



1. Lüneburger Heide-Staffellauf / Ultra-Marathon

Lüneburg / 16.06.2018

Detalizēti rezultāti

Team Naturpark

Kopējais laiks: 9:16:20

Numurs: 227

Ātrums: 10.78 km/h

Skrējiena izpildījums: 5:34 min/km

Posms: 100.00 km

Lüneburger Heide Lauf

Vieta distancē: 17 (no 76)

Distances labākais laiks: 8:08:42

Grupa:

Vieta grupā: 17(no 76)

Staffel

Grupas labākais laiks: 8:08:42

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma | | Posma | | Vietāztrūkum:Vietāztrūkums | | Kopā | | Kopā | | Kopā | | Vietāztrūkum:Vietāztrūkums | |
|----------------|-------|---------|--------|-------|----------------------------|------|-------|--------|---------|--------|-------|---------|----------------------------|---------|
| | km | Laiks | min/km | grupā | grupā | Kopā | Kopā | km | Laiks | min/km | grupā | grupā | Kopā | Kopā |
| Südergellersen | 10.40 | 54:56 | 5:16 | 23 | 15:28 | 23 | 15:28 | 10.40 | 54:56 | 5:16 | 23 | 15:28 | 23 | 15:28 |
| Amelinghausen | 13.60 | 1:07:45 | 4:58 | 18 | 10:31 | 18 | 10:31 | 24.00 | 2:02:41 | 5:06 | 17 | 21:18 | 17 | 21:18 |
| Schwindebeck | 8.30 | 40:43 | 4:54 | 7 | 3:51 | 7 | 3:51 | 32.30 | 2:43:24 | 5:03 | 8 | 12:52 | 8 | 12:52 |
| Bispingen | 9.60 | 45:16 | 4:42 | 1 | - | 1 | - | 41.90 | 3:28:40 | 4:58 | 2 | 9:04 | 2 | 9:04 |
| Overhaverbeck | 10.80 | 59:12 | 5:28 | 32 | 13:38 | 32 | 13:38 | 52.70 | 4:27:52 | 5:04 | 2 | 12:31 | 2 | 12:31 |
| Undeloh | 6.90 | 48:52 | 7:04 | 57 | 20:10 | 57 | 20:10 | 59.60 | 5:16:44 | 5:18 | 7 | 22:16 | 7 | 22:16 |
| Egestorf | 9.20 | 54:32 | 5:55 | 36 | 13:07 | 36 | 13:07 | 68.80 | 6:11:16 | 5:23 | 8 | 24:31 | 8 | 24:31 |
| Salzhausen | 10.60 | 59:10 | 5:34 | 33 | 17:09 | 33 | 17:09 | 79.40 | 7:10:26 | 5:25 | 8 | 33:51 | 8 | 33:51 |
| Südergellersen | 10.90 | 1:17:59 | 7:09 | 73 | 32:40 | 73 | 32:40 | 90.30 | 8:28:25 | 5:37 | 22 | 1:06:31 | 22 | 1:06:31 |
| Sülzwiesen | 9.70 | 47:55 | 4:56 | 11 | 4:01 | 11 | 4:01 | 100.00 | 9:16:20 | 5:33 | 17 | 1:07:38 | 17 | 1:07:38 |