

4. Thüringer Wintertriathlon 4. Thuringer willterther Frauenwald / 06.03.2005



Höhle, Doris □□□: 2:18:58

□□: Ort:Erlangen

□□: 76

_____: 29 (of 30) □□: 33.00 km ________: 30000 (of 4)

Wintertriathlon 5-18-10 ____: 2:00:10

□□□□: 30000(of 1)

000000:-Master 2 (weiblich)

	km		km/h	-	-			km		km/h	-	-		
Lauf	5.00	31:57	9.39	1	-	4	7:51	5.00	31:57	9.39	1	-	2	7:51
MTB	18.00	50:55	21.21	1	-	4	7:04	23.00	1:22:52	16.65	1	-	2	14:55
Skilauf	10.00	56:06	10.70	1	-	2	3:53	33.00	2:18:58	14.25	1	-	2	18:48