



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detalizēti rezultāti

Spintler, Rene

Klubs: Team Erdinger Alkoholfrei

Numurs: 125

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M40 (40-44 Jahre)

Kopējais laiks: 29:38:42

Ātrums: 5.43 km/h

Skrējiena izpildījums: 10:59 min/km

Vieta distancē/Kopā: 319 (no 397)

Vieta distancē/Vīrieši: 256 (no 313)

Distances labākais laiks: 13:17:41

Vieta grupā: 34(no 38)

Grupas labākais laiks: 15:13:41

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopā			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Checkpoint	8.60	1:12:49	8:28	37	28:41	306	28:41	8.60	1:12:49	8:28	37	28:41	306	28:41
VP2 - East Side G	4.80	37:57	7:54	36	16:45	302	16:54	13.40	1:50:46	8:15	37	45:26	306	45:32
VP3 - Dammweg	5.80	46:46	8:03	34	16:57	278	17:34	19.20	2:37:32	8:12	36	1:02:23	302	1:02:41
VP4 - Johannisth	5.70	44:14	7:45	36	17:58	280	19:42	24.90	3:21:46	8:06	36	1:20:21	295	1:22:04
VP5 - Imbiß "Am	9.50	1:17:19	8:08	36	33:08	279	35:47	34.40	4:39:05	8:06	36	1:53:29	292	1:57:48
VP6 - Buckow	4.50	51:06	11:21	38	29:29	313	30:30	38.90	5:30:11	8:29	37	2:22:58	299	2:28:18
Kontrolpunkts	7.60	1:05:53	8:40	33	29:14	271	31:51	46.50	6:36:04	8:31	36	2:52:12	296	3:00:09
VP8 - Osdorfer St	6.30	55:40	8:50	33	25:27	258	28:14	52.80	7:31:44	8:33	36	3:17:39	292	3:28:23
VP9 - Sportplatz	6.50	1:09:53	10:45	32	37:41	257	48:26	59.30	8:41:37	8:47	37	3:55:20	294	4:06:46
VP10 - Königswe	6.20	53:07	8:34	31	20:37	218	23:42	65.50	9:34:44	8:46	35	4:15:57	279	4:30:28
VP11 - Gedenkst	6.80	1:14:17	10:55	35	39:11	281	49:58	72.30	10:49:01	8:58	36	4:55:08	281	5:10:39
VP12 - Brauhaus	6.90	1:09:07	10:01	34	30:33	252	36:00	79.20	11:58:08	9:04	35	5:25:41	276	5:46:39
VP13 - Revierförs	5.70	53:04	9:18	30	20:38	215	23:01	84.90	12:51:12	9:05	35	5:46:19	270	6:09:40
VP14 - Schloss S	6.30	1:12:40	11:32	28	39:04	196	41:13	91.20	14:03:52	9:15	34	6:25:23	256	6:50:53
VP15 - Pagel & Fi	7.60	1:21:44	10:45	34	40:25	259	44:02	98.80	15:25:36	9:22	35	7:05:48	257	7:34:55
VP16 - Karolinenl	4.90	1:03:27	12:56	33	32:34	257	37:52	103.70	16:29:03	9:32	33	7:38:22	255	8:12:47
VP17 - Falkensee	6.50	1:25:55	13:13	34	48:43	267	53:24	110.20	17:54:58	9:45	33	8:27:05	254	9:06:11
VP18 - Schönwal	5.80	1:32:30	15:56	34	1:00:15	274	1:03:25	116.00	19:27:28	10:03	33	9:26:24	261	10:09:36
VP19 - Grenzturn	7.30	2:00:52	16:33	33	1:13:51	268	1:32:46	123.30	21:28:20	10:26	33	10:36:56	262	11:31:41
VP20 - Rudercluk	4.80	1:26:23	17:59	34	57:23	268	1:02:03	128.10	22:54:43	10:43	34	11:34:19	262	12:33:44
VP21 - Frohnau	4.10	1:03:36	15:30	30	36:02	227	40:57	132.20	23:58:19	10:52	33	12:04:32	259	13:14:41
VP22 - Naturschu	6.40	1:13:43	11:31	28	37:46	212	40:31	138.60	25:12:02	10:54	33	12:41:54	258	13:55:12
VP23 - Oranienbu	4.50	58:22	12:58	30	29:42	217	33:25	143.10	26:10:24	10:58	33	13:11:36	255	14:28:37
VP24 - Laufftreff l	5.30	1:01:48	11:39	29	30:37	211	33:34	148.40	27:12:12	10:59	34	13:38:07	256	15:02:11
VP25 - Wilhelmsr	5.70	1:07:15	11:47	28	31:21	217	37:14	154.10	28:19:27	11:01	34	14:07:17	255	15:39:25
VP26 - Wollankst	3.10	39:58	12:53	29	21:15	230	22:51	157.20	28:59:25	11:03	34	14:11:36	256	16:02:16
Friedrich-Ludwig	4.20	39:17	9:21	26	15:34	170	19:31	161.90	29:38:42	10:59	34	14:25:01	257	16:21:01