



41. Erfurter Silvesterlauf

Erfurt / 31.12.2014

Stange, Mario

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Stange, Mario	km	min	min/km	-	-	km	min	km	min	min/km	-	-	km	min
Runde Langstrec	2.00	11:41	5:50	105	5:13	393	5:24	2.00	11:41	5:50	68	5:13	237	5:24
Runde Langstrec	2.00	10:21	5:10	83	3:39	305	3:58	4.00	22:02	5:30	68	8:52	237	9:22
Runde Langstrec	2.00	10:22	5:11	82	3:30	288	3:54	6.00	32:24	5:23	68	12:22	236	13:16
Runde Langstrec	2.00	10:32	5:15	85	3:46	300	4:08	8.00	42:56	5:21	67	16:08	235	17:24
Leichtathletikhal	2.00	10:30	5:15	92	3:43	326	4:27	10.00	53:26	5:20	89	19:51	325	21:51