



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detalizēti rezultāti

**Asphjell, Jon**

Klubs: Oslo

Numurs: 268

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M40 (40-44 Jahre)

Kopējais laiks: 23:10:58

Ātrums: 6.94 km/h

Skrējiena izpildījums: 8:35 min/km

Vieta distancē/Kopā: 161 (no 397)

Vieta distancē/Vīrieši: 139 (no 313)

Distances labākais laiks: 13:17:41

Vieta grupā: 19(no 38)

Grupas labākais laiks: 15:13:41

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts       | Posma rezultāts |             |              | Kopējais rezultāts  |                     |                       |                       |
|---------------------|-----------------|-------------|--------------|---------------------|---------------------|-----------------------|-----------------------|
|                     | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vietāztrūkums Vīrieši | Vietāztrūkums Vīrieši |
| VP1 - Checkpoint    | 8.60            | 1:06:02     | 7:40         | 30                  | 21:54               | 238                   | 21:54                 |
| VP2 - East Side G   | 4.80            | 32:11       | 6:42         | 29                  | 10:59               | 218                   | 11:08                 |
| VP3 - Dammweg       | 5.80            | 45:30       | 7:50         | 33                  | 15:41               | 260                   | 16:18                 |
| VP4 - Johannisth    | 5.70            | 40:39       | 7:07         | 27                  | 14:23               | 213                   | 16:07                 |
| VP5 - Imbiß "Am     | 9.50            | 1:11:07     | 7:29         | 28                  | 26:56               | 225                   | 29:35                 |
| VP6 - Buckow        | 4.50            | 36:22       | 8:04         | 30                  | 14:45               | 214                   | 15:46                 |
| Kontrolpunkts       | 7.60            | 57:35       | 7:34         | 26                  | 20:56               | 196                   | 23:33                 |
| VP8 - Osdorfer St   | 6.30            | 48:43       | 7:43         | 23                  | 18:30               | 187                   | 21:17                 |
| VP9 - Sportplatz    | 6.50            | 1:12:29     | 11:09        | 34                  | 40:17               | 264                   | 51:02                 |
| VP10 - Königswe     | 6.20            | 47:48       | 7:42         | 20                  | 15:18               | 139                   | 18:23                 |
| VP11 - Gedenkst     | 6.80            | 52:59       | 7:47         | 17                  | 17:53               | 107                   | 28:40                 |
| VP12 - Brauhaus     | 6.90            | 59:44       | 8:39         | 25                  | 21:10               | 183                   | 26:37                 |
| VP13 - Revierförs   | 5.70            | 46:28       | 8:09         | 17                  | 14:02               | 110                   | 16:25                 |
| VP14 - Schloss S    | 6.30            | 1:12:47     | 11:33        | 29                  | 39:11               | 197                   | 41:20                 |
| VP15 - Pagel & Fi   | 7.60            | 53:21       | 7:01         | 8                   | 12:02               | 43                    | 15:39                 |
| VP16 - Karolinenl   | 4.90            | 50:57       | 10:23        | 26                  | 20:04               | 193                   | 25:22                 |
| VP17 - Falkensee    | 6.50            | 57:44       | 8:52         | 21                  | 20:32               | 145                   | 25:13                 |
| VP18 - Schönwal     | 5.80            | 56:51       | 9:48         | 24                  | 24:36               | 168                   | 27:46                 |
| VP19 - Grenzturn    | 7.30            | 1:16:22     | 10:27        | 23                  | 29:21               | 177                   | 48:16                 |
| VP20 - Rudercluk    | 4.80            | 37:52       | 7:53         | 6                   | 8:52                | 38                    | 13:32                 |
| VP21 - Frohnau      | 4.10            | 58:53       | 14:21        | 27                  | 31:19               | 210                   | 36:14                 |
| VP22 - Naturschu    | 6.40            | 54:17       | 8:28         | 9                   | 18:20               | 74                    | 21:05                 |
| VP23 - Oranienbu    | 4.50            | 42:42       | 9:29         | 9                   | 14:02               | 79                    | 17:45                 |
| VP24 - Laufftreff l | 5.30            | 43:47       | 8:15         | 4                   | 12:36               | 39                    | 15:33                 |
| VP25 - Wilhelmsr    | 5.70            | 46:46       | 8:12         | 5                   | 10:52               | 46                    | 16:45                 |
| VP26 - Wollankst    | 3.10            | 28:42       | 9:15         | 9                   | 9:59                | 75                    | 11:35                 |
| Friedrich-Ludwig    | 4.20            | 32:20       | 7:41         | 15                  | 8:37                | 96                    | 12:34                 |
|                     | 161.90          | 23:10:58    | 8:35         | 19                  | 7:57:17             | 140                   | 9:53:17               |