



Detailed evaluation

Aleksander Larsen

Number: 86

Course: 226.00 km
Ultra Triathlon

Category:
Male

Total time: 13:55:55

Speed: 16.22 km/h
Running performance: 3:42 min/km

Rank in course/Total: 13 (of 99)

Rank in course/Men: 13 (of 91)

Best time in course: 11:24:54

Rank in category: 13(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	2:10:24	-	63	53:55	63	53:55	-	2:10:24	-	63	53:55	63	53:55
Start Bike	-	13:31	-	49	10:06	49	10:06	-	2:23:55	-	61	58:55	61	58:55
Peak 932	-	1:23:46	-	40	28:04	40	28:04	-	3:47:41	-	57	1:13:40	57	1:13:40
Exit Fv986	-	32:15	-	17	16:43	17	16:43	-	4:19:56	-	53	1:16:57	53	1:16:57
Top Hunnedalen	-	49:14	-	22	10:37	22	10:37	-	5:09:10	-	46	1:26:03	46	1:26:03
Byrkjedalstunet	-	53:04	-	10	42:07	10	42:07	-	6:02:14	-	39	1:30:13	39	1:30:13
Exit at 113	-	36:18	-	24	4:19	24	4:19	-	6:38:32	-	37	1:34:32	37	1:34:32
Exit E39	-	41:41	-	19	23:20	19	23:20	-	7:20:13	-	37	1:38:08	37	1:38:08
Exit RV44	-	1:34:16	-	11	14:27	11	14:27	-	8:54:29	-	30	1:42:15	30	1:42:15
Off Bike	-	29:53	-	11	3:34	11	3:34	-	9:24:22	-	28	1:43:14	28	1:43:14
Start Run	-	6:36	-	26	5:21	26	5:21	-	9:30:58	-	29	1:48:35	29	1:48:35
Tjelta	-	1:09:24	-	28	34:56	28	34:56	-	10:40:22	-	28	2:09:09	28	2:09:09
Solastrand Hotel	-	30:25	-	1	-	1	-	-	11:10:47	-	11	1:44:55	11	1:44:55
Kvernevik 1	-	1:25:05	-	34	39:59	34	39:59	-	12:35:52	-	14	2:08:47	14	2:08:47
Kvernevik 2	-	19:22	-	59	7:34	59	7:34	-	12:55:14	-	14	2:15:52	14	2:15:52
Finish	-	1:00:41	-	39	16:07	39	16:07	226.00	13:55:55	-	13	2:31:01	13	2:31:01