



2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

Detalizēti rezultāti

TSV Kremperheide

Numurs: 380

Posms: 100.00 km

Lüneburger Heide Lauf

Grupa:

5-10er Staffel

Kopējais laiks: 10:49:01

Ātrums: 9.24 km/h

Skrējiena izpildījums: 6:29 min/km

Vieta distancē: 78 (no 83)

Distances labākais laiks: 7:28:54

Vieta grupā: 77(no 82)

Grupas labākais laiks: 7:28:54

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | Kopējais rezultāts | | | | | | | | | | |
|----------------|-----------------|-------------|--------------|----------------------|----------------------|-----------|-----------|-------------|----------------------|----------------------|-----------|---------|----|---------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkums: grupā | Vietāztrūkums: grupā | Kopā Kopā | Kopā Kopā | Kopā min/km | Vietāztrūkums: grupā | Vietāztrūkums: grupā | Kopā Kopā | Kopā | | |
| Südergellersen | 10.30 | 1:07:11 | 6:31 | 74 | 27:14 | 75 | 27:14 | 10.30 | 1:07:11 | 6:31 | 74 | 27:14 | 75 | 27:14 |
| Amelinghausen | 13.80 | 1:14:38 | 5:24 | 42 | 21:53 | 43 | 21:53 | 24.10 | 2:21:49 | 5:53 | 56 | 43:20 | 57 | 43:20 |
| Schwindebeck | 9.40 | 1:05:14 | 6:56 | 65 | 27:54 | 66 | 27:54 | 33.50 | 3:27:03 | 6:10 | 74 | 1:02:47 | 75 | 1:02:47 |
| Bispingen | 8.90 | 1:10:33 | 7:55 | 78 | 34:11 | 79 | 34:11 | 42.40 | 4:37:36 | 6:32 | 79 | 1:31:48 | 80 | 1:31:48 |
| Overhaverbeck | 10.80 | 1:06:24 | 6:08 | 66 | 21:29 | 67 | 21:29 | 53.20 | 5:44:00 | 6:27 | 79 | 1:53:17 | 80 | 1:53:17 |
| Undeloh | 6.90 | 48:47 | 7:04 | 64 | 20:45 | 65 | 20:45 | 60.10 | 6:32:47 | 6:32 | 78 | 2:08:24 | 79 | 2:08:24 |
| Egestorf | 9.20 | 58:28 | 6:21 | 60 | 20:14 | 60 | 20:14 | 69.30 | 7:31:15 | 6:30 | 76 | 2:18:24 | 77 | 2:18:24 |
| Salzhausen | 10.70 | 1:09:04 | 6:27 | 71 | 27:28 | 72 | 27:28 | 80.00 | 8:40:19 | 6:30 | 78 | 2:41:15 | 79 | 2:41:15 |
| Südergellersen | 10.90 | 1:11:19 | 6:32 | 67 | 26:39 | 68 | 26:39 | 90.90 | 9:51:38 | 6:30 | 77 | 3:00:33 | 78 | 3:00:33 |
| Sülzwiesen | 9.10 | 57:23 | 6:18 | 62 | 21:16 | 63 | 21:16 | 100.00 | 10:49:01 | 6:29 | 77 | 3:20:07 | 78 | 3:20:07 |