



## Detailed evaluation

Roo Murray

Number: 107

Course: 226.00 km  
Ultra Triathlon

Category:  
Male

Total time: 13:56:35

Speed: 16.21 km/h

Running performance: 3:43 min/km

Rank in course/Total: 14 (of 99)

Rank in course/Men: 14 (of 91)

Best time in course: 11:24:54

Rank in category: 14(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:34:29	-	13	18:00	13	18:00	-	1:34:29	-	13	18:00	13	18:00
Start Bike	-	11:14	-	33	7:49	33	7:49	-	1:45:43	-	14	20:43	14	20:43
Peak 932	-	1:17:19	-	21	21:37	21	21:37	-	3:03:02	-	13	29:01	13	29:01
Exit Fv986	-	34:36	-	43	19:04	43	19:04	-	3:37:38	-	16	34:39	16	34:39
Top Hunnedalen	-	55:22	-	52	16:45	52	16:45	-	4:33:00	-	18	49:53	18	49:53
Byrkjedalstunet	-	1:01:42	-	39	50:45	39	50:45	-	5:34:42	-	16	1:02:41	16	1:02:41
Exit at 113	-	38:07	-	38	6:08	38	6:08	-	6:12:49	-	17	1:08:49	17	1:08:49
Exit E39	-	44:35	-	41	26:14	41	26:14	-	6:57:24	-	16	1:15:19	16	1:15:19
Exit RV44	-	1:45:02	-	36	25:13	36	25:13	-	8:42:26	-	20	1:30:12	20	1:30:12
Off Bike	-	33:35	-	54	7:16	54	7:16	-	9:16:01	-	22	1:34:53	22	1:34:53
Start Run	-	7:35	-	37	6:20	37	6:20	-	9:23:36	-	22	1:41:13	22	1:41:13
Tjelta	-	1:04:53	-	14	30:25	14	30:25	-	10:28:29	-	16	1:57:16	16	1:57:16
Solastrand Hotel	-	51:14	-	7	20:49	7	20:49	-	11:19:43	-	13	1:53:51	13	1:53:51
Kvernevik 1	-	1:14:10	-	12	29:04	12	29:04	-	12:33:53	-	13	2:06:48	13	2:06:48
Kvernevik 2	-	21:20	-	70	9:32	70	9:32	-	12:55:13	-	13	2:15:51	13	2:15:51
Finish	-	1:01:22	-	44	16:48	44	16:48	226.00	13:56:35	-	14	2:31:41	14	2:31:41