



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detalizēti rezultāti

Thormeier, Steffen

Klubs: Harzer Ultra Running Team

Numurs: 91

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M40 (40-44 Jahre)

Kopējais laiks: 21:25:00

Ātrums: 7.52 km/h

Skrējiena izpildījums: 7:56 min/km

Vieta distancē/Kopā: 81 (no 397)

Vieta distancē/Vīrieši: 68 (no 313)

Distances labākais laiks: 13:17:41

Vieta grupā: 10(no 38)

Grupas labākais laiks: 15:13:41

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopā			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Checkpoint	8.60	54:57	6:23	13	10:49	76	10:49	8.60	54:57	6:23	13	10:49	76	10:49
VP2 - East Side G	4.80	28:45	5:59	16	7:33	100	7:42	13.40	1:23:42	6:14	12	18:22	76	18:28
VP3 - Dammweg	5.80	37:37	6:29	15	7:48	94	8:25	19.20	2:01:19	6:19	12	26:10	79	26:28
VP4 - Johannisth	5.70	35:21	6:12	13	9:05	92	10:49	24.90	2:36:40	6:17	12	35:15	82	36:58
VP5 - Imbiß "Am	9.50	1:03:39	6:42	20	19:28	125	22:07	34.40	3:40:19	6:24	15	54:43	91	59:02
VP6 - Buckow	4.50	31:57	7:05	21	10:20	115	11:21	38.90	4:12:16	6:29	14	1:05:03	92	1:10:23
Kontrolpunkts	7.60	55:32	7:18	24	18:53	168	21:30	46.50	5:07:48	6:37	18	1:23:56	108	1:31:53
VP8 - Osdorfer St	6.30	46:09	7:19	20	15:56	144	18:43	52.80	5:53:57	6:42	17	1:39:52	103	1:50:36
VP9 - Sportplatz	6.50	59:43	9:11	19	27:31	181	38:16	59.30	6:53:40	6:58	19	2:07:23	116	2:18:49
VP10 - Königswe	6.20	50:43	8:10	26	18:13	181	21:18	65.50	7:44:23	7:05	18	2:25:36	120	2:40:07
VP11 - Gedenkst	6.80	53:14	7:49	18	18:08	112	28:55	72.30	8:37:37	7:09	18	2:43:44	118	2:59:15
VP12 - Brauhaus	6.90	49:29	7:10	11	10:55	60	16:22	79.20	9:27:06	7:09	18	2:54:39	106	3:15:37
VP13 - Revierförs	5.70	47:48	8:23	19	15:22	130	17:45	84.90	10:14:54	7:14	17	3:10:01	106	3:33:22
VP14 - Schloss S	6.30	57:12	9:04	16	23:36	109	25:45	91.20	11:12:06	7:22	16	3:33:37	102	3:59:07
VP15 - Pagel & Fi	7.60	58:19	7:40	13	17:00	73	20:37	98.80	12:10:25	7:23	14	3:50:37	92	4:19:44
VP16 - Karolinenl	4.90	42:24	8:39	12	11:31	76	16:49	103.70	12:52:49	7:27	13	4:02:08	92	4:36:33
VP17 - Falkensee	6.50	54:15	8:20	10	17:03	94	21:44	110.20	13:47:04	7:30	13	4:19:11	93	4:58:17
VP18 - Schönwal	5.80	47:14	8:08	11	14:59	72	18:09	116.00	14:34:18	7:32	12	4:33:14	90	5:16:26
VP19 - Grenzturn	7.30	1:04:56	8:53	11	17:55	84	36:50	123.30	15:39:14	7:37	12	4:47:50	84	5:42:35
VP20 - Rudercluk	4.80	39:47	8:17	9	10:47	50	15:27	128.10	16:19:01	7:38	12	4:58:37	79	5:58:02
VP21 - Frohnau	4.10	50:42	12:21	17	23:08	158	28:03	132.20	17:09:43	7:47	12	5:15:56	83	6:26:05
VP22 - Naturschu	6.40	56:20	8:48	14	20:23	97	23:08	138.60	18:06:03	7:50	11	5:35:55	81	6:49:13
VP23 - Oranienbu	4.50	40:17	8:57	6	11:37	52	15:20	143.10	18:46:20	7:52	11	5:47:32	77	7:04:33
VP24 - Laufftreff l	5.30	45:58	8:40	7	14:47	50	17:44	148.40	19:32:18	7:53	11	5:58:13	72	7:22:17
VP25 - Wilhelmsr	5.70	47:46	8:22	6	11:52	53	17:45	154.10	20:20:04	7:55	11	6:07:54	70	7:40:02
VP26 - Wollankst	3.10	28:11	9:05	8	9:28	69	11:04	157.20	20:48:15	7:56	10	6:00:26	68	7:51:06
Friedrich-Ludwig	4.20	36:45	8:45	21	13:02	143	16:59	161.90	21:25:00	7:56	10	6:11:19	69	8:07:19