



Detailed evaluation

Gøran Strand Blavik

Number: 23

Course: 226.00 km
Ultra Triathlon

Category:
Male

Total time: 16:05:52

Speed: 14.04 km/h
Running performance: 4:17 min/km

Rank in course/Total: 59 (of 99)

Rank in course/Men: 56 (of 91)

Best time in course: 11:24:54

Rank in category: 56(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	2:20:17	-	76	1:03:48	76	1:03:48	-	2:20:17	-	76	1:03:48	76	1:03:48
Start Bike	-	18:32	-	70	15:07	70	15:07	-	2:38:49	-	78	1:13:49	78	1:13:49
Peak 932	-	1:29:05	-	58	33:23	58	33:23	-	4:07:54	-	70	1:33:53	70	1:33:53
Exit Fv986	-	33:40	-	28	18:08	28	18:08	-	4:41:34	-	69	1:38:35	69	1:38:35
Top Hunnedalen	-	54:03	-	47	15:26	47	15:26	-	5:35:37	-	65	1:52:30	65	1:52:30
Byrkjedalstunet	-	1:06:28	-	62	55:31	62	55:31	-	6:42:05	-	67	2:10:04	67	2:10:04
Exit at 113	-	42:12	-	65	10:13	65	10:13	-	7:24:17	-	66	2:20:17	66	2:20:17
Exit E39	-	54:51	-	80	36:30	80	36:30	-	8:19:08	-	67	2:37:03	67	2:37:03
Exit RV44	-	1:54:09	-	59	34:20	59	34:20	-	10:13:17	-	65	3:01:03	65	3:01:03
Off Bike	-	34:46	-	64	8:27	64	8:27	-	10:48:03	-	65	3:06:55	65	3:06:55
Start Run	-	13:52	-	72	12:37	72	12:37	-	11:01:55	-	65	3:19:32	65	3:19:32
Tjelta	-	1:13:27	-	38	38:59	38	38:59	-	12:15:22	-	64	3:44:09	64	3:44:09
Solastrand Hotel	-	1:16:44	-	59	46:19	59	46:19	-	13:32:06	-	62	4:06:14	62	4:06:14
Kvernevik 1	-	1:25:28	-	35	40:22	35	40:22	-	14:57:34	-	60	4:30:29	60	4:30:29
Kvernevik 2	-	16:00	-	28	4:12	28	4:12	-	15:13:34	-	59	4:34:12	59	4:34:12
Finish	-	52:18	-	20	7:44	20	7:44	226.00	16:05:52	-	56	4:40:58	56	4:40:58