



# 21. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 22.06.2019

## Detalizēti rezultāti

RunningGag

Numurs: 237

Posms: 168.97 km

Hörschel-Blankenstein

Grupa:

Männerstaffel

Kopējais laiks: 13:42:03

Ātrums: 12.26 km/h

Skrējiena izpildījums: 4:52 min/km

Vieta distancē: 27 (no 225)

Distances labākais laiks: 10:38:22

Vieta grupā: 21(no 147)

Grupas labākais laiks: 10:38:22

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts     | Posma |         | Posma  |       | Vietāztrūkum:Vietāztrūkums |      | Kopā  |        | Kopā     |        | Kopā  |         | Vietāztrūkum:Vietāztrūkums |         |
|-------------------|-------|---------|--------|-------|----------------------------|------|-------|--------|----------|--------|-------|---------|----------------------------|---------|
|                   | km    | Laiks   | min/km | grupā | grupā                      | Kopā | Kopā  | km     | Laiks    | min/km | grupā | grupā   | Kopā                       | Kopā    |
| Hohe Sonne        | 15.02 | 1:14:02 | 4:55   | 54    | 22:05                      | 77   | 22:05 | 15.02  | 1:14:02  | 4:55   | 54    | 22:05   | 77                         | 22:05   |
| Kleiner Inselsber | 18.94 | 1:43:22 | 5:27   | 58    | 27:10                      | 82   | 27:10 | 33.96  | 2:57:24  | 5:13   | 52    | 47:43   | 70                         | 47:43   |
| Neue Ausspanne    | 13.90 | 1:04:24 | 4:37   | 30    | 17:10                      | 32   | 17:10 | 47.86  | 4:01:48  | 5:03   | 33    | 1:04:53 | 44                         | 1:04:53 |
| Grenzadler        | 13.68 | 59:51   | 4:22   | 10    | 6:48                       | 10   | 6:48  | 61.54  | 5:01:39  | 4:54   | 23    | 1:11:41 | 27                         | 1:11:41 |
| Allzunah          | 19.96 | 1:29:34 | 4:29   | 27    | 15:33                      | 33   | 17:07 | 81.50  | 6:31:13  | 4:48   | 21    | 1:23:05 | 25                         | 1:23:05 |
| Masserberg        | 17.89 | 1:25:47 | 4:47   | 29    | 19:56                      | 36   | 22:50 | 99.39  | 7:57:00  | 4:47   | 22    | 1:41:00 | 27                         | 1:41:00 |
| Neuhaus           | 19.86 | 1:54:30 | 5:45   | 104   | 38:42                      | 147  | 44:08 | 119.25 | 9:51:30  | 4:57   | 25    | 2:12:17 | 31                         | 2:12:17 |
| Schildwiese       | 13.54 | 1:05:08 | 4:48   | 38    | 23:30                      | 44   | 23:30 | 132.79 | 10:56:38 | 4:56   | 23    | 2:28:31 | 29                         | 2:28:31 |
| Grumbach          | 18.58 | 1:33:22 | 5:01   | 61    | 28:08                      | 82   | 28:08 | 151.37 | 12:30:00 | 4:57   | 26    | 2:56:25 | 33                         | 2:56:25 |
| Blankenstein      | 17.60 | 1:12:03 | 4:05   | 12    | 8:19                       | 12   | 8:19  | 168.97 | 13:42:03 | 4:51   | 21    | 3:03:41 | 27                         | 3:03:41 |