



Detailed evaluation

Even Øistensen

Number: 153

Course: 226.00 km
Ultra Triathlon

Category:

Male

Total time: 15:24:19

Speed: 14.67 km/h

Running performance: 4:06 min/km

Rank in course/Total: 48 (of 99)

Rank in course/Men: 46 (of 91)

Best time in course: 11:24:54

Rank in category: 46(of 91)

Best time in the category: 11:24:54

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	2:11:24	-	67	54:55	67	54:55	-	2:11:24	-	67	54:55	67	54:55
Start Bike	-	13:21	-	47	9:56	47	9:56	-	2:24:45	-	64	59:45	64	59:45
Peak 932	-	1:26:54	-	51	31:12	51	31:12	-	3:51:39	-	63	1:17:38	63	1:17:38
Exit Fv986	-	35:08	-	47	19:36	47	19:36	-	4:26:47	-	62	1:23:48	62	1:23:48
Top Hunnedalen	-	56:30	-	56	17:53	56	17:53	-	5:23:17	-	58	1:40:10	58	1:40:10
Byrkjedalstunet	-	1:04:01	-	54	53:04	54	53:04	-	6:27:18	-	56	1:55:17	56	1:55:17
Exit at 113	-	36:30	-	27	4:31	27	4:31	-	7:03:48	-	55	1:59:48	55	1:59:48
Exit E39	-	43:38	-	32	25:17	32	25:17	-	7:47:26	-	55	2:05:21	55	2:05:21
Exit RV44	-	1:50:24	-	49	30:35	49	30:35	-	9:37:50	-	52	2:25:36	52	2:25:36
Off Bike	-	33:33	-	52	7:14	52	7:14	-	10:11:23	-	51	2:30:15	51	2:30:15
Start Run	-	8:24	-	48	7:09	48	7:09	-	10:19:47	-	51	2:37:24	51	2:37:24
Tjelta	-	1:25:45	-	57	51:17	57	51:17	-	11:45:32	-	54	3:14:19	54	3:14:19
Solastrand Hotel	-	1:06:28	-	37	36:03	37	36:03	-	12:52:00	-	55	3:26:08	55	3:26:08
Kvernevik 1	-	1:17:53	-	18	32:47	18	32:47	-	14:09:53	-	49	3:42:48	49	3:42:48
Kvernevik 2	-	16:06	-	30	4:18	30	4:18	-	14:25:59	-	48	3:46:37	48	3:46:37
Finish	-	58:20	-	33	13:46	33	13:46	226.00	15:24:19	-	46	3:59:25	46	3:59:25