



Detailed evaluation

Morten Kjønno

Number: 80

Course: 226.00 km
Ultra Triathlon

Category:

Male

Total time: 17:38:13

Speed: 12.81 km/h

Running performance: 4:41 min/km

Rank in course/Total: 78 (of 99)

Rank in course/Men: 73 (of 91)

Best time in course: 11:24:54

Rank in category: 73(of 91)

Best time in the category: 11:24:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Exit Water	-	1:51:05	-	36	34:36	36	34:36	-	1:51:05	-	36	34:36	36	34:36
Start Bike	-	21:54	-	79	18:29	79	18:29	-	2:12:59	-	49	47:59	49	47:59
Peak 932	-	1:31:32	-	65	35:50	65	35:50	-	3:44:31	-	54	1:10:30	54	1:10:30
Exit Fv986	-	40:28	-	78	24:56	78	24:56	-	4:24:59	-	56	1:22:00	56	1:22:00
Top Hunnedalen	-	1:01:29	-	63	22:52	63	22:52	-	5:26:28	-	62	1:43:21	62	1:43:21
Byrkjedalstunet	-	1:15:02	-	80	1:04:05	80	1:04:05	-	6:41:30	-	65	2:09:29	65	2:09:29
Exit at 113	-	1:23:17	-	84	51:18	84	51:18	-	8:04:47	-	78	3:00:47	78	3:00:47
Exit E39	-	44:11	-	36	25:50	36	25:50	-	8:48:58	-	77	3:06:53	77	3:06:53
Exit RV44	-	1:55:48	-	62	35:59	62	35:59	-	10:44:46	-	74	3:32:32	74	3:32:32
Off Bike	-	31:05	-	24	4:46	24	4:46	-	11:15:51	-	72	3:34:43	72	3:34:43
Start Run	-	12:58	-	69	11:43	69	11:43	-	11:28:49	-	73	3:46:26	73	3:46:26
Tjelta	-	1:53:46	-	80	1:19:18	80	1:19:18	-	13:22:35	-	75	4:51:22	75	4:51:22
Solastrand Hotel	-	1:17:16	-	63	46:51	63	46:51	-	14:39:51	-	72	5:13:59	72	5:13:59
Kvernevik 1	-	1:38:36	-	57	53:30	57	53:30	-	16:18:27	-	75	5:51:22	75	5:51:22
Kvernevik 2	-	18:45	-	56	6:57	56	6:57	-	16:37:12	-	75	5:57:50	75	5:57:50
Finish	-	1:01:01	-	40	16:27	40	16:27	226.00	17:38:13	-	73	6:13:19	73	6:13:19