



# 1. SPORTident Winter-Stundenlaufserie mit Musik (1. Lauf)

Arnstadt / 31.01.2024

## Detalizēti rezultāti

**Thomas Scherer**

Klubs: SPORTident

Numurs: 65

Posms: 0.35 km/Aplis

Stundenlauf

Grupa:

Senioren M40 (40-44)

Kopējais laiks: 59:59

Ātrums: 11.00 km/h

Skrējiena izpildījums: 5:11 min/km

Aplī: 33 (11.55 km)

Vieta distancē/Vīrieši: 23 (no 44)

Vieta grupā: 8(no 11)

## Vidējie laiki

## Posma rezultāts

## Kopējais rezultāts

| Kontrolpunkts | Posma rezultāts |             |              |                     |                      |                       |                        | Kopējais rezultāts |            |             |                     |                      |                       |                        |
|---------------|-----------------|-------------|--------------|---------------------|----------------------|-----------------------|------------------------|--------------------|------------|-------------|---------------------|----------------------|-----------------------|------------------------|
|               | Posma km        | Posma Laiks | Posma min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkum: Vīrieši | Vietāztrūkums: Vīrieši | Kopā km            | Kopā Laiks | Kopā min/km | Vietāztrūkum: grupā | Vietāztrūkums: grupā | Vietāztrūkum: Vīrieši | Vietāztrūkums: Vīrieši |
| Aplis 1       | 0.35            | 1:50        | 5:14         | 9                   | 0:35                 | 28                    | 0:36                   | 0.35               | 1:50       | 5:14        | 9                   | 0:35                 | 28                    | 0:36                   |
| Aplis 2       | 0.35            | 1:47        | 5:05         | 8                   | 0:26                 | 28                    | 0:26                   | 0.70               | 3:37       | 5:10        | 9                   | 1:01                 | 29                    | 1:02                   |
| Aplis 3       | 0.35            | 1:50        | 5:14         | 8                   | 0:29                 | 29                    | 0:29                   | 1.05               | 5:27       | 5:11        | 9                   | 1:30                 | 29                    | 1:30                   |
| Aplis 4       | 0.35            | 1:52        | 5:20         | 10                  | 0:30                 | 32                    | 0:31                   | 1.40               | 7:19       | 5:13        | 9                   | 2:00                 | 28                    | 2:01                   |
| Aplis 5       | 0.35            | 1:50        | 5:14         | 7                   | 0:26                 | 25                    | 0:28                   | 1.75               | 9:09       | 5:13        | 9                   | 2:26                 | 28                    | 2:29                   |
| Aplis 6       | 0.35            | 1:53        | 5:22         | 9                   | 0:29                 | 31                    | 0:30                   | 2.10               | 11:02      | 5:15        | 9                   | 2:55                 | 30                    | 2:59                   |
| Aplis 7       | 0.35            | 1:50        | 5:14         | 7                   | 0:27                 | 24                    | 0:28                   | 2.45               | 12:52      | 5:15        | 9                   | 3:18                 | 30                    | 3:27                   |
| Aplis 8       | 0.35            | 1:47        | 5:05         | 7                   | 0:24                 | 21                    | 0:24                   | 2.80               | 14:39      | 5:13        | 8                   | 3:38                 | 29                    | 3:50                   |
| Aplis 9       | 0.35            | 1:48        | 5:08         | 6                   | 0:27                 | 21                    | 0:27                   | 3.15               | 16:27      | 5:13        | 8                   | 4:05                 | 28                    | 4:13                   |
| Aplis 10      | 0.35            | 1:47        | 5:05         | 8                   | 0:25                 | 22                    | 0:25                   | 3.50               | 18:14      | 5:12        | 8                   | 4:30                 | 27                    | 4:36                   |
| Aplis 11      | 0.35            | 1:47        | 5:05         | 7                   | 0:24                 | 18                    | 0:24                   | 3.85               | 20:01      | 5:11        | 8                   | 4:54                 | 25                    | 4:59                   |
| Aplis 12      | 0.35            | 1:49        | 5:11         | 8                   | 0:28                 | 22                    | 0:28                   | 4.20               | 21:50      | 5:11        | 8                   | 5:22                 | 25                    | 5:25                   |
| Aplis 13      | 0.35            | 1:48        | 5:08         | 7                   | 0:27                 | 20                    | 0:27                   | 4.55               | 23:38      | 5:11        | 8                   | 5:49                 | 24                    | 5:50                   |
| Aplis 14      | 0.35            | 1:52        | 5:20         | 7                   | 0:31                 | 24                    | 0:31                   | 4.90               | 25:30      | 5:12        | 8                   | 6:20                 | 24                    | 6:20                   |
| Aplis 15      | 0.35            | 1:51        | 5:17         | 7                   | 0:29                 | 22                    | 0:29                   | 5.25               | 27:21      | 5:12        | 8                   | 6:49                 | 24                    | 6:49                   |
