:00:01 | 134 | 2:37:22 |
| VP12 - Schloss S | 7.62 | 1:16:24 | 10:01 | 63 | 32:53 | 192 | 39:31 | 71.02 | 8:44:29 | 7:23 | 48 | 2:29:29 | 139 | 3:16:53 |
| VP13 - Revierförs | 6.21 | 52:46 | 8:29 | 55 | 17:01 | 162 | 23:56 | 77.23 | 9:37:15 | 7:28 | 48 | 2:44:15 | 140 | 3:40:49 |
| VP14 - Brauhaus | 6.00 | 47:47 | 7:57 | 44 | 14:46 | 128 | 19:14 | 83.23 | 10:25:02 | 7:30 | 46 | 2:57:57 | 136 | 4:00:03 |
| VP15 - Gedenkst. | 6.90 | 58:17 | 8:26 | 56 | 18:43 | 164 | 25:22 | 90.13 | 11:23:19 | 7:34 | 46 | 3:16:10 | 139 | 4:25:25 |
| VP16 - Königswe | 6.87 | 1:10:40 | 10:17 | 55 | 29:01 | 171 | 35:55 | 97.00 | 12:33:59 | 7:46 | 49 | 3:41:29 | 145 | 5:01:20 |
| VP17 - Sportplatz | 6.20 | 1:15:50 | 12:13 | 44 | 38:03 | 154 | 42:05 | 103.20 | 13:49:49 | 8:02 | 49 | 4:14:40 | 147 | 5:43:25 |
| VP18 - Osdorfer | 6.50 | 1:01:03 | 9:23 | 43 | 23:14 | 140 | 26:36 | 109.70 | 14:50:52 | 8:07 | 49 | 4:32:48 | 149 | 6:07:44 |
| VP19 - Lichtenra | 5.70 | 57:22 | 10:03 | 47 | 19:28 | 135 | 23:12 | 115.40 | 15:48:14 | 8:13 | 48 | 4:47:07 | 146 | 6:29:09 |
| VP20 - Kirchhain | 4.37 | 38:08 | 8:43 | 41 | 16:17 | 123 | 19:18 | 119.77 | 16:26:22 | 8:14 | 48 | 5:02:15 | 145 | 6:48:27 |
| VP21 - Buckow | 6.43 | 1:19:32 | 12:22 | 61 | 44:28 | 199 | 45:56 | 126.20 | 17:45:54 | 8:26 | 50 | 5:44:07 | 151 | 7:34:23 |
| VP22 - Rudow | 4.90 | 1:00:15 | 12:17 | 57 | 30:02 | 178 | 34:16 | 131.10 | 18:46:09 | 8:35 | 51 | 6:14:09 | 152 | 8:08:39 |
| VP23 - Johannistl | 5.90 | 1:22:43 | 14:01 | 57 | 47:41 | 200 | 51:08 | 137.00 | 20:08:52 | 8:49 | 52 | 7:01:50 | 163 | 8:59:47 |
| VP24 - Dammwe | 5.70 | 1:18:27 | 13:45 | 57 | 44:11 | 202 | 47:16 | 142.70 | 21:27:19 | 9:01 | 51 | 7:46:01 | 162 | 9:46:34 |
| VP25 - East Side | 5.80 | 1:22:28 | 14:13 | 54 | 41:57 | 195 | 45:31 | 148.50 | 22:49:47 | 9:13 | 51 | 8:27:58 | 162 | 10:29:34 |
| VP26 - Checkpoir | 5.28 | 58:09 | 11:00 | 55 | 33:06 | 199 | 36:36 | 153.78 | 23:47:56 | 9:17 | 51 | 9:01:04 | 164 | 11:03:40 |
| VP27 - Gedenkst. | 3.32 | 56:37 | 17:03 | 55 | 29:09 | 190 | 32:00 | 157.10 | 24:44:33 | 9:26 | 51 | 9:26:12 | 164 | 11:33:30 |
| Friedrich-Ludwig | 4.60 | 55:23 | 12:02 | 52 | 25:54 | 172 | 31:11 | 161.70 | 25:39:56 | 9:31 | 51 | 9:52:02 | 163 | 12:00:00 |