



Detailed evaluation

Kristine Jahren

Number: 71

Course: 226.00 km
Ultra Triathlon

Category:
Female

Total time: 15:23:42

Speed: 14.68 km/h

Running performance: 4:06 min/km

Rank in course/Total: 47 (of 99)

Rank in course/Women: 2 (of 8)

Best time in course: 14:45:30

Rank in category: 2(of 8)

Best time in the category: 14:45:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Exit Water	-	2:11:21	-	6	54:52	6	54:52	-	2:11:21	-	6	54:52	6	54:52
Start Bike	-	9:32	-	2	7:57	2	7:57	-	2:20:53	-	5	16:15	5	16:15
Peak 932	-	1:35:12	-	3	10:08	3	10:08	-	3:56:05	-	5	19:33	5	19:33
Exit Fv986	-	38:13	-	3	3:05	3	3:05	-	4:34:18	-	5	22:38	5	22:38
Top Hunnedalen	-	57:02	-	2	4:58	2	4:58	-	5:31:20	-	5	21:05	5	21:05
Byrkjedalstunet	-	1:09:07	-	5	41:23	5	41:23	-	6:40:27	-	5	53:02	5	53:02
Exit at 113	-	41:12	-	2	1:49	2	1:49	-	7:21:39	-	5	28:48	5	28:48
Exit E39	-	50:44	-	4	7:33	4	7:33	-	8:12:23	-	5	36:21	5	36:21
Exit RV44	-	1:54:25	-	3	10:56	3	10:56	-	10:06:48	-	4	45:52	4	45:52
Off Bike	-	37:18	-	3	4:52	3	4:52	-	10:44:06	-	4	49:52	4	49:52
Start Run	-	2:59	-	1	-	1	-	-	10:47:05	-	3	38:44	3	38:44
Tjelta	-	1:13:55	-	2	6:54	2	6:54	-	12:01:00	-	3	45:38	3	45:38
Solastrand Hotel	-	54:12	-	1	-	1	-	-	12:55:12	-	2	34:24	2	34:24
Kvernevik 1	-	1:14:32	-	1	-	1	-	-	14:09:44	-	2	30:40	2	30:40
Kvernevik 2	-	16:14	-	2	1:53	2	1:53	-	14:25:58	-	2	32:33	2	32:33
Finish	-	57:44	-	2	5:39	2	5:39	226.00	15:23:42	-	2	38:12	2	38:12