



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detalizēti rezultāti

**Jones, Garfield**

Klubs: Islwyn Running Club, Wales

Numurs: 331

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M60 (60-64 Jahre)

Kopējais laiks: 26:04:39

Ātrums: 6.21 km/h

Skrējiena izpildījums: 9:40 min/km

Vieta distancē/Kopā: 244 (no 397)

Vieta distancē/Vīrieši: 208 (no 313)

Distances labākais laiks: 13:17:41

Vieta grupā: 9(no 20)

Grupas labākais laiks: 15:36:02

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopā			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Checkpoint	8.60	58:01	6:44	7	9:42	108	13:53	8.60	58:01	6:44	7	9:42	108	13:53
VP2 - East Side G	4.80	27:34	5:44	5	2:35	72	6:31	13.40	1:25:35	6:23	5	12:09	93	20:21
VP3 - Dammweg	5.80	36:16	6:15	4	3:47	64	7:04	19.20	2:01:51	6:20	5	15:56	87	27:00
VP4 - Johannisth	5.70	34:03	5:58	4	4:27	61	9:31	24.90	2:35:54	6:15	5	20:13	76	36:12
VP5 - Imbiß "Am	9.50	1:05:49	6:55	6	14:37	156	24:17	34.40	3:41:43	6:26	6	34:50	97	1:00:26
VP6 - Buckow	4.50	35:52	7:58	13	10:32	199	15:16	38.90	4:17:35	6:37	6	45:22	109	1:15:42
Kontrolpunkts	7.60	1:08:32	9:01	16	28:05	277	34:30	46.50	5:26:07	7:00	8	1:13:27	166	1:50:12
VP8 - Osdorfer St	6.30	55:03	8:44	13	20:27	255	27:37	52.80	6:21:10	7:13	10	1:33:54	179	2:17:49
VP9 - Sportplatz	6.50	21:27	3:17	1	-	1	-	59.30	6:42:37	6:47	6	1:18:20	88	2:07:46
VP10 - Königswe	6.20	1:47:02	17:15	20	1:11:35	301	1:17:37	65.50	8:29:39	7:46	12	2:29:55	210	3:25:23
VP11 - Gedenkst	6.80	1:02:33	9:11	12	24:01	239	38:14	72.30	9:32:12	7:54	11	2:53:56	214	3:53:50
VP12 - Brauhaus	6.90	1:06:06	9:34	12	27:02	236	32:59	79.20	10:38:18	8:03	11	3:20:58	217	4:26:49
VP13 - Revierförs	5.70	56:38	9:56	12	23:54	242	26:35	84.90	11:34:56	8:11	11	3:44:52	220	4:53:24
VP14 - Schloss S	6.30	1:19:41	12:38	11	44:28	236	48:14	91.20	12:54:37	8:29	12	4:29:20	225	5:41:38
VP15 - Pagel & Fi	7.60	1:16:59	10:07	12	34:48	240	39:17	98.80	14:11:36	8:37	12	5:04:08	229	6:20:55
VP16 - Karolinenl	4.90	49:58	10:11	8	20:32	180	24:23	103.70	15:01:34	8:41	11	5:24:40	221	6:45:18
VP17 - Falkensee	6.50	1:16:17	11:44	11	38:19	239	43:46	110.20	16:17:51	8:52	10	6:02:59	223	7:29:04
VP18 - Schönwal	5.80	59:00	10:10	8	23:41	190	29:55	116.00	17:16:51	8:56	9	6:26:40	222	7:58:59
VP19 - Grenzturn	7.30	1:16:42	10:30	10	41:02	178	48:36	123.30	18:33:33	9:01	10	6:59:05	220	8:36:54
VP20 - Rudercluk	4.80	52:22	10:54	7	23:35	187	28:02	128.10	19:25:55	9:06	10	7:22:40	217	9:04:56
VP21 - Frohnau	4.10	1:03:30	15:29	12	37:02	226	40:51	132.20	20:29:25	9:17	10	7:59:42	216	9:45:47
VP22 - Naturschu	6.40	1:10:13	10:58	9	30:04	203	37:01	138.60	21:39:38	9:22	10	8:29:46	217	10:22:48
VP23 - Oranienbu	4.50	1:02:51	13:58	10	32:49	236	37:54	143.10	22:42:29	9:31	10	9:02:35	214	11:00:42
VP24 - Laufftreff l	5.30	1:00:09	11:20	7	26:13	201	31:55	148.40	23:42:38	9:35	10	9:28:48	213	11:32:37
VP25 - Wilhelmsr	5.70	1:07:07	11:46	9	31:47	216	37:06	154.10	24:49:45	9:40	9	10:00:35	212	12:09:43
VP26 - Wollankst	3.10	35:27	11:26	7	12:28	183	18:20	157.20	25:25:12	9:42	9	10:13:03	211	12:28:03
Friedrich-Ludwig	4.20	39:27	9:23	6	15:34	174	19:41	161.90	26:04:39	9:39	9	10:28:37	209	12:46:58