



2. Lüneburger Heidelauf

Lüneburg / 15.06.2019

Detalizēti rezultāti

Luber, Anton

Klubs: BSG N-ERGIE Nürnberg
Numurs: 58

Posms: 100.00 km
Ultra-Marathon

Grupa:
Senioren M50 (50-54 Jahre)

Kopējais laiks: 11:06:54

Ātrums: 9.00 km/h
Skrējiena izpildījums: 6:40 min/km

Vieta distancē/Kopā: 20 (no 92)

Vieta distancē/Vīrieši: 14 (no 69)

Distances labākais laiks: 8:30:22

Vieta grupā: 3(no 17)

Grupas labākais laiks: 8:30:22

| Kontrolpunkts | Vidējie laiki | | | | | | | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|----------------|---------------|-------------|--------------|---------------------|---------------------|-----------------------|-----------------------|-----------------|------------|-------------|---------------------|---------------------|-----------------------|-----------------------|--------------------|--|--|--|--|--|--|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vietāztrūkums Vīrieši | Vietāztrūkums Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkums grupā | Vietāztrūkums grupā | Vietāztrūkums Vīrieši | Vietāztrūkums Vīrieši | | | | | | | |
| Südergellersen | 10.30 | 1:00:54 | 5:54 | 6 | 2:06 | 24 | 5:29 | 10.30 | 1:00:54 | 5:54 | 6 | 2:06 | 24 | 5:29 | | | | | | | |
| Amelinghausen | 13.80 | fehlt! | - | - | - | - | - | 24.10 | - | - | - | - | - | - | | | | | | | |
| Schwindebeck | 9.40 | 2:21:18 | 15:01 | 16 | 1:37:43 | 67 | 1:38:13 | 33.50 | 3:22:12 | 6:02 | 6 | 30:47 | 32 | 30:47 | | | | | | | |
| Bispingen | 8.90 | 1:01:50 | 6:56 | 7 | 10:57 | 34 | 20:57 | 42.40 | 4:24:02 | 6:13 | 6 | 24:27 | 32 | 51:11 | | | | | | | |
| Overhaverbeck | 10.80 | 1:12:50 | 6:44 | 2 | 8:43 | 17 | 22:41 | 53.20 | 5:36:52 | 6:19 | 5 | 1:11:21 | 28 | 1:13:52 | | | | | | | |
| Undeloh | 6.90 | 46:47 | 6:46 | 3 | 11:55 | 14 | 13:29 | 60.10 | 6:23:39 | 6:23 | 4 | 1:23:16 | 24 | 1:27:21 | | | | | | | |
| Egestorf | 9.20 | 1:04:24 | 7:00 | 3 | 14:46 | 14 | 16:37 | 69.30 | 7:28:03 | 6:27 | 4 | 1:38:02 | 21 | 1:43:58 | | | | | | | |
| Salzhausen | 10.70 | 1:12:43 | 6:47 | 3 | 15:23 | 11 | 15:23 | 80.00 | 8:40:46 | 6:30 | 3 | 1:53:25 | 20 | 1:57:19 | | | | | | | |
| Südergellersen | 10.90 | 1:24:02 | 7:42 | 3 | 25:21 | 14 | 25:21 | 90.90 | 10:04:48 | 6:39 | 3 | 2:18:46 | 17 | 2:18:46 | | | | | | | |
| Sülzwiesen | 9.10 | 1:02:06 | 6:49 | 4 | 17:46 | 13 | 17:46 | 100.00 | 11:06:54 | 6:40 | 3 | 2:36:32 | 14 | 2:36:32 | | | | | | | |