



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detalizēti rezultāti

Toplak, Fred

Klubs: LA Spvgg Herten

Numurs: 440

Posms: 161.90 km

100MeilenBerlin

Grupa:

Senioren M55 (55-59 Jahre)

Kopējais laiks: 29:55:04

Ātrums: 5.38 km/h

Skrējiena izpildījums: 11:05 min/km

Vieta distancē/Kopā: 323 (no 397)

Vieta distancē/Vīrieši: 258 (no 313)

Distances labākais laiks: 13:17:41

Vieta grupā: 39(no 50)

Grupas labākais laiks: 18:35:32

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

Kontrolpunkts	Posma rezultāts			Vietāztrūkums:Vietāztrūkums				Kopā			Vietāztrūkums:Vietāztrūkums			
	Posma km	Posma Laiks	Posma min/km	grupā	grupā	Vīrieši	Vīrieši	Kopā km	Kopā Laiks	Kopā min/km	grupā	grupā	Vīrieši	Vīrieši
VP1 - Checkpoint	8.60	1:04:04	7:26	30	14:41	198	19:56	8.60	1:04:04	7:26	30	14:41	198	19:56
VP2 - East Side G	4.80	29:51	6:13	17	5:05	129	8:48	13.40	1:33:55	7:00	27	19:46	188	28:41
VP3 - Dammweg	5.80	37:47	6:30	14	3:14	96	8:35	19.20	2:11:42	6:51	22	23:00	163	36:51
VP4 - Johannisth	5.70	35:36	6:14	11	3:54	98	11:04	24.90	2:47:18	6:43	19	26:43	145	47:36
VP5 - Imbiß "Am	9.50	1:09:59	7:22	32	15:18	211	28:27	34.40	3:57:17	6:53	23	42:01	167	1:16:00
VP6 - Buckow	4.50	37:46	8:23	35	11:12	240	17:10	38.90	4:35:03	7:04	26	53:13	179	1:33:10
Kontrolpunkts	7.60	1:02:42	8:15	38	17:55	250	28:40	46.50	5:37:45	7:15	29	1:11:08	192	2:01:50
VP8 - Osdorfer St	6.30	58:56	9:21	44	22:09	282	31:30	52.80	6:36:41	7:30	31	1:32:20	211	2:33:20
VP9 - Sportplatz	6.50	1:39:11	15:15	48	1:01:25	306	1:17:44	59.30	8:15:52	8:21	40	2:27:48	257	3:41:01
VP10 - Königswe	6.20	1:00:15	9:43	42	20:03	269	30:50	65.50	9:16:07	8:29	40	2:44:26	259	4:11:51
VP11 - Gedenkst	6.80	1:11:24	10:30	41	47:05	273	47:05	72.30	10:27:31	8:40	40	3:06:32	262	4:49:09
VP12 - Brauhaus	6.90	1:31:16	13:13	43	45:38	291	58:09	79.20	11:58:47	9:04	41	3:45:49	277	5:47:18
VP13 - Revierförs	5.70	1:04:13	11:15	41	23:34	275	34:10	84.90	13:03:00	9:13	40	4:06:43	273	6:21:28
VP14 - Schloss S	6.30	1:39:10	15:44	44	53:52	284	1:07:43	91.20	14:42:10	9:40	41	5:00:35	275	7:29:11
VP15 - Pagel & Fi	7.60	1:20:21	10:34	38	29:59	255	42:39	98.80	16:02:31	9:44	40	5:26:42	272	8:11:50
VP16 - Karolinenl	4.90	1:10:02	14:17	40	32:04	269	44:27	103.70	17:12:33	9:57	40	5:51:54	266	8:56:17
VP17 - Falkensee	6.50	1:26:05	13:14	40	39:56	268	53:34	110.20	18:38:38	10:09	39	6:25:11	263	9:49:51
VP18 - Schönwal	5.80	1:29:07	15:21	41	49:34	273	1:00:02	116.00	20:07:45	10:24	39	7:12:59	266	10:49:53
VP19 - Grenzturn	7.30	1:45:13	14:24	38	1:13:50	259	1:17:07	123.30	21:52:58	10:38	39	8:06:22	267	11:56:19
VP20 - Rudercluk	4.80	1:21:03	16:53	39	46:28	265	56:43	128.10	23:14:01	10:52	39	8:52:50	265	12:53:02
VP21 - Frohnau	4.10	43:03	10:30	16	9:21	91	20:24	132.20	23:57:04	10:52	39	9:02:11	258	13:13:26
VP22 - Naturschu	6.40	1:15:21	11:46	35	27:18	222	42:09	138.60	25:12:25	10:54	39	9:29:29	259	13:55:35
VP23 - Oranienbu	4.50	58:04	12:54	36	24:00	215	33:07	143.10	26:10:29	10:58	38	9:53:29	256	14:28:42
VP24 - Laufftreff l	5.30	1:05:51	12:25	36	26:25	225	37:37	148.40	27:16:20	11:01	38	10:19:02	257	15:06:19
VP25 - Wilhelmsr	5.70	1:10:26	12:21	37	27:47	229	40:25	154.10	28:26:46	11:04	39	10:46:49	258	15:46:44
VP26 - Wollankst	3.10	38:10	12:18	36	13:12	220	21:03	157.20	29:04:56	11:06	39	11:00:01	258	16:07:47
Friedrich-Ludwig	4.20	50:08	11:56	39	23:11	245	30:22	161.90	29:55:04	11:05	39	11:19:32	259	16:37:23