



21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

Detalizēti rezultāti

Polizeimādels

Numurs: 4

Posms: 168.97 km

Hörschel-Blankenstein

Grupa:

Frauenstaffel

Kopējais laiks: 16:03:34

Ātrums: 10.46 km/h

Skrējiena izpildījums: 5:42 min/km

Vieta distancē: 153 (no 225)

Distances labākais laiks: 10:38:22

Vieta grupā: 4(no 12)

Grupas labākais laiks: 12:46:06

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | Vietāztrūkums:Vietāztrūkums | | Kopā | | | Vietāztrūkums:Vietāztrūkums | | Kopā | | | |
|-------------------|-----------------|-------------|--------------|-----------------------------|-------|------|-------|--------|-----------------------------|-------|-------|---------|------|---------|
| | Posma km | Posma Laiks | Posma min/km | grupā | grupā | Kopā | Kopā | Kopā | min/km | grupā | grupā | Kopā | Kopā | |
| Hohe Sonne | 15.02 | 1:16:41 | 5:06 | 4 | 12:02 | 106 | 24:44 | 15.02 | 1:16:41 | 5:06 | 4 | 12:02 | 222 | 24:44 |
| Kleiner Inselsber | 18.94 | 1:46:50 | 5:38 | 5 | 19:29 | 111 | 30:38 | 33.96 | 3:03:31 | 5:24 | 4 | 21:48 | 222 | 53:50 |
| Neue Ausspanne | 13.90 | 1:10:09 | 5:02 | 3 | 11:18 | 60 | 22:55 | 47.86 | 4:13:40 | 5:18 | 4 | 33:03 | 225 | 1:16:45 |
| Grenzadler | 13.68 | 1:19:04 | 5:46 | 7 | 17:30 | 129 | 26:01 | 61.54 | 5:32:44 | 5:24 | 4 | 46:10 | 225 | 1:42:46 |
| Allzunah | 19.96 | 2:09:17 | 6:28 | 10 | 41:32 | 211 | 56:50 | 81.50 | 7:42:01 | 5:40 | 4 | 1:27:42 | 223 | 2:33:53 |
| Masserberg | 17.89 | 1:49:59 | 6:08 | 6 | 27:18 | 163 | 47:02 | 99.39 | 9:32:00 | 5:45 | 4 | 1:55:00 | 225 | 3:16:00 |
| Neuhaus | 19.86 | 1:58:27 | 5:57 | 6 | 24:19 | 168 | 48:05 | 119.25 | 11:30:27 | 5:47 | 4 | 2:19:19 | 225 | 3:51:14 |
| Schildwiese | 13.54 | 1:11:35 | 5:17 | 8 | 13:30 | 94 | 29:57 | 132.79 | 12:42:02 | 5:44 | 4 | 2:32:49 | 225 | 4:13:55 |
| Grumbach | 18.58 | 1:45:58 | 5:42 | 8 | 25:22 | 168 | 40:44 | 151.37 | 14:28:00 | 5:44 | 4 | 2:57:20 | 152 | 4:54:25 |
| Blankenstein | 17.60 | 1:35:34 | 5:25 | 7 | 20:08 | 123 | 31:50 | 168.97 | 16:03:34 | 5:42 | 4 | 3:17:28 | 153 | 5:25:12 |