



3. Walk in Herne
Herne / 09.03.2008

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Selter, Torsten

□□: Turbo-Schnecken Lüdenscheid

□□: 322

□□: 13.00 km

Nordic Walking

□□□: 1:45:01

□□: 7.43 km/h

□□□□□□: 179

□□□□: 15.69

□□□□: 117 □