



1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

Detalizēti rezultāti

Christian Haschenz

Klubs: SPORTident

Numurs: 52

Posms: 0.35 km/Aplis

Stundenlauf

Grupa:

Senioren M35 (35-39)

Kopējais laiks: 59:12

Ātrums: 9.58 km/h

Skrējiena izpildījums: 6:15 min/km

Aplī: 27 (9.45 km)

Vieta distancē/Vīrieši: 39 (no 44)

Vieta grupā: 6(no 7)

Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts | | | | | | | Kopējais rezultāts | | | | | | |
|---------------|-----------------|-------------|--------------|---------------------|----------------------|---------|---------|--------------------|------------|-------------|---------------------|----------------------|---------|---------|
| | Posma km | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vīrieši | Vīrieši | Kopā km | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vīrieši | Vīrieši |
| Aplis 1 | 0.35 | 1:45 | 5:00 | 4 | 0:31 | 23 | 0:31 | 0.35 | 1:45 | 5:00 | 4 | 0:31 | 23 | 0:31 |
| Aplis 2 | 0.35 | 1:44 | 4:57 | 6 | 0:20 | 26 | 0:23 | 0.70 | 3:29 | 4:58 | 5 | 0:51 | 25 | 0:54 |
| Aplis 3 | 0.35 | 1:51 | 5:17 | 6 | 0:30 | 33 | 0:30 | 1.05 | 5:20 | 5:04 | 5 | 1:21 | 25 | 1:23 |
| Aplis 4 | 0.35 | 2:12 | 6:17 | 6 | 0:50 | 40 | 0:51 | 1.40 | 7:32 | 5:22 | 6 | 2:11 | 32 | 2:14 |
| Aplis 5 | 0.35 | 2:10 | 6:11 | 6 | 0:47 | 40 | 0:48 | 1.75 | 9:42 | 5:32 | 6 | 2:58 | 34 | 3:02 |
| Aplis 6 | 0.35 | 2:10 | 6:11 | 6 | 0:45 | 39 | 0:47 | 2.10 | 11:52 | 5:39 | 6 | 3:43 | 35 | 3:49 |
| Aplis 7 | 0.35 | 2:14 | 6:22 | 6 | 0:48 | 40 | 0:52 | 2.45 | 14:06 | 5:45 | 6 | 4:31 | 37 | 4:41 |
| Aplis 8 | 0.35 | 2:10 | 6:11 | 6 | 0:44 | 39 | 0:47 | 2.80 | 16:16 | 5:48 | 6 | 5:15 | 37 | 5:27 |
| Aplis 9 | 0.35 | 2:08 | 6:05 | 6 | 0:46 | 38 | 0:47 | 3.15 | 18:24 | 5:50 | 6 | 6:01 | 37 | 6:10 |
| Aplis 10 | 0.35 | 2:08 | 6:05 | 6 | 0:43 | 39 | 0:46 | 3.50 | 20:32 | 5:52 | 6 | 6:44 | 37 | 6:54 |
| Aplis 11 | 0.35 | 2:10 | 6:11 | 6 | 0:44 | 39 | 0:47 | 3.85 | 22:42 | 5:53 | 6 | 7:28 | 38 | 7:40 |
| Aplis 12 | 0.35 | 2:12 | 6:17 | 6 | 0:46 | 38 | 0:51 | 4.20 | 24:54 | 5:55 | 6 | 8:14 | 38 | 8:29 |
| Aplis 13 | 0.35 | 2:07 | 6:02 | 6 | 0:40 | 38 | 0:46 | 4.55 | 27:01 | 5:56 | 6 | 8:54 | 38 | 9:13 |
| Aplis 14 | 0.35 | 2:07 | 6:02 | 6 | 0:41 | 37 | 0:46 | 4.90 | 29:08 | 5:56 | 6 | 9:35 | 38 | 9:58 |
| Aplis 15 | 0.35 | 2:01 | 5:45 | 5 | 0:36 | 33 | 0:39 | 5.25 | 31:09 | 5:55 | 6 | 10:11 | 38 | 10:37 |
| Aplis 16 | 0.35 | 2:31 | 7:11 | 7 | 1:08 | 43 | 1:09 | 5.60 | 33:40 | 6:00 | 6 | 11:19 | 38 | 11:45 |
| Aplis 17 | 0.35 | 2:27 | 7:00 | 7 | 1:02 | 41 | 1:04 | 5.95 | 36:07 | 6:04 | 6 | 12:21 | 38 | 12:49 |
| Aplis 18 | 0.35 | 2:28 | 7:02 | 7 | 1:02 | 43 | 1:04 | 6.30 | 38:35 | 6:07 | 6 | 13:23 | 38 | 13:52 |
| Aplis 19 | 0.35 | 2:11 | 6:14 | 6 | 0:45 | 37 | 0:49 | 6.65 | 40:46 | 6:07 | 6 | 14:08 | 38 | 14:40 |
| Aplis 20 | 0.35 | 2:12 | 6:17 | 5 | 0:46 | 38 | 0:52 | 7.00 | 42:58 | 6:08 | 6 | 14:54 | 38 | 15:31 |
| Aplis 21 | 0.35 | 2:20 | 6:40 | 6 | 0:55 | 41 | 0:58 | 7.35 | 45:18 | 6:09 | 6 | 15:49 | 38 | 16:29 |
| Aplis 22 | 0.35 | 2:29 | 7:05 | 7 | 1:02 | 43 | 1:06 | 7.70 | 47:47 | 6:12 | 6 | 16:51 | 39 | 17:35 |
| Aplis 23 | 0.35 | 2:25 | 6:54 | 7 | 0:59 | 42 | 1:03 | 8.05 | 50:12 | 6:14 | 6 | 17:50 | 39 | 18:38 |
| Aplis 24 | 0.35 | 2:21 | 6:42 | 6 | 0:54 | 41 | 1:00 | 8.40 | 52:33 | 6:15 | 6 | 18:44 | 39 | 19:38 |
| Aplis 25 | 0.35 | 2:03 | 5:51 | 5 | 0:38 | 32 | 0:43 | 8.75 | 54:36 | 6:14 | 6 | 19:22 | 39 | 20:21 |
| Aplis 26 | 0.35 | 2:07 | 6:02 | 5 | 0:42 | 35 | 0:46 | 9.10 | 56:43 | 6:13 | 6 | 20:04 | 39 | 21:07 |
| Aplis 27 | 0.35 | 2:29 | 7:05 | 6 | 1:04 | 39 | 1:08 | 9.45 | 59:12 | 6:15 | 6 | 21:08 | 39 | 22:15 |