



12. Powertriathlon Gera

Gera / 14.05.2006

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Heinrich, Sabine

□□□: 2:34:53

□□: HSV Weimar Triathlon

□□: 15

□□: 51.50 km

□□□□□/□□□: 29 (of 59)

Power-Triathlon 1,5-40-10

□□□□□/□: 2 (of 9)

□□□□□□: 2:34:13

□□□□:

□□□□□: 1(of 3)

Seniorinnen 1 (TW 40-44)

□□□□□□□: 2:34:53

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|-----------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Schwimmen | 1.50 | 23:28 | 3.84 | 1 | - | 1 | - | 1.50 | 23:28 | 3.84 | 1 | - | 2 | |
| Rad | 40.00 | 1:15:59 | 31.59 | 1 | - | 3 | 1:59 | 41.50 | 1:39:27 | 25.04 | 1 | - | 2 | |
| Lauf | 10.00 | 55:26 | 10.82 | 2 | 1:52 | 3 | 2:48 | 51.50 | 2:34:53 | 19.95 | 1 | - | 2 | 0:40 |