



## Detailed evaluation

Gunnar Birkir Gunnarsson

Number: 58

Course: 226.00 km  
Ultra Triathlon

Category:  
Male

Total time: 16:30:22

Speed: 13.69 km/h

Running performance: 4:23 min/km

Rank in course/Total: 65 (of 99)

Rank in course/Men: 62 (of 91)

Best time in course: 11:24:54

Rank in category: 62(of 91)

Best time in the category: 11:24:54

| Control          | Intermediate times |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|------------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
|                  | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Exit Water       | -                  | 2:05:42    | -            | 58       | 49:13       | 58      | 49:13      | -        | 2:05:42       | -            | 58       | 49:13       | 58      | 49:13      |
| Start Bike       | -                  | 14:32      | -            | 53       | 11:07       | 53      | 11:07      | -        | 2:20:14       | -            | 57       | 55:14       | 57      | 55:14      |
| Peak 932         | -                  | 1:47:41    | -            | 84       | 51:59       | 84      | 51:59      | -        | 4:07:55       | -            | 71       | 1:33:54     | 71      | 1:33:54    |
| Exit Fv986       | -                  | 35:39      | -            | 51       | 20:07       | 51      | 20:07      | -        | 4:43:34       | -            | 71       | 1:40:35     | 71      | 1:40:35    |
| Top Hunnedalen   | -                  | 1:01:46    | -            | 64       | 23:09       | 64      | 23:09      | -        | 5:45:20       | -            | 72       | 2:02:13     | 72      | 2:02:13    |
| Byrkjedalstunet  | -                  | 1:01:58    | -            | 40       | 51:01       | 40      | 51:01      | -        | 6:47:18       | -            | 71       | 2:15:17     | 71      | 2:15:17    |
| Exit at 113      | -                  | 38:58      | -            | 48       | 6:59        | 48      | 6:59       | -        | 7:26:16       | -            | 67       | 2:22:16     | 67      | 2:22:16    |
| Exit E39         | -                  | 49:27      | -            | 69       | 31:06       | 69      | 31:06      | -        | 8:15:43       | -            | 66       | 2:33:38     | 66      | 2:33:38    |
| Exit RV44        | -                  | 1:47:21    | -            | 44       | 27:32       | 44      | 27:32      | -        | 10:03:04      | -            | 63       | 2:50:50     | 63      | 2:50:50    |
| Off Bike         | -                  | 35:54      | -            | 71       | 9:35        | 71      | 9:35       | -        | 10:38:58      | -            | 63       | 2:57:50     | 63      | 2:57:50    |
| Start Run        | -                  | 6:56       | -            | 31       | 5:41        | 31      | 5:41       | -        | 10:45:54      | -            | 62       | 3:03:31     | 62      | 3:03:31    |
| Tjelta           | -                  | 1:16:21    | -            | 42       | 41:53       | 42      | 41:53      | -        | 12:02:15      | -            | 59       | 3:31:02     | 59      | 3:31:02    |
| Solastrand Hotel | -                  | 1:24:15    | -            | 72       | 53:50       | 72      | 53:50      | -        | 13:26:30      | -            | 61       | 4:00:38     | 61      | 4:00:38    |
| Kvernevik 1      | -                  | 1:33:28    | -            | 52       | 48:22       | 52      | 48:22      | -        | 14:59:58      | -            | 61       | 4:32:53     | 61      | 4:32:53    |
| Kvernevik 2      | -                  | 18:56      | -            | 57       | 7:08        | 57      | 7:08       | -        | 15:18:54      | -            | 61       | 4:39:32     | 61      | 4:39:32    |
| Finish           | -                  | 1:11:28    | -            | 62       | 26:54       | 62      | 26:54      | 226.00   | 16:30:22      | -            | 62       | 5:05:28     | 62      | 5:05:28    |