



Detailed evaluation

Torbjørn Selmer

Number: 133

Course: 226.00 km
Ultra Triathlon

Category:

Male

Total time: 13:34:19

Speed: 16.65 km/h

Running performance: 3:37 min/km

Rank in course/Total: 12 (of 99)

Rank in course/Men: 12 (of 91)

Best time in course: 11:24:54

Rank in category: 12(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:56:09	-	48	39:40	48	39:40	-	1:56:09	-	48	39:40	48	39:40
Start Bike	-	9:47	-	17	6:22	17	6:22	-	2:05:56	-	32	40:56	32	40:56
Peak 932	-	1:29:03	-	56	33:21	56	33:21	-	3:34:59	-	44	1:00:58	44	1:00:58
Exit Fv986	-	33:24	-	24	17:52	24	17:52	-	4:08:23	-	42	1:05:24	42	1:05:24
Top Hunnedalen	-	51:01	-	30	12:24	30	12:24	-	4:59:24	-	34	1:16:17	34	1:16:17
Byrkjedalstunet	-	53:48	-	12	42:51	12	42:51	-	5:53:12	-	30	1:21:11	30	1:21:11
Exit at 113	-	35:32	-	17	3:33	17	3:33	-	6:28:44	-	28	1:24:44	28	1:24:44
Exit E39	-	41:30	-	18	23:09	18	23:09	-	7:10:14	-	25	1:28:09	25	1:28:09
Exit RV44	-	1:32:59	-	9	13:10	9	13:10	-	8:43:13	-	22	1:30:59	22	1:30:59
Off Bike	-	29:47	-	10	3:28	10	3:28	-	9:13:00	-	20	1:31:52	20	1:31:52
Start Run	-	4:00	-	11	2:45	11	2:45	-	9:17:00	-	20	1:34:37	20	1:34:37
Tjelta	-	1:07:55	-	24	33:27	24	33:27	-	10:24:55	-	14	1:53:42	14	1:53:42
Solastrand Hotel	-	1:21:43	-	69	51:18	69	51:18	-	11:46:38	-	25	2:20:46	25	2:20:46
Kvernevik 1	-	45:06	-	1	-	1	-	-	12:31:44	-	12	2:04:39	12	2:04:39
Kvernevik 2	-	13:21	-	4	1:33	4	1:33	-	12:45:05	-	12	2:05:43	12	2:05:43
Finish	-	49:14	-	9	4:40	9	4:40	226.00	13:34:19	-	12	2:09:25	12	2:09:25