



Detailed evaluation

Erlend Berland

Number: 18

Course: 226.00 km
Ultra Triathlon

Category:

Male

Total time: 14:35:46

Speed: 15.48 km/h

Running performance: 3:53 min/km

Rank in course/Total: 23 (of 99)

Rank in course/Men: 23 (of 91)

Best time in course: 11:24:54

Rank in category: 23(of 91)

Best time in the category: 11:24:54

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|------------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Exit Water | - | 1:45:47 | - | 29 | 29:18 | 29 | 29:18 | - | 1:45:47 | - | 29 | 29:18 | 29 | 29:18 |
| Start Bike | - | 9:08 | - | 15 | 5:43 | 15 | 5:43 | - | 1:54:55 | - | 24 | 29:55 | 24 | 29:55 |
| Peak 932 | - | 1:16:06 | - | 20 | 20:24 | 20 | 20:24 | - | 3:11:01 | - | 17 | 37:00 | 17 | 37:00 |
| Exit Fv986 | - | 32:09 | - | 16 | 16:37 | 16 | 16:37 | - | 3:43:10 | - | 18 | 40:11 | 18 | 40:11 |
| Top Hunnedalen | - | 45:56 | - | 9 | 7:19 | 9 | 7:19 | - | 4:29:06 | - | 13 | 45:59 | 13 | 45:59 |
| Byrkjedalstunet | - | 56:47 | - | 16 | 45:50 | 16 | 45:50 | - | 5:25:53 | - | 13 | 53:52 | 13 | 53:52 |
| Exit at 113 | - | 33:45 | - | 4 | 1:46 | 4 | 1:46 | - | 5:59:38 | - | 10 | 55:38 | 10 | 55:38 |
| Exit E39 | - | 40:45 | - | 12 | 22:24 | 12 | 22:24 | - | 6:40:23 | - | 9 | 58:18 | 9 | 58:18 |
| Exit RV44 | - | 1:29:29 | - | 5 | 9:40 | 5 | 9:40 | - | 8:09:52 | - | 8 | 57:38 | 8 | 57:38 |
| Off Bike | - | 28:30 | - | 4 | 2:11 | 4 | 2:11 | - | 8:38:22 | - | 8 | 57:14 | 8 | 57:14 |
| Start Run | - | 4:36 | - | 14 | 3:21 | 14 | 3:21 | - | 8:42:58 | - | 8 | 1:00:35 | 8 | 1:00:35 |
| Tjelta | - | 1:29:40 | - | 70 | 55:12 | 70 | 55:12 | - | 10:12:38 | - | 10 | 1:41:25 | 10 | 1:41:25 |
| Solastrand Hotel | - | 1:13:44 | - | 56 | 43:19 | 56 | 43:19 | - | 11:26:22 | - | 17 | 2:00:30 | 17 | 2:00:30 |
| Kvernevik 1 | - | 1:41:02 | - | 60 | 55:56 | 60 | 55:56 | - | 13:07:24 | - | 20 | 2:40:19 | 20 | 2:40:19 |
| Kvernevik 2 | - | 23:33 | - | 75 | 11:45 | 75 | 11:45 | - | 13:30:57 | - | 22 | 2:51:35 | 22 | 2:51:35 |
| Finish | - | 1:04:49 | - | 56 | 20:15 | 56 | 20:15 | 226.00 | 14:35:46 | - | 23 | 3:10:52 | 23 | 3:10:52 |