| Aplis 16      | 0.35            | 1:47        | 5:05         | 6                   | 0:23                 | 15                    | 0:25                   | 5.60               | 29:08      | 5:12        | 8                   | 7:12                 | 24                    | 7:13                   |
| Aplis 17      | 0.35            | 1:49        | 5:11         | 5                   | 0:25                 | 16                    | 0:26                   | 5.95               | 30:57      | 5:12        | 8                   | 7:37                 | 24                    | 7:39                   |
| Aplis 18      | 0.35            | 1:50        | 5:14         | 6                   | 0:26                 | 18                    | 0:26                   | 6.30               | 32:47      | 5:12        | 8                   | 8:03                 | 23                    | 8:04                   |
| Aplis 19      | 0.35            | 1:51        | 5:17         | 8                   | 0:29                 | 22                    | 0:29                   | 6.65               | 34:38      | 5:12        | 8                   | 8:32                 | 23                    | 8:32                   |
| Aplis 20      | 0.35            | 1:48        | 5:08         | 7                   | 0:27                 | 17                    | 0:28                   | 7.00               | 36:26      | 5:12        | 8                   | 8:59                 | 23                    | 8:59                   |
| Aplis 21      | 0.35            | 1:53        | 5:22         | 8                   | 0:31                 | 23                    | 0:31                   | 7.35               | 38:19      | 5:12        | 8                   | 9:30                 | 23                    | 9:30                   |
| Aplis 22      | 0.35            | 1:54        | 5:25         | 8                   | 0:31                 | 26                    | 0:31                   | 7.70               | 40:13      | 5:13        | 8                   | 10:01                | 23                    | 10:01                  |
| Aplis 23      | 0.35            | 1:55        | 5:28         | 9                   | 0:33                 | 27                    | 0:33                   | 8.05               | 42:08      | 5:14        | 8                   | 10:34                | 23                    | 10:34                  |
| Aplis 24      | 0.35            | 1:53        | 5:22         | 7                   | 0:32                 | 22                    | 0:32                   | 8.40               | 44:01      | 5:14        | 8                   | 11:06                | 24                    | 11:06                  |
| Aplis 25      | 0.35            | 1:52        | 5:20         | 7                   | 0:32                 | 21                    | 0:32                   | 8.75               | 45:53      | 5:14        | 8                   | 11:38                | 24                    | 11:38                  |
| Aplis 26      | 0.35            | 1:53        | 5:22         | 9                   | 0:32                 | 25                    | 0:32                   | 9.10               | 47:46      | 5:14        | 8                   | 12:10                | 24                    | 12:10                  |
| Aplis 27      | 0.35            | 1:50        | 5:14         | 7                   | 0:29                 | 19                    | 0:29                   | 9.45               | 49:36      | 5:14        | 8                   | 12:39                | 24                    | 12:39                  |
| Aplis 28      | 0.35            | 1:46        | 5:02         | 6                   | 0:24                 | 17                    | 0:24                   | 9.80               | 51:22      | 5:14        | 8                   | 13:03                | 24                    | 13:03                  |
| Aplis 29      | 0.35            | 1:46        | 5:02         | 6                   | 0:24                 | 16                    | 0:24                   | 10.15              | 53:08      | 5:14        | 8                   | 13:27                | 23                    | 13:27                  |
| Aplis 30      | 0.35            | 1:49        | 5:11         | 8                   | 0:28                 | 21                    | 0:28                   | 10.50              | 54:57      | 5:14        | 8                   | 13:55                | 23                    | 13:55                  |



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Vidējie laiki

Posma rezultāts

Kopējais rezultāts

| Kontrolpunkts | Posma |       | Vietāztrūkums:Vietāztrūkums |       |       |         | Kopā    |       | Vietāztrūkums:Vietāztrūkums |        |       |       |         |         |
|---------------|-------|-------|-----------------------------|-------|-------|---------|---------|-------|-----------------------------|--------|-------|-------|---------|---------|
|               | km    | Laiks | min/km                      | grupā | grupā | Vīrieši | Vīrieši | km    | Laiks                       | min/km | grupā | grupā | Vīrieši | Vīrieši |
| Aplis 31      | 0.35  | 1:47  | 5:05                        | 7     | 0:25  | 20      | 0:25    | 10.85 | 56:44                       | 5:13   | 8     | 14:20 | 23      | 14:20   |
| Aplis 32      | 0.35  | 1:42  | 4:51                        | 7     | 0:22  | 16      | 0:22    | 11.20 | 58:26                       | 5:13   | 8     | 14:42 | 23      | 14:42   |
| Aplis 33      | 0.35  | 1:33  | 4:25                        | 3     | 0:11  | 7       | 0:11    | 11.55 | 59:59                       | 5:11   | 8     | 14:53 | 23      | 14:53   